CHRISTIAN RELIGIOUS EDUCATION COURSE OUTLINE

1. MAN'S RELATIONSHIP WITH GOD

Worship

Christian Rituals and celebrations

Values in Christianity, Islam and African Traditional

2. MAN'S SOCIAL RELATIONS

Respect for Human Life

Marriage

Family

3. MAN'S DOMINION OVER THE WORLD

Work

Health and Development

Leisure

4. MAN'S HARMONIOUS CO-EXISTENCE

Peace.

Justice

Conflict Resolution

A GIUDE TO NLSC CRE 223/1

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CONTACT ME :0776648590/0754648590 FOR OTHER TOPICS PEACE

Meaning

peace can be understood in various contexts, but generally, it refers to a state of tranquillity

or quietness. This can be the absence of conflict or war, but also a sense of inner calm and

harmony.

DESCRIPTION OF PEACE

1. Personal Peace: A mental state free from stress, anxiety, or fear. It's often associated

with feelings of contentment, serenity, and well-being.

2. Social Peace: A situation where there is no conflict or war within a community or

between nations. This involves the absence of violence and the presence of justice and

equality.

3. Environmental Peace: A state of harmony with nature, where ecosystems are balanced,

and human activities do not harm the environment.

CAUSES OF FAMILY INSTABILITY

Family instability can arise from various factors. Here are some common causes:

1. Financial Issues: Struggling with finances, unemployment, or large debts can put a

strain on family relationships.

2. Communication Problems: Lack of effective communication can lead to

misunderstandings, conflicts, and feelings of neglect or resentment.

3. Substance Abuse: Alcoholism or drug addiction can disrupt family dynamics and

create an environment of instability.

S.4 PEACE

- 4. **Mental Health Issues**: Conditions like depression, anxiety, or bipolar disorder can affect family members' behavior and interactions.
- 5. **Domestic Violence**: Physical, emotional, or psychological abuse creates a toxic and unstable home environment.
- 6. **Infidelity**: Cheating or betrayal can severely damage trust and stability within a family.
- 7. **Parenting Style Differences**: Conflicts over how to raise children can create tension between partners.
- 8. **Work-Life Balance**: Long working hours or work-related stress can lead to neglect of family responsibilities and relationships.
- 9. **External Stressors**: Events like natural disasters, wars, or pandemics can add pressure and strain to family life.
- 10. **Divorce or Separation**: The process and aftermath of a breakup can lead to significant instability, especially for children.

COMMUNITY INSTABILITY

Community instability can stem from a variety of factors, often interrelated and complex. Some of the common causes include:

- 1. **Economic Disparity**: When there is a significant gap between the rich and the poor, it can lead to resentment, crime, and social unrest.
- 2. **Political Factors**: Corruption, lack of representation, and poor governance can erode trust in institutions and lead to instability.
- 3. **Social Inequality**: Discrimination based on race, ethnicity, gender, or religion can create divisions and tension within a community.
- 4. **Lack of Education**: Low levels of education can limit opportunities and increase the likelihood of poverty and crime.

- 5. **Unemployment**: High levels of unemployment can lead to frustration, crime, and social unrest.
- 6. **Environmental Factors**: Natural disasters, climate change, and resource scarcity can displace populations and create conflicts.
- 7. **Health Crises**: Outbreaks of diseases and lack of access to healthcare can lead to panic and instability.
- 8. **Crime and Violence**: High crime rates and violence can disrupt community life and create fear and mistrust.
- 9. **Cultural and Religious Conflicts**: Differences in cultural or religious practices can lead to misunderstandings and conflicts.

CAUSES OF VIOLENT RELATIONSHIP AMONG YOUNG PEOPLE

What Is a Violent Relationship?

A violent relationship is one in which one partner uses physical force, threats, intimidation, or other forms of abuse to control or harm the other partner. This type of relationship often involves a pattern of behavior where the abusive partner seeks to maintain power and dominance over the victim. Abuse can take various forms, including physical, emotional, psychological, financial, and sexual.

Here are some common signs of a violent relationship:

- Physical abuse: Hitting, slapping, punching, choking, or using weapons to cause harm.
- Emotional abuse: Insults, humiliation, manipulation, and constant criticism.
- **Psychological abuse:** Threats, intimidation, stalking, and isolation from friends and family.
- **Financial abuse:** Controlling finances, restricting access to money, and preventing the victim from working.

• Sexual abuse: Forced sexual acts or coercion.

Violent relationships can have severe and lasting effects on the victim's physical and mental health.

Violent relationships among young people can be caused by a multitude of factors. Here are some key ones:

- **Family Background:** Growing up in an environment where violence or aggression is normalized can lead young people to emulate these behaviors in their relationships.
- **Peer Influence:** Friends and peers can have a significant impact. If violence is seen as an acceptable way to handle conflicts among peers, young people might adopt similar behaviors in their relationships.
- Media Exposure: Constant exposure to violent behavior in media, including television, movies, and video games, can desensitize young people to aggression and make it seem like a normal way to resolve conflicts.
- Substance Abuse: The use of alcohol and drugs can lower inhibitions and lead to aggressive behavior.
- Mental Health Issues: Conditions such as depression, anxiety, and anger management issues can contribute to violent behavior.
- Lack of Communication Skills: Poor communication skills can lead to misunderstandings and conflicts that escalate into violence.
- Socioeconomic Factors: Financial stress, unemployment, and lack of access to education can contribute to relationship violence.
- Cultural and Societal Norms: Societies or cultures that condone or tolerate violence as a form of control or resolution can influence young people's behavior.

HOW CAN PEACE BE MENTAINED IN RELATIOSHIP?

Maintaining peace in a relationship is all about fostering mutual respect, understanding, and open communication. Here are some key tips that can help. Every relationship is unique, so it's important to find what works best for both of you.

- 1. **Effective Communication:** Honest and open communication is crucial. Make time to talk about your feelings, thoughts, and concerns without fear of judgment.
- 2. **Active Listening:** Really listen to what your partner is saying without interrupting. Show empathy and try to understand their perspective.
- 3. **Respect Boundaries:** Everyone needs personal space and time. Respect your partner's boundaries and don't push them to share more than they are comfortable with.
- 4. **Compromise:** Relationships often require compromise. Be willing to find a middle ground and make decisions together.
- 5. **Show Appreciation:** Regularly express gratitude and appreciation for your partner. Small gestures of kindness and love can go a long way.
- 6. **Handle Conflicts Gracefully:** Disagreements are inevitable, but how you handle them matters. Stay calm, avoid blame, and work together to find a solution.
- 7. **Support Each Other:** Be each other's cheerleader. Celebrate successes and offer support during tough times.
- 8. **Trust:** Building and maintaining trust is fundamental. Be reliable and keep your promises.
- 9. **Shared Activities:** Engage in activities that you both enjoy. Shared experiences can strengthen your bond.
- 10. **Seek Help When Needed:** If things get tough, don't hesitate to seek help from a counsellor or therapist.

WORLD ORGANISATIONS IN PROMOTING PEACE

ROLES OF UN IN PROMOTING PEACE

The United Nations (UN) plays a crucial role in global peacekeeping efforts. Here are a few key points. The UN's efforts in peacekeeping are a collaborative endeavor involving member states, regional organizations, and various stakeholders to create a safer and more stable world.

- 1. **Conflict Prevention**: The UN works to prevent conflicts before they escalate. This involves diplomacy, mediation, and promoting good governance to address underlying causes of tension.
- 2. **Peacekeeping Missions**: When conflicts arise, the UN deploys peacekeeping missions to maintain ceasefires and create conditions for lasting peace. These missions involve military, police, and civilian personnel from various countries.
- 3. **Humanitarian Assistance**: In conflict zones, the UN provides humanitarian aid, including food, shelter, medical care, and education, to those affected by violence.
- 4. **Disarmament and Demobilization**: The UN helps disarm combatants, demobilize armed groups, and reintegrate former fighters into society.
- 5. **Monitoring and Reporting**: The UN monitors and reports on human rights violations and other issues in conflict zones, providing transparency and accountability.
- 6. **Capacity Building**: The UN works with local governments and communities to strengthen institutions and promote the rule of law, ensuring sustainable peace.

ROLES OF UNESCO IN PROMOTING PEACE

UNESCO, the United Nations Educational, Scientific and Cultural Organization, plays a vital role in promoting peace worldwide. Here are some of the key ways UNESCO contributes to fostering a culture of peace. Overall, UNESCO's multifaceted approach to promoting peace encompasses education, culture, science, communication, and youth engagement, all aimed at creating a more peaceful and inclusive world.

Education for Peace

UNESCO advocates for education as a tool to promote peace, human rights, and sustainable development. They support curriculum development, teacher training, and educational resources that encourage mutual understanding, tolerance, and respect for diversity.

Cultural Preservation

By safeguarding cultural heritage and promoting cultural diversity, UNESCO helps foster intercultural dialogue and mutual respect among different communities. This includes protecting world heritage sites, intangible cultural heritage, and promoting cultural expressions.

Science and Innovation

UNESCO promotes scientific cooperation and the sharing of knowledge to address global challenges such as climate change, natural disasters, and public health issues. By fostering scientific collaboration, they help build a foundation for peace and sustainable development.

Communication and Information

UNESCO supports freedom of expression, access to information, and the development of independent media. By promoting media literacy and combating misinformation, UNESCO helps create an informed and engaged citizenry that can contribute to peaceful societies.

Intercultural Dialogue

Through various programs and initiatives, UNESCO encourages dialogue and understanding between different cultures, religions, and ethnic groups. This helps to break down barriers, reduce prejudices, and promote peaceful coexistence.

Youth Empowerment

UNESCO engages with young people through educational programs, leadership training, and youth networks. By empowering youth, UNESCO helps build a generation of peacebuilders who can contribute to a more harmonious world.

Global Citizenship Education (GCED)

UNESCO promotes GCED, which aims to equip learners with the knowledge, skills, values, and attitudes needed to thrive in a globalized world. This includes fostering a sense of

belonging to a common humanity and encouraging active participation in building peaceful and inclusive societies.

Collaboration with Member States

UNESCO works closely with its member states to develop policies, strategies, and programs that support peace and sustainable development. By providing technical assistance and policy advice, UNESCO helps countries implement effective peace-building measures.

ROLES OF THE WORLD BANK IN PROMOTING PEACE

The World Bank plays a significant role in promoting peace through various initiatives and programs. These efforts demonstrate the World Bank's commitment to promoting peace and stability around the world. Here are some keyways it contributes to peace building.

- 1. **Economic Development**: By providing financial and technical assistance to developing countries, the World Bank helps to reduce poverty and improve living standards. Economic stability is a crucial factor in maintaining peace and preventing conflicts.
- 2. **Infrastructure Projects**: The World Bank funds infrastructure projects such as roads, schools, and hospitals. These projects not only improve the quality of life but also create jobs and foster economic growth, which can reduce tensions and promote social cohesion.
- 3. **Youth Engagement**: The World Bank recognizes the importance of engaging youth in peacebuilding efforts. For example, in Somalia, the World Bank has worked on projects that enable young people to participate in peacebuilding activities and community development.
- 4. Conflict Prevention and Resolution: The World Bank supports initiatives aimed at preventing conflicts and resolving disputes. This includes funding programs that promote good governance, strengthen institutions, and support the rule of law.
- 5. Partnerships with Other Organizations: The World Bank collaborates with other international organizations, such as the United Nations, to promote peace and stability.

These partnerships allow for a more comprehensive approach to addressing the root causes of conflict and building sustainable peace.

6. **Promoting Social Inclusion**: The World Bank works to ensure that marginalized and vulnerable groups are included in development processes. By promoting social inclusion, the World Bank helps to address inequalities and reduce the risk of conflict.

LIST OF AFRICAN LEADERS OF PEACE

- 1. **Nelson Mandela** South Africa: Mandela is celebrated for his role in ending apartheid and promoting reconciliation in South Africa. He was awarded the Nobel Peace Prize in 1993.
- 2. **Wangari Maathai** Kenya: An environmental and political activist, Maathai founded the Green Belt Movement and was awarded the Nobel Peace Prize in 2004 for her contribution to sustainable development, democracy, and peace.
- 3. **Kofi Annan** Ghana: As the former Secretary-General of the United Nations, Annan played a significant role in international diplomacy and peacekeeping efforts. He was awarded the Nobel Peace Prize in 2001.
- 4. Ellen Johnson-Sirleaf Liberia: The first elected female head of state in Africa, Johnson-Sirleaf was awarded the Nobel Peace Prize in 2011 for her efforts to secure peace in Liberia.
- 5. **Desmond Tutu** South Africa: An Anglican bishop and social rights activist, Tutu was awarded the Nobel Peace Prize in 1984 for his efforts in resolving and ending apartheid.
- 6. **Léopold Sédar Senghor** Senegal: A poet, politician, and cultural theorist, Senghor played a significant role in the fight against colonialism and the struggle for independence in Africa.
- 7. **Thabo Mbeki** South Africa: Mbeki played a significant role in the anti-apartheid movement and was a key figure in the negotiations that led to the end of apartheid and democracy in South Africa.

8. **Haile Selassie** - Ethiopia: Selassie was a prominent figure in the push for a more united Africa and supported the founding of the African Union

WHAT ROLES DID NELSON MANDELA PLAY IN PEACE KEEPING SOUTH AFRICA?

NELSON MANDELA



Nelson Mandela was born on July 18, 1918, in Mvezo, South Africa. He passed away on December 5, 2013, in Johannesburg, South Africa

Nelson Mandela was a South African anti-apartheid revolutionary, political leader, and philanthropist who served as President of South Africa from 1994 to 1999. He is best known for his role in ending apartheid and establishing a multiracial democracy in South Africa. Mandela's unwavering commitment to justice, equality, and non-racialism made him an iconic figure in the global fight against oppression and a central figure in the peaceful transition from apartheid to democracy in South Africa

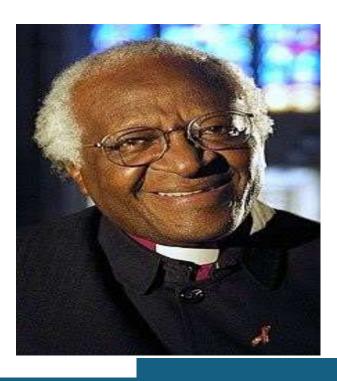
Here are some key roles he played in peacekeeping:

- 1. **Anti-Apartheid Activism**: Mandela joined the African National Congress (ANC) in the 1940s and became a prominent leader in the fight against apartheid, a system of institutionalized racial segregation and discrimination in South Africa.
- 2. **Formation of Umkhonto we Sizwe**: In 1961, Mandela co-founded Umkhonto we Sizwe, the armed wing of the ANC, to carry out sabotage against government infrastructure while avoiding human casualties.
- 3. **Imprisonment and Symbol of Resistance**: Mandela was imprisoned for 27 years, during which he became a global symbol of resistance to oppression. His imprisonment garnered international support and amplified calls for his release and the end of apartheid.
- 4. **Negotiations and Peaceful Transition**: After his release in 1990, Mandela engaged in negotiations with then-President F.W. de Klerk to dismantle the apartheid system. Their joint efforts led to the unbanning of liberation movements, the release of political prisoners, and the start of multi-party negotiations.

- 5. **Presidency and Reconciliation**: Mandela's election as South Africa's first black president in 1994 emphasized reconciliation between the country's racial groups. His leadership focused on healing the nation's divisions and promoting social justice.
- 6. **Global Advocacy**: After his presidency, Mandela continued to advocate for peace, reconciliation, and social justice both in South Africa and globally. His legacy continues to inspire movements for social justice and equality worldwide.

WHAT ROLES DID DESMOND MPILO TUTU PLAY IN PEACE KEEPING IN SOUTH AFRICA?

DESMOND MPILO TUTU



Desmond Mpilo Tutu (7 October 1931 – 26 December 2021) was a South African Anglican bishop and theologian, known for his work as an anti-apartheid and human rights activist. He was Bishop of Johannesburg from 1985 to 1986 and then Archbishop of Cape Town from 1986 to 1996, in both cases being the first Black African to hold the position. Theologically, he sought to fuse ideas from Black theology with African theology. Tutu was born of mixed Xhosa and Motswana heritage to a poor family in Klerksdorp, South Africa.

Desmond Mpilo Tutu, the renowned South African Anglican bishop and social rights activist, played several pivotal roles in peacekeeping and promoting reconciliation. Tutu's legacy continues to inspire peace and reconciliation efforts worldwide. His belief in the fundamental goodness of humanity and the power of forgiveness remains a guiding light for many.

Anti-Apartheid Activism: Tutu was a vocal opponent of apartheid, advocating for nonviolent resistance and economic pressure to end the system of racial segregation in South Africa. His efforts earned him the Nobel Peace Prize in 1984.

- 2. **Truth and Reconciliation Commission (TRC)**: After the end of apartheid, Tutu was appointed chairman of the TRC in 1995. The commission aimed to document human rights abuses during apartheid, provide support and reparations to victims, and promote national unity and reconciliation.
- 3. **Global Advocacy**: Beyond South Africa, Tutu was a passionate advocate for various global issues, including HIV/AIDS, climate change, and human rights. His work and writings, such as "No Future Without Forgiveness," reflect his philosophy of hope and compassion.

WHAT ROLES DID JANAN LUWUM PLAY IN PEACE KEEPING IN UGANDA

JANANI LUWUM



Luwum was born in the village of Mucwini in the Kitgum District to Acholi parents. He attended Gulu High School and Boroboro Teacher Training College, after which he taught at a primary school. Luwum converted to Christianity in 1948, and in 1949 he went to Buwalasi Theological College.

Janani Jakaliya Luwum was archbishop of the Church of Uganda from 1974 to 1977 and one of the most influential leaders of the modern church in Africa. He was arrested in February 1977 and died shortly after. Although the official account describes a car crash, it is generally accepted that he was murdered on the orders of then-President Idi Amin. Since 2015 Uganda has a public holiday on 16 February, to celebrate the life of Janani Luwum

Archbishop Janani Luwum played a significant role in promoting peace and justice in Uganda during a turbulent period. He was a vocal critic of the human rights abuses and tyranny of Idi Amin's regime. Luwum's courageous leadership and non-violent resistance against the oppressive government made him a symbol of peace and justice. His legacy continues to inspire many in Uganda and beyond, and his martyrdom is commemorated annually on February 16th

Luwum's efforts included;

- Advocacy for Human Rights: He openly opposed the arbitrary killings and disappearances orchestrated by the regime.
- Non-Violent Resistance: Inspired by figures like Martin Luther King Jr., Luwum promoted non-violent resistance as a means to confront injustice.
- Church-State Relations: He encouraged the Church to engage with political issues and not shy away from confronting state injustices.

CHRISTIAN TEACHINGS ABOUT PEACE

In Ruth 2:1-23, Christian teachings about peace can be seen through the interactions and actions of the characters, especially Boaz and Ruth. This chapter emphasizes themes such as kindness, generosity, protection, and God's providence, all of which contribute to a sense of peace. Ruth 2:1-23 teaches that peace comes from acts of kindness, generosity, protection, respect, and trust in God's providence. These principles are central to Christian teachings and promote a peaceful and harmonious life.

Kindness and Generosity: Boaz's kindness and generosity towards Ruth, a foreigner and widow, demonstrate the importance of treating others with compassion and respect. He offers her protection, allows her to glean in his fields, and provides her with food and water. This act of kindness creates an environment of peace and security for Ruth.

- 2. **Protection and Provision**: Boaz ensures that Ruth is protected from harm while she works in his fields. He instructs his workers not to bother her and to leave extra grain for her to gather. This protection and provision create a sense of peace for Ruth, knowing that she is safe and cared for.
- 3. **God's Providence**: The chapter highlights God's providence and how He guides and provides for those who trust in Him. Ruth's decision to glean in Boaz's field, a relative of her deceased husband, is seen as part of God's plan to provide for her and Naomi. This reinforces the idea that trusting in God's plan brings peace.
- 4. **Respect and Dignity**: Boaz treats Ruth with respect and dignity, recognizing her hard work and dedication to her mother-in-law, Naomi. This respectful treatment fosters a sense of peace and worthiness in Ruth.
- 5. **Community Support**: The support and acceptance of the community, including Boaz and his workers, contribute to a peaceful and harmonious environment. This sense of community support is vital for creating and maintaining peace.

In Matthew 20:28 (Good News Bible), the verse reads: "The Son of Man did not come to be served, but to serve and to give his life to redeem many people."

Through this statement, Jesus emphasizes a key aspect of His mission: service and selfsacrifice. By serving others and giving His life, He promotes peace by embodying humility, compassion, and the ultimate sacrifice for humanity's redemption.

Through this act of service, Jesus promotes a peaceful and loving approach to life, encouraging others to put the needs of others before their own and to seek reconciliation and harmony in their relationships.

In John 4:3-43, Jesus promotes peace through His encounter with the Samaritan woman at the well. Jesus promotes peace by breaking down barriers, offering spiritual fulfilment, revealing truth, and inspiring positive change in others. Key words including;

- 1. **Breaking Barriers**: Jesus speaks to the Samaritan woman, despite Jews and Samaritans typically avoiding each other due to long-standing hostilities. He breaks social norms and cultural barriers, showing that His message of peace is for everyone, regardless of background or ethnicity.
- 2. **Offering Living Water**: Jesus offers the woman "living water," symbolizing eternal life and spiritual fulfilment. This gesture of kindness and spiritual support promotes inner peace and a sense of purpose.
- 3. **Revealing Truth**: Jesus speaks openly about her life and reveals that He is the Messiah. By doing so, He brings light to her situation and offers her a path to redemption and peace with God.
- 4. **Inspiring Change**: The woman, transformed by her encounter with Jesus, goes back to her town to share her experience. Her testimony leads many to believe in Jesus, fostering a sense of community and shared faith.

In Mark 10:13-16, Jesus promotes peace through His interactions with children. Jesus' actions in this passage illustrate that peace is rooted in love, acceptance, humility, and inclusion. Key ideas include;

People were bringing little children to Jesus so He could bless them. However, the disciples rebuked them and tried to turn them away. Jesus became indignant and said, "Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these. Truly I tell you, anyone who will not receive the kingdom of God like a little child will never enter it." He then took the children in His arms, placed His hands on them, and blessed them.

Through this act, Jesus:

Emphasizes Inclusion: He welcomes the children, teaching His followers that everyone, regardless of age, is valued and important in the Kingdom of God.

- 2. **Shows Love and Compassion**: By blessing the children, Jesus demonstrates His love and care, reinforcing the message that peace comes from love and acceptance.
- 3. **Promotes Humility**: Jesus highlights the importance of receiving the Kingdom of God with the humility and trust of a child, fostering a peaceful and open-hearted attitude.

In Mark 5:1-20, Jesus promotes peace in a profound way through his encounter with a man possessed by an unclean spirit, known as Legion. Here are the key points of how Jesus brings peace in this passage. Through this miracle, Jesus not only heals an individual but also sets an example of the transformative power of compassion and divine intervention, ultimately promoting peace on multiple levels.

- 1. **Healing the Oppressed**: The man was living in torment, isolated and uncontrollable. By casting out the demons into a herd of pigs, Jesus restores the man's sanity and brings peace to his life.
- 2. **Restoring Relationships**: After the exorcism, the man is able to reintegrate into society. His healing not only brings personal peace but also communal peace, as he can reconnect with his family and community.
- 3. **Demonstrating Compassion**: Jesus shows immense compassion and mercy towards the man, highlighting the importance of caring for the marginalized and suffering.
- 4. **Transforming Fear to Faith**: Initially, the townspeople are afraid of Jesus's power. However, when they see the transformed man, it can lead them to a greater understanding and faith in Jesus, promoting spiritual peace.

In Matthew 5:1-7, Jesus delivered what is known as the Sermon on the Mount, which contains the famous Beatitudes. Through these teachings, Jesus promoted peace by emphasizing attitudes and behaviours that foster harmony and compassion. Here are the key

points. Through these teachings, Jesus promoted peace by encouraging humility, compassion, justice, mercy, sincerity, and active peace making. These principles help create a more harmonious and compassionate world.

- 1. **Blessed are the poor in spirit**: Jesus encouraged humility and recognizing one's spiritual need, which promotes reliance on God and peace within oneself.
- 2. **Blessed are those who mourn**: He acknowledged the pain and suffering in the world, offering comfort and hope to those who are grieving, which can bring inner peace.
- 3. **Blessed are the meek**: Jesus praised gentleness and self-control, qualities that help maintain peaceful relationships with others.
- 4. **Blessed are those who hunger and thirst for righteousness**: He advocated for a deep desire for justice and righteousness, which can lead to a more just and peaceful society.
- 5. **Blessed are the merciful**: Jesus encouraged showing mercy and forgiveness to others, which fosters reconciliation and peace.
- 6. **Blessed are the pure in heart**: He valued sincerity and purity of intention, which can lead to genuine and peaceful interactions.
- 7. **Blessed are the peacemakers**: Jesus specifically blessed those who actively work to create peace, calling them "children of God."

In Matthew 8:1-4, Jesus promotes peace through an act of healing and compassion. Here's a brief summary. This event highlights how Jesus' actions bring physical, emotional, and social healing, promoting peace and restoration in the lives of individuals and communities.

Jesus heals a man with leprosy, showing compassion and care for someone who was likely marginalized and shunned by society. By reaching out and healing the man, Jesus demonstrates his willingness to bridge divides and bring peace to those suffering and excluded.

- 1. Large Crowd: Jesus descends from the mountainside followed by a large crowd.
- 2. **Leper's Request:** A man with leprosy approaches Jesus and kneels before him, saying,

"Lord, if you are willing, you can make me clean."

- 3. **Jesus' Compassion:** Jesus reaches out, touches the man, and says, "I am willing. Be clean!" Immediately, the man is healed of his leprosy.
- 4. **Instruction to the Healed Man:** Jesus instructs him not to tell anyone but to show himself to the priest and offer the gift Moses commanded, as a testimony.

In Matthew 7:15-20, Jesus encourages his followers to be discerning and wise, emphasizing the importance of recognizing true character and intentions. Here is a brief summary of the passage. By promoting discernment and encouraging his followers to judge people by their actions and character (the "fruits" they produce), Jesus fosters a community built on integrity and genuine righteousness. This teaching promotes peace by advocating for authenticity and accountability, ensuring that deceit and hypocrisy do not disrupt the harmony of the community.

- 1. **Warning against False Prophets**: Jesus warns about false prophets who come in sheep's clothing but are inwardly ravenous wolves.
- 2. **Recognizing by their Fruits**: He explains that people will be recognized by their actions, likening it to recognizing a tree by its fruit.
- 3. **Good vs. Bad Fruit**: A good tree cannot bear bad fruit, and a bad tree cannot bear good fruit. Every tree that does not bear good fruit is cut down and thrown into the fire.
- 4. **Conclusion**: Thus, by their fruits, you will recognize them.

In Matthew 11:25-30, Jesus promotes peace through a message of rest and humility. Jesus' message in these verses is one of comfort, inviting people to find solace and tranquillity through a relationship with him. Key ways include;

1. **Invitation to Rest:** Jesus invites those who are weary and burdened to come to him for rest. This symbolizes spiritual and emotional peace, offering relief from life's struggles and anxieties.

- 2. **Humility and Gentleness:** Jesus describes himself as gentle and humble in heart. These qualities are foundational to promoting peace, as they encourage a non-confrontational and understanding approach to relationships and conflicts.
- 3. Yoke of Jesus: He speaks about taking his yoke upon oneself, which implies a partnership with him. A yoke was a wooden beam used to pair animals together for work, suggesting that sharing life's burdens with Jesus leads to a lighter and more peaceful existence.
- 4. **Learning from Jesus:** He emphasizes the importance of learning from him, indicating that his teachings and example are pathways to finding rest for the soul.

In Matthew 5:39-42, Jesus provides teachings that promote peace through nonviolence and generosity. By embodying these principles, Jesus promoted peace through acts of love, patience, and generosity. Keyways include;

- 1. **Turn the other cheek**: Instead of seeking revenge when someone wrongs you, respond with patience and nonviolence. This approach discourages a cycle of retaliation and promotes peaceful resolution.
- 2. **Give more than asked**: If someone sues you for your tunic, give them your cloak as well. This teaching encourages generosity and selflessness, which can defuse conflict and create goodwill.
- 3. **Go the extra mile**: If someone forces you to go one mile, go with them two miles. This demonstrates a willingness to help others beyond what is required, fostering understanding and cooperation.
- 4. **Give to those who ask**: Be willing to help those in need, lending without expecting anything in return. This promotes a spirit of kindness and reduces social tensions.

LESSONS LEARNT FROM JESUS' WAYS OF PROMOTING PEACE

Jesus' approach to promoting peace offers valuable lessons for us all. Here are some key takeaways:

1. Put God first in every thing.

- 2. **Love and Compassion:** Jesus taught that love and compassion are the cornerstones of peace. His message to "love your neighbour as yourself" (Mark 12:31) emphasizes the importance of empathy and kindness in building harmonious relationships.
- 3. **Forgiveness:** Jesus emphasized the power of forgiveness in healing and reconciling with others. He taught that forgiving others, even those who have wronged us, is crucial for inner peace and communal harmony (Matthew 6:14-15).
- 4. **Humility:** Jesus' life exemplified humility. He showed that true peace comes from serving others and putting their needs above our own, rather than seeking power or status (Philippians 2:3-4).
- 5. **Peacemaking:** In the Sermon on the Mount, Jesus blessed the peacemakers, saying, "Blessed are the peacemakers, for they will be called children of God" (Matthew 5:9). This underscores the active role we should take in resolving conflicts and promoting peace.
- 6. **Non-violence:** Jesus' teachings often promoted non-violent responses to aggression. His instruction to "turn the other cheek" (Matthew 5:39) encourages responding to hostility with grace and patience rather than retaliation.
- 7. **Prayer and Spirituality:** Jesus often withdrew to pray and connect with God. He demonstrated that maintaining a spiritual life helps cultivate inner peace, which in turn can influence external peace (Luke 5:16).

PEACE IN TRADITIONAL AFRICAN SOCIETY

WHAT ARE TRADITIONAL AFRICAN SOCIETIES?

Traditional African societies are complex, diverse and rich in culture, each varying from region to region. Generally, they are characterized by some common features:

1. **Community-Cantered:** Life in traditional African societies revolves around the community. Individual identity is closely tied to family, clan, or tribe, and social cohesion is prioritized.

- 2. **Oral Traditions:** Many traditional African societies have strong oral traditions. Stories, folklore, proverbs, and history are passed down through generations orally.
- 3. **Religion and Spirituality:** Traditional African religions are often polytheistic and involve a belief in a supreme being, ancestral spirits, and various deities. Rituals and ceremonies play a significant role in daily life.
- 4. **Elders' Role:** Elders are highly respected and hold a prominent position in society. They are considered the custodians of knowledge, wisdom, and traditions.
- 5. **Social Hierarchy:** There is often a defined social hierarchy, with roles and responsibilities assigned based on age, gender, and social status.
- 6. **Subsistence Economy:** Many traditional African societies rely on agriculture, hunting, and gathering for their livelihood. Exchange and barter systems are common.
- 7. Art and Craft: Art, music, dance, and craft are integral to traditional African societies.

HOW WAS PEACE PROMOTEDIN TRADITIONAL AFRICAN SOCIETY

In traditional African societies, peace was promoted through various indigenous methods and cultural practices. Here are some key approaches:

- 1. **Mediation and Reconciliation**: Elders and community leaders often acted as mediators to resolve conflicts. They facilitated dialogue between conflicting parties to reach a mutually acceptable solution2.
- 2. **Consensus-Building**: Decisions were made through consensus in community gatherings, ensuring that everyone's voice was heard and respected. This helped to maintain harmony and prevent conflicts3.
- 3. **Use of Taboos and Customs**: Taboos and customs played a significant role in maintaining peace. These cultural norms dictated acceptable behaviour and discouraged actions that could lead to conflict.

- 4. **Spiritual and Ancestral Involvement**: Spiritual beliefs and ancestral worship were integral to conflict resolution. People believed that maintaining peace was essential to honour their ancestors and avoid spiritual repercussions.
- 5. **Restorative Justice**: Instead of punitive measures, traditional African societies focused on restoring relationships and repairing harm. This approach emphasized reconciliation and community cohesion

HOW WAS PEACE PROMOTED THROUGH BLOOD PACKS IN TRADITIONAL AFRICAN SOCIETY?

WHAT ARE BLOOD PACKS IN TRADITIONAL AFRICAN SOCIETY?

Blood pacts, also known as blood oaths, are traditional agreements in some African cultures that involve the ceremonial use or exchange of blood. These pacts are considered much stronger and more binding than signatures or other methods of agreement. They are typically used for serious agreements and are rooted in superstitious beliefs about blood.

In traditional Uganda, for example, a blood pact ceremony involves the officiating person, the two friends making the pact, and witnesses. The officiating person cuts the wounds of the two friends, mixes their blood with sorghum flour on a leaf, and gives it to the friends to drink. The ceremony is meant to seal their friendship and prevent wrongdoing.

Blood symbolism in African religion is significant and can be seen in various rituals, songs, prayers, and customary behaviors. It represents a complex set of ideas and is believed to have both theological and psychological implications

In traditional African societies, blood pacts were a significant way to promote peace and resolve conflicts. These pacts were considered sacred and binding, often involving the exchange or mixing of blood between parties to symbolize their commitment to the agreement. Key points on how peace was promoted through blood pacts:

- 1. **Binding Agreements**: Blood pacts were used to seal serious agreements, making them stronger and more binding than other methods. The fear of breaking a blood pact, which could lead to severe consequences, ensured that parties adhered to their commitments.
- 2. **Conflict Resolution**: Blood pacts were often used to resolve conflicts and prevent wrongdoing. By entering into a blood pact, individuals or groups committed to maintaining peace and avoiding actions that could lead to disputes.
- 3. **Ceremonial Significance**: The ceremony of a blood pact involved rituals that reinforced the seriousness of the agreement. For example, in traditional Rwanda, the blood of the parties involved was mixed with sorghum flour and consumed, symbolizing their unity and mutual obligations.
- 4. **Social and Supernatural Consequences**: Breaking a blood pact was believed to bring about not only social repercussions but also supernatural consequences. This belief acted as a strong deterrent against violating the terms of the pact.
- 5. **Promotion of Trust and Cooperation**: Blood pacts fostered trust and cooperation among individuals and communities. By entering into such pacts, parties demonstrated their commitment to peaceful coexistence and mutual support

WHAT IS A BEER PARTY IN TRADITIONAL AFRICAN SOCIETY?

A beer party in traditional African society is a social gathering that involves the brewing and sharing of locally made beer, often made from sorghum, millet, or other grains.

In traditional African societies, beer parties were significant social events that played various roles in the community. Key aspects and roles of beer parties:

ROLES

1. **Social Gathering**: Beer parties brought people together, fostering social bonds and strengthening interpersonal relationships. They provided an opportunity for community members to share a drink, engage in conversations, and enjoy each other's company.

- 2. **Entertainment**: These gatherings were often accompanied by singing, dancing, and storytelling, making them a source of entertainment and joy for the participants.
- 3. **Nourishment**: Traditional African beer was made from foodstuffs such as millet, sorghum, yams, and bananas. It was considered a source of nourishment, and the dregs from the local brew were believed to provide extra strength and vitality.
- 4. **Cultural and Religious Significance**: Beer parties were used to appease ancestors and were an integral part of various cultural ceremonies and rituals. Sharing beer with ancestors was a way to honor and seek blessings from them.
- 5. **Education and Problem-Solving**: Elders used beer parties as an opportunity to pass on knowledge, wisdom, and cultural values to the younger generation. Discussions held during these gatherings often led to solutions for community problems and disputes.
- 6. **Community Cooperation**: Preparing and drinking beer was a communal activity that promoted cooperation and sharing among community members. It helped in building a sense of unity and collective responsibility.
- 7. **Reconciliation**: Beer parties played a role in resolving conflicts and bringing about reconciliation among individuals and groups within the community.

END

SENIOR ONE WORK

CHRISTIAN RELIGIOUS EDUCATION

C.r.e as a subject is derived from mainly three-words i.e., **Christian, religion and education**.

1. Who is a Christian?

A Christian is a person who believes in the teachings of Jesus Christ or a Christian is a person who believes in Jesus Christ as his or her personal savior.

2. What is a religion?

Religion is the belief in the existence of supreme being

Is the belief in the existence of God and gods.

3. What is education?

Is the process of teaching, training, and learning specially in schools to improve knowledge skills.

Education is the process of acquiring knowledge.

4. What is CRE?

Is the study of Christianity values and beliefs.

Activity

- 1. Why do we study CRE in secondary schools?
- CRE helps one become a professional of Christianity.
- CRE helps one to learn good morals and teach good morals to others.
- Enables one to understand the relationship between him and God
- Enables one become a counselor and give guidance to others.
- Enables one to behave according to Gods will.
- Enables one become an advocate for human rights
- Enables us pass exams in order to be successful in our academic journey.

- Enables one know more about God.
- To acquire jobs like teachers of Christian religious education in schools

VALUES IN CHRISTIANITY

This refers to accepted behavior in Christianity.it looks at the moral principles, standards of behavior, code of conduct that are accepted in a given society.

EXAMPLES OF CHRISTIAN VALUES INCLUDE

-	Being Holy	- being Repentant	-Being Faithful	- Depending on God
	-kindness			
-	Being Humble	- being Prayerful	- Caring	- Following God's instructions
-	Consulting God	- Serving God	- Patient	- Seeking for God
-	Exemplary	- Accepting God's call	- Respect	- being Merciful etc

THE BIBLE

What is a Bible?

A bible is a holy book for Christians

The bible is divided into two testaments ie

- 1) Old Testament
- 2) New Testament

Activity/task

- i)Mention the books we have in the Old Testament
- ii)mention the books we have in the New Testament

ATTRIBUTES/NATURE/CHARACTERISTICS OF GOD IN THE BIBLE

- -holy
- -all knowing
- -omnipotent
- -provider
- -caring
- -loving
- -omnipresent etc. add more.

THEME: MAN'S RELATIONSHIP WITH GOD

TOPIC: WORSHIP

What is Worship?

Is the practice of showing respect to God or gods.

Worship refers to the feeling or expressions of reverence and adoration for a deity. (God)

Worship refers to a strong feeling of respect and admiration of God.

In Christianity, worship is the act of attributing and attaching respect and honor to God.

Forms of Worship today.

How do people worship God today?.

1.Praise and worship

This happens when everyone stands up being led by the choir to sing songs.

2. Scripture reading

This is when a verse is read from a Bible.

3. By playing music instruments

This is where people communicate to God in different languages.

4.Offering to God/Thanksgiving / giving Tithe

Tithe is a tenth of one's earnings.

5. Fasting

Is when one sacrifices what they desire for God.

Being fully to God

This is giving full attention, care and time to God.

Importance of worship

- To strengthen one's faith in God.
- To guarantee internal life
- To thank God for what he has done
- Helps man receive God's blessings
- Helps man be forgiven by God
- Helps man to succeed in day-to-day life activities
- Helps man leave in peace and harmony in the society
- Helps man to get closer to God
- Helps man get protection from God.
- Helps man get the basic needs of life.
- Enables man to overcome temptations in life.

Exercise/activity

a)Identify the different forms of worship

- Praise
- Confession
- Thanksgiving
- Preaching
- Singing in church

b)Explain the purpose of worship

- To strengthen one's faith in God
- Helps man succeed in day-to-day life activities
- To guarantee internal life.

c)Discuss the different benefits of worshiping God as;

i)An individual

- Strengthens one's faith in God.
- Guarantee's eternal life
- One overcomes temptation in daily life

ii)A family

- Family gets protection from God
- Family gets basic needs in life
- Family receives God's blessing.

iii)A country

- People get closer to God
- People are forgiven by God
- Help man live together in harmony.

Read the following Biblical texts and complete the table.

Biblical text	Form of worship	Importance	
1 Chronicle	Playing musical instruments	Enables people connect to God like all	
13:8		night prayers	
Daniel 9:3-6	Confession	Enables one get closer to God	
Psalms 3:-22	Praise	Enables one get rewarded by God	
1 Thessalonians 5:17	Praying	Enables one communicate to God	

Hebrews	Offering to God	
13:15		
Psalms	The lord is my shepherd	
23:1-6		
Mark	Praying	Enables one ask God for forgiveness
14:32-42		
James	Praying	Enables one repent for sins.
5:13-18		

INSTRUMENTS OF WORSHIP

(Instruments used in worship)

-Pianos speakers	-Harp	-flute	es -Tama	aurine (shakers) -drums	-
-Guitors	-vie	olin	-xylophone	-saxophone	-Bible
-Rosary		-Hol	ly cross	-Hymn books	

PRAYER

Is a special way of communicating God.

OR

Is a special conversation between man and God.

TYPES OF PRAYER

Give the types of prayers that you know.

Thanksgiving prayer

This is a prayer said by someone to thank God for the good things he has done for him/her

Confessional prayer

This is a prayer said by an individual in order to ask for forgiveness from God.

Petitional prayer

Is a prayer said by someone who is asking God to provide with his needs.

Congregation prayer

This is a prayer that is conducted or said by a large group of people especially in church.

Personal prayer or individual prayer

This is a prayer said by an individual when he or she is alone (secretly).

BENEFITS/IMPORTANCES OF PRAYER (Values of prayer)

Prayer helps one to seek for guidance from God.

Prayer helps one to get blessings from God the Almighty

Prayer helps one to overcome temptations hence maintaining holiness

Prayer brings man closer to God.

Prayer helps one to ask for forgiveness from God.

Prayer helps one to fulfill his needs

Prayer helps one to strengthen his or her faith in God.

Prayer helps one to seek for God's protection.

Prayer helps one to put his faith and commitment in God.

Prayer helps one to improve on his or her spiritual life.

Prayer helps one to heal from sickness and diseases.

Prayer helps one to thank and give honour to God.

When do we pray

- We pray when we are seeking for forgiveness from God.
- We pray when we are asking God to protect us from temptation
- We pray when we are seeking for wisdom and knowledge.
- We pray to God in times of joy and happiness
- We pray when we are seeking for God's help in times of sorrow and sadness.
- We pray when we want to improve on our spiritual life with God.

- We pray when we are seeking for God's blessings in our lives.
- We pray when seeking for guidance from God.

EFFECTS / DANGERS OF NEGLECTING PRAYER

It separates man from God.

It can lead to spiritual breakdown

It reduces ones' faith and trust in God

It increases one's chances of getting temptations from the devil.

It can lead to punishments from God.

It can lead to suffering of an individual

It hinders one from getting eternal life or salvation from God.

It hinders one's chances of happiness because when one refuses to pray, God also refuses to answer the prayers.

WHAT HINDERS PEOPLE FROM PRAYING

Bad influence from others.

Whenever people pray, they expect answers from God immediately.

Lack of faith in God.

Types of jobs people have they lack time to pray to God.

Traditional beliefs.

Family background.

People give God conditions.

Desire for wealth makes people join witchcraft.

Invisible nature of God.

Change of religions

People believe in science instead of God.

ADVANTAGES AND DISADVANTAGES OF PRIVATE PRAYER

Advantages

Private prayer enables one to confess his/her sins to God.

Helps in uniting one with his/her God.

It enables one to fully concentrate on God since there are less distractions.

It enables one to reveal his or her secrets to God.

It enables one to show his commitment and faith to God.

It helps one build a strong relationship with God.

With private prayer one can pray at any time hence making private prayer convenient.

Disadvantages

Some people lack prayer guidance on how to pray.

Private prayer undermines the idea of unity where one cannot pray with others since they are individual.

Some prayers are conducted at night which hinders people from sleeping.

One can easily get bored due to praying alone and may end up sleeping.

ADVANTAGES AND DISADVANTAGES OF CONGREGATIONAL PRAYER

Advantages

It promotes joy among Christians and happiness.

It promotes unity among Christians as they gather for prayers in different churches.

It makes worship interesting and reduces boredom.

There is guidance from religious leaders since there are many people.

It increases one's faith in God.

It promotes love for one another when people gather to pray.

It enables Christians to help one another as they gather for prayers.

Promotes spiritual growth among the people.

Disadvantages

It is associated with distractions like noise.

Congregational prayers are restricted to time.

Unserious worshippers who come with the wrong motives.

They are limited to space when they are many people

Leads to passive and unserious worshippers.

WORSHIP THROUGH SINGING AND DANCING

Singing is the activity of making musical sounds using someone's voice.

It is the expressing of one's faith in God through songs of praise.

While conducting worship singing is normally accompanied with dancing.

IMPORTANCE OF SINGING AND DANCING IN WORSHIP.

It enables one to be in the presence of God

It helps one to express his/her feelings to God.

It brings joy and happiness to worshippers through singing and dancing.

It pleases God and enables one to honour and respect the cretor.

It enables people to concentrate spiritually and physically.

It attracts other people to join the Christian Faith.

Through singing, people learn how to speak to God.

It helps people glorify God in a special way.

It helps Christians unite and have perfect fellowship. With God through songs.

It enables one to express his faith, trust and love for God.

DANGERS, PROBLEMS ASSOCIATED WITH DANCING AND SINGING AS A FORM OF FELLOWSHIP.

Lack of coordination during the singing of various songs such as having different tones.

It is tiresome especially if it takes long.

Sometimes people sing in a noisy way and this may distract worship.

Some songs are destructive to worshippers and they leave the main aim and focus on singing and dancing.

Some songs make worshipers proud and they end up sinning against God.

Sometimes singing makes church worship more of entertainment and this makes worship meaningless.

Sometimes worshippers become passive during worship especially when new unfamiliar songs are sung by choir during worship.

THE BIBLE TEACHING ON SINGING AND DANCING AS A FORM OF WORSHIP

OLD TESTAMENT

- The old testament teaches that God can be worshipped through expressions of joy of what the Lord has done using songs of praise as it is seen in Psalms 95.
- The old testament teaches us that dancing brings people to know more about God Psalms 47.
- It teaches that through singing and dancing towards God, man builds a special relationship with God 2 Samuel 6.
- It teaches that dancing creates an atmosphere for praise and worship hence honouring God Psalms 95.
- It teaches that dancing and singing is a way God delivers his love and message to his people. Psalms 118.
- It teaches that dancing enables breakthrough such as when the Israelites danced and the walls of Jericho fell on the ground. (Joshua 6)

- It teaches dancing and singing is another way that God uses to bring healing and deliverance to his people. Psalms 22.
- It teaches that singing and dancing glorifies God's name that's the way.
- Israelites worshipped God through songs (Psalm 47).
- It teaches that through singing and dancing, man improves / developes his faith in God Almighty (Psalms 45).
- It teaches that through singing and dancing man ask God to provide him with hs needs (Psalms 23).

FASTING

Refers to abstain from all or some kinds of food or drinks as a religious observance.

OR

Fasting is the act of giving up food or something else for a period of time in order to focus one's thoughts on God.

When fasting, the money one would have eaten is given to the poor and most of the time is spent on prayers.

FORMS OR TYPES OF FASTING

Occasional /short fasting

This fast lasts for six, twelve or twenty-four hours and it is the most manageable.

Intermittent facts

This is a regular act of abstinence for example for a week, one may abstain from food.

Extended fasts / longer fasts.

This is the hardest path of fasting where on chooses to abstain from food or something else for an extended or long period of time e.g 30 days.

Open ended fasts.

This is where people make a commitment not to break the fast until their goals have been achieved.

Occasional group fasts.

This type of fasting which can be called by a church or group of churches or nation during a time of crisis.

BENEFITS/ IMPORTANCE OF FASTING.

Fasting enables a Christian to seek for forgiveness from God after committing sins.

Fasting strengthens one's faith in God.

Fasting enables Christians to ask for their needs to God.

Fasting enables Christians to overcome temptations and challenges in life.

Fasting enables Christians to thank God for what He has done for them e.g Giving Christians life.

Fasting enables Christians to reconcile with God hence promote a good relationship with man and God.

Fasting enables Christians to go through hard times such as mourning for the loved ones.

Fasting enables Christians to glorify God hence giving him honour.

Fasting enables Christians to get blessings and favours from God.

Fasting is one way of worshipping God among Christians because through Fasting one is filled with God's divine power.

REASONS WHY SOME PEOPLE NEGLECT FASTING.

- Some people have a big appetite for food.
- Some people have health problems like ulcers.
- Some people lack faith in God.
- Some people don't fast due to pregnancy.
- Laziness among some people such as oversleeping.
- Some people are busy with work and some people do heavy work which can not allow them to fast.
- Influence of bad friends i.e negative peer influence.
- Ignorance about what the religion teaches of fasting.

THE TEACHING ABOUT FASTING IN THE BIBLE.

- The Bible teaches that fasting is one way of seeking for God.
- It teaches true fasting is sharing with those are in need.
- It teaches that through fasting man seeks repentance and forgiveness from God.
- It teaches that fasting brings God's favor upon man.
- It teaches that through fasting, man gets God's guidance and also a strong relationship with God.
- It teaches that fasting is one way of putting one's test in God. (Acts 14:23)
- It teaches that through fasting, man gets divine protection from God Ezra 8:23)
- It teaches that fasting should be private affair because between man and God as Jesus teaches in Mathew 6:16-18.

TASK

1. Explain how fasting is done in any religion well known to you.

Moslems eat "daaku" from 4:30am to 5:00am then go through the day without eating anything as they pray 5 times a day then finally at 7:00pm the can eat something.

- 2. As Senior one student what have you benefited from fasting?
 - I have come closer to God.
 - My faith in God has become stronger
 - I got time to repent for my sins
 - I was able to ask God for my needs.
 - I was able to thank God for my life
- 3. Read Mathew 6:16-18 and answer the following questions.
 - i. What are the dos and don'ts of proper fasting?
 - Do not put on a sad face when fasting.
 - Wash your face and comb your hair.
 - ii. How should fasting be conducted according to Matthew 6:16-18.

Fasting should be conducted by washing your face and coming your hair, not putting on a sad face and when praying one should go to their room close the door and pray to our father using little meaningful words.

iii. Apart from spiritual benefits of fasting, write down the health and social benefits of fasting.

Health

- Fasting enables one to reduce weight.
- Fasting helps to prevent heart diseases.
- Fasting enables the body get used incase of such conditions.

Social

- Enables people get blessings from God which help in their businesses.
- Promotes morals.

CHARITY AS A FORM OF WORSHIP

What is charity?

- Refers to the generous actions or donations to help the poor, ill or helpless.
- It is an act or feeling of kindness or goodwill to those in need.
- It means the voluntary giving of help to those in need as a humanitarian act.

Forms of charity

1. Direct charity

This is where one directly or physically gives help to those in need especially in material form e.g. money, clothes, food etc.

2. Indirect charity

This is where help is extended to those in need without the physical presence of the person offering help. This can be in form of prayer, sending a donation e.t.c.

Acts of charity in society

- Cleaning the church without expecting any pay
- Helping the elderly with house work

- Visiting the sick or prisoners
- Donations to the poor in form of clothes, food, money e.t.c.
- Taking part in a charity run
- Praying for those in need.

Project work

With reference to Watoto ministries as a charitable organization that's well known as an orphanage centre, a home for the poor and women, research on the following;

- 1. Read about or observe the activities in that organization.
- 2. Describe the needs of the beneficiaries in that organization.
- 3. Mention the efforts made to satisfy those needs.
- 4. Write the good practices in the organization.
- 5. As a Christian, what help can you offer to such an organization?

IMPORTANCE OF CHARITY AS A FORM OF WORSHIP

Charity brings hope and healing to the vulnerable.

It promotes unity in the community as people gather together to help those in need.

It promotes generosity and kindness among the people which goes on in their life time.

It helps communities to become sustainable through donations and support from different people.

Charity improves on the equality of both men and women since donations are made to both men and women.

It reduces poverty as some charities are aimed at improving peoples standards of living.

Charity ensures that human rights are respected through caring for those in need.

Charity touches the recipient's life through getting inner satisfaction and happiness.

It creates feelings of peace, and purpose when one feels that he/she has made an impact on another individual or community.

Through charity, one receives blessings and grace from God.

BIBLE TEACHINGS ON CHARITY AS A FORM OF WORSHIP.

It teaches that true charity is sharing with the poor, feeding the hungry and opening ones home to the homeless.(Isaiah58:7).

It teaches that when you give to the poor it is like lending to the lord and the lord will pay you back. (Proverbs 19:17).

The Bible teaches that blessed is the one who is kind to the needy. Proverbs 14:21.

It also teaches that those who give to the poor will never be in need, but those who close their eyes to them will receive many curses.

The Bible teaches that we should give to others without expecting anything in return just like the poor widow in 1kings 17:9-24.

It teaches that charity should be a private matter.

It teaches that God punishes those who show off as they give to the needy.

It also teaches that God loves those who give in joy ie the cheerful givers. 2Corinthians 9:6-8.

The Bible teaches that giving back to the poor helps one to inherit the kingdom of God. Mark 10.

St. Paul teaches that true love among Christians is exercised through helping those in need. 1 corinthians 13.

Research work

1. Research about Mother Theresa of Calcutta and her works of charity.

Back ground

- She was born in 26 August 1910
- She died in 1997 aged 87
- Her charitable organization was known as Mother House of the Missionaries of Charity.
- She founded the missionaries of charity.

Mother Theresa's Acts of Charity

- She established an organization known as Missionaries of charity to help the poor.
- Her organization manages homes for people with hiv/aids, leprosy, and tuberculosis.
- She founded dispensaries, mobile clinics and children and family counseling programmes to help those in need.
- Encouraged her members to give wholeheartedly free service to the poorest of the poor.

- She created many homes for the dying and the unwanted from Calcutta to Newyork.
- She was considered as a voice of peace.
- To many people, she's a role model of charity, compassion and selflessness.

Lessons Christians draw from charity as a form of worship

Christians learn to help those in need just like Jesus helped those who had nothing to eat. (Feeding of 5000 men).

Christians learn to give to others without expecting anything in return just as the poor widow shared what she had with Prophet Elijah.

Christians learn to seek for God's blessings through charity just as the Bible teaches that blessed is the one who is kind to the needy.

Christians learn to show true love to others by sharing what they have with them just as St. Paul teaches that true love is sharing what we have with others.

Christians learn to give in private to the needy just as Jesus teaches that what one gives with the right hand, the left hand shouldn't know.

OFFERTORY AS A FORM OF WORSHIP

What is offertory?

This is a form of worship whereby a worshipper gives back to God from his/her earnings.

This can be through tithe, the general offering, thanksgiving, contribution to church projects e.t.c.

In modern times, offerings are in most cases given in form of money.

In the rural setting, food items are sometimes given as offerings.

During the time of offertory, songs are sung and many of them encourage the worshippers to give back to God e.g. r

Activity

1. Mention any three songs that encourage people to give back to God.

St. Paul Evangelical Mission Church 04 April 2020

Offerings 4,000,000shs

Sunday school collections 1,000,000shs

Tithe 10,000,000shs

Thanksgiving 5,000,000shs

Building 20,000,000shs

Wedding 500,000shs

Charity collection 1,000,000shs

- a) Describe what you see in the extract.
- b) What constitutes the offertory of that church?
- c) Why do you think people give generously in this church?
- d) What is the total amount realized that Sunday?
- e) Propose what such offerings can be used for.
- f) What can be done to make all churches self-sustaining in terms of resources?
- 3. Why should people give back to God? 10 reasons.

IMPORTANCE OF OFFERTORY AS A FORM OF WORSHIP

Offertory helps one to express his/her appreciation to God.

It helps people to maintain a good relationship with God.

It promotes unity among Christians as they gather together to offer to God.

Offertory is one way of showing faith in God i.e. through giving back to him what He has given to us.

It enables Christians to ask for God's blessings e.g.

It enables Christians to recognize God's presence amongst them.

Offertory caters for the welfare of religious leaders.

Through offertory, the church extends a hand of help to other members of the church and community at large.

Offertory is used for thanksgiving to appreciate God for what He has done for us.

Offertory is one way of obeying God's commands which encourages people not to go to His house empty handed.

Through offering, it is one of honoring and showing respect to God through giving back to Him.

WAYS HOW GOD'S OFFERINGS ARE MISUSED IN UGANDA TODAY.

Some people are intentional sinners although they offer a lot to God.

Some religious leaders give conditions on how and what to offer.

Some priests use offertory to buy expensive personal property like cars, houses e.t.c.

Some religious leaders use offertory to exploit the poor.

Misuse of the church funds.

Lack of faith in God even as they offer to Him.

Some people offer to God and other gods.

Some offer to bribe God for blessings.

Some people offer without their inner commitment to God.

BIBLE TEACHINGS ABOUT OFFERING AS A FORM OF WORSHIP.

The Old Testament teaches that no one should appear before the lord empty handed. Deut 16:16

It teaches that giving back to God enables one to get a proportion of one's blessings.

It teaches that one should give freely to the lord without expecting gains.

It teaches that people should offer sacrifices to God with a pure heart.

It teaches that failure to offer to God is cheating Him. Malachi 3

The bible teaches that through offering, we are testing God about what He can do in our lives. Malachi 3:8

The bible teaches that God loves cheerful giver. [One who gives with joy].

It teaches that through tithe and offertory, man pleases God.

It teaches that man should offer to God with one heart just like God gave His son Jesus Christ as a sacrifice for the sins of mankind.

It also teaches that offertory is one way of proper worship of God.

It teaches that it is better to offer what one has genuinely than offering to show off. Mark 12:41.

Activity

- 1. Read Mark 12:41ff, Genesis 4:1ff.
- 2. What lessons do you learn from the above chapters about offering to God.

WORSHIP THROUGH BIBLE READING AND MEDITATION

Meditation is the process of deliberately focusing on specific thoughts and reflecting on their meaning in the context of love of God.

Christian meditation aims at improving the personal relationship based on the love of God that marks Christian communion.

Through reading the word of God, people learn more about God and His promises.

People also learn more about themselves as children of God.

Importance of reading the Bible and meditation as a form of worship

Meditation

It helps people to reconcile back to their father i.e. God.

Through meditation, one receives guidance from God in their daily life.

God becomes aware of people's needs both material and many other things around them.

Meditation helps one to grow in the understanding and awareness of God.

It helps man to come closer to God and know His nature.

Reading the Bible

Through reading scriptures, our steps are guided.

God's word helps us to get wisdom since God is the source of all wisdom.

Reading the bible helps us to lift all our burdens to God.

The word of God brings joy among Christians.

The word of God gives peace to the readers.

It awakens and strengthens our faith in God.

The word of God gives hope and sustains life.

Through reading the word, God supplies the Holy spirit.

Activity

Read the poem below and answer the questions below;

In honor and glory we praise

God the most High we raise

Worthily in Him we worship

To seek His guardianship

For He holds our destiny.

It pleases Him to be worshipped;

Good traits we develop in worship;

Spiritual gifts are fruits of worship;

Praise, glory and honor be to God.

Questions

- 1. Write a suitable title for the poem.
- 2. Identify the reasons for worship
- 3. What are the benefits of worship according to the poem?

Bible teaching on worship

(Christian teaching on worship)

It teaches that;

1. Daniel 9:3-6

Reading the Holy book

Prayer to God

Confession

Fasting

Wearing sack cloth and sitting in ashes.

2. Chronicles 13:8

People danced for God.

People sang and played musical instruments like harps, cymbals and trumpets.

3. Psalms 33:1-22

Confession

Praying in times of need

Praise to God

Use of musical instruments.

4. Psalms 47:1-19

Clap hands for joy

Songs of praise

Exalting God's greatness

5. John 4:24

People worshipped God with the power of the Holy Spirit.

Worship of only one God.

6. 1Thessalonians 5:17

Pray at all times and be thankful in all circumstances.

This is what God wants in our life in union with Jesus.

7. Hebrews 3:15

Teaches that we should offer praise to God as our sacrifices through Jesus, which is the offering presented by the lips that confess Him.

Activity

- 1. Write the lord's prayer as stated in Matthew 6:9-15
- 2. Give reasons why Jesus Christ prayed and encouraged his disciples to pray.
- 3. Identify the value of prayer as a form of worship.

NB: Activity of integration on page 36 (check the prototype).

WORSHIP TODAY

How worship is today conducted?

- Through night prayers
- Fellowships

- Street preaching
- Dancing in churches
- Crusades
- Bible study sessions
- Going to church
- Speaking in tongues
- Religious songs
- Using the media ie radio, television, telephones etc
- miracles especially in Pentecostal churches

INSTRUMENTS USED DURING WORSHIP

- pianos harp
- drums trumpet
- accordion bible
- flute bass guitar etc
- tambourine

Titles used by preachers in the modern times

1. Preacher

A person who preaches especially a minister of religion.

2. Pastors

A minister in charge of a Christian church or congregation.

3. Bishop

Is an ordained or appointed member of the Christian clergy and is in position of authority. Is a person entrusted to oversee a group of churches.

4. Archbishop

A Bishop of the highest rank in charge of churches and other bishops in a large area.

5. Pope

The Bishop of Rome who acts as the head of the Roman Catholic Church.

6. Reverend

Title for a priest in a Christian church

7. Prophet

A person regarded as an inspired teacher or a proclaimer of the word of God.

8. Evangelist

A person who seeks to covert others into the Christian faith especially for public preaching.

Roles of church leaders today

- Church leaders preach the gospel
- They baptize new converts
- They conduct wedding ceremonies
- They give guidance and counseling to their followers
- They pray for their followers.
- They conduct church, burial, thanksgiving services.
- They encourage people to worship only one God.

How some church leaders mislead Christians today?

- They give their followers false prophesies.
- They turn churches into businesses.
- They have promoted cultism
- Misinterpretation of scriptures
- False miracles
- Revenge and hatred
- Greed or corruption in the church
- Church wrangles
- Power struggle
- Sexual immorality adultery, homosexuality

Characteristics of false preachers

- Give their followers false prophesies

- Forged miracles
- Turn churches into business e.g. selling holy items in church.
- Cultism
- Misinterpretation of scriptures
- Revenge and hatred
- They are protected by security personnel.
- Ever in conflicts with other church leaders
- Most of them are self-proclaimed
- Sexually immoral
- Greedy e.t.c.

WORSHIP IN APOSTOLIC CHURCH (EARLY CHURCH)

(Acts 2:43-47)

The Early church community was a worshipping community. Most of their time, they would conduct worship.

Worship in the Early church was characterized by the following;

- Prayers were conducted as part of worship i.e. both congregational and personal prayers.
- During worship, they were filled with the Holy Spirit.
- The Holy Spirit enabled them to speak in tongues.
- There was preaching and interpretation of the word of God to the worshippers.
- Worship involved reading scriptures i.e. the Old Testament scriptures that guided the followers/believers.
- They baptized new converts and this was through immersion.
- they performed miracles during worship i.e the sick would be healed, the lame walked etc.

- they shared their property with others(charity) eg the selling of their belongings and gave the money to the apostles.
- they offered to God as a way of glorifying Him.
- they praised God through religious songs\hymns they had composed.
- there was repentance/confession of ones sins.
- there was breaking of bread and sharing the cup of wine in memory of what Jesus had done. (celebrating the Lord's supper).
- they conducted worship in houses ie Christians would meet in different homes for prayers.

Similarities and differences between worship today and worship in the early church.

Similarities (we use Both)

- Both have congregational and individual prayers
- In both, preaching is common.
- In both conversion and baptism go on during worship.
- in both, songs are very important in worship.
- in both musical instruments, clapping of hands is common.
- in both reading of the scripture is part of worship.
- both confession or repentance of sins is common.
- both fellowships are organized during worship
- in both, offertories are made.

Differences

Worship today is conducted in special buildings while in the early church worship was conducted in houses.

Worship today there is sharing of the Holy Communion while in the early church agape meal and Holy Eucharist was shared.

Baptism today is through sprinkling or pouring of water while in the early church baptism was mainly through immersion.

Worship today is hypocritical that is there's pretence while in the early church worship was genuine.

Today women play an active role in worship while in the early church women played a dormant role.

Today baptism is carried out at the infant stage while in the early church it was conducted when one was an adult.

Today worship is conducted through oral and media while in the early church it was through word of mouth (oral preaching).

Problems Christians face while trying to keep faith in God

- Group influence or negative friends
- Lack of time for prayers
- Criticism among non-believers
- Bad examples from church leaders
- Influence of cults which have funny rituals
- Influence of science and technology
- Lust for wealth which diverts people from God
- Permissiveness
- Language barrier
- Disunity
- Persecution from non-christians
- Poverty
- Political instabilities
- Poor transport and communication
- Backsliding especially the new converts etc.

-

NB; Activity of integration on page 39 please don't skip.

WORSHIP IN AFRICAN TRADITIONAL SOCIETY (AFRICAN HERITAGE)

Under this, we shall look at the means by which Africans communicated to the divine beings i.e God, gods, and ancestors.

Characteristics/forms of African worship

- 1. There were special people responsible for worship called intermediaries who mediated between the gods and the people.
- 2. They also worshipped the gods whom they considered to be the assistants of the creator.
- 3. Each god had a responsibility eg "muhigo" the god of hunting and wild life among the Banyoro of western Uganda.
- 4. There were also gods of rain, for harvest, for diseases, children etc.
- 5. Africans worshipped God the creator whom they gave different names as a way of appearing them.
- 6. Worship took place in holy places like shrines which were built for worship purposes.
- 7. Africans worshipped physical features such as trees, rocks, mountains, rivers etc.
- 8. Worship involved giving sacrifices to the divine beings to appease them eg in form of animals, hens etc.
- 9. It involved singing and dancing to please the gods.
- 10. Worship involved repentance or asking for forgiveness from the gods.

People who conducted worship in traditional African societies.

- Kings
- Mediums
- Medicine men
- Seers
- Priests
- Prophets
- Herbalists
- Witch doctors

- Intermediaries
- Chiefs
- Rain makers
- Fortune tellers

IMPORTANCE OF WORSHIP TO THE AFRICANS.

It helped Africans to express their personal problems to God.

It helped Africans to renew their relationship with God.

It helped Africans to seek for forgiveness from God.

It helped Africans to receive guidance and direction from the ancestors.

It was a way through which social problems like drought and witchcraft were solved.

It enabled Africans to receive divine hearing from the gods.

It helped Africans to express their appreciation and gratitude to God.

It also promoted the African cultural values that were observed during worship.

Worship imparted morals among the people because the immorals were punished by the gods.

It promoted justice, peace and harmony in society.

A comparison between African traditional worship and worship today

Similarities

- Both worship involve religious leaders
- both worship involve religious symbols
- both worship involve singing of songs to the divine beings
- both worship involve offering to God or gods
- both worship involve repentance from God
- both worship involve musical instruments like drums
- both involve thanks giving to the divine beings

Differences

Christian worship is formal while traditional worship is informal.

Christian worship involves reading scriptures while traditional worship is oral.

Christians today mainly worship on Sunday while in traditional worship was conducted on any day.

Christian worship involves offerings inform of tithe, money while in traditional worship involved sacrifices inform of animals.

Christian worship can be led by men and women while traditional worship was strictly led by men.

Christian worship takes place in churches while traditional worship took place in shrines, caves etc

Christian worship is optional while traditional worship is compulsory.

Christian worship considers Jesus as the last sacrifice while traditional worship involved human sacrifices and other sacrifices like animas, hens etc.

ACTIVITY/TASK

Question

Compare the roles of religious leaders in the African traditional society with those of the Christian church. (give similarities and differences).

What forms of sacrifice did Africans make?

- 1. It involved the shading of blood of a special living creature eg sacrificing a black bull among the Karamajongs of north eastern Uganda.
- 2. They involved in giving of material things like food, grains, drinks, alcohol etc.
- 3. They offered during special ceremonies like birth of a child, marriage ceremonies etc.
- 4. Women were considered unholy to offer sacrifices.
- 5. In some societies, they sacrificed human beings especially to do away with bad omen.
- 6. Sacrifices were offered from holy places and were presided over by religious leaders eg fortune tellers, rain makers etc
- 7. Some sacrifices were offered individually and some as a group.

ROLES OF ANCESTORS AND MEDICINE MEN

Ancestors were physically departed members of the family who were believed to have joined another world after death

Roles of ancestors

- -They acted as mediators
- -Acted as patrons to different people.
- -Blessed people e .g giving birth to children
- -Acted as custodians of family culture
- -Protected people from danger
- -Helped in solving problems in society
- -Helped in maintaining peace and harmony
- -Directed people during the choice of leaders
- -Interceded for the living

Roles of medicine men

- -Acted as healers
- -Presided over religious ceremonies
- -Used to cast out demons from people
- -Promoted culture of the people
- -Performed rituals e g cleansing rituals
- -Maintained law and order
- -Imparted morals among the people
- -Offered protection and traditional knowledge
- -Diagnosed diseases and gave medicine for healing.

THEME: MAN'S RELATIONSHIP WITH GOD

TOPIC: RITUALS AND CELEBRATIONS

RITUALS

Rituals refer:

The ceremony or practices performed according to a prescribed order

A ritual is also a religious service or a system of rites that an individual has to go through at a given stage of life

Sometimes a ritual is a ceremony performed in a customary way according to some cultures.

Sometimes it involves accepting religious rites which are customary ways of celebrating a religion or culture.

RITUALS IN THE CHRISTIAN CHURCH TODAY

The common ritual in the Christian church today includes;

Baptism

Confirmation

Ordination rites

Confession

Holy Communion

Anointing of the sick

Burial rite

Catechism

Washing of feet

Lighting of candles among Catholics

IMPORTANCE OF RITUALS CONDUCTED IN THE CHRISTIAN CHURCH TODAY

Rituals help People to fulfill God's commands on earth.

Rituals give an individual a sense of belonging.

Rituals help an individual to be identified as a believer of Jesus Christ.

It helps to show that a person has faith in God.

It gives guidance and protection to the new believers.

Rituals help people to live an exemplary life in Christ through being morally in Christ within the church

Rituals help one to prepare for resurrection after death

Rituals promote respect for God

Rituals enable one to get blessings from God

Rituals like baptism initiate one into Gods family.

THE MEANING OF THE CHRISTIAN RITUALS IN THE CHURCH TODAY

1. Baptism,

This is a Christian rite or a sacrament of admission to the church characterized by pouring or sprinkling of water on the head or by immersion.

2. Confirmation

It is a rite where a baptized person especially one baptized as an infant affirms Christian beliefs and is admitted as a full member of the church one is awarded full acceptance in the religion.

- 3. Holy matrimony / marriage rites a ceremony where two or more people are united in marriage and marriage vows are made where people declare themselves as husband and wife.
- 4. Ordination rites;

The ceremony / process through which an individual is declared a priest

- 5. Confession, An act of admitting that you have done something wrong in the sacrament of reconciliation.
- 6. Holy communion

A practice of Christian worship where bread and wine are shared during the church service / mass as a symbol of the last supper.

7. Burial rite

A ceremony that is performed with the final disposal of the body and a sermon is believed to accompany the body to the grave.

8. Catechism.

A summary that show the principles of Christian religion inform of questions and answers as religious education and guidance for Christian, children inclusive.

9. Anointing of the sick,

It is a rite / sacrament administered to bring spiritual and even physical strength during an illness, especially near the time of death

NB

Assign each group a ritual and encourage learners to discuss the ritual at length Formulate activities and questions which can help leaners think such as poem, stories related to the above rituals.

THE RITUAL OF BAPTISM

Baptism is a ritual that initiates an individual into the Christian family In most cases the person baptized is given a name.

The name is a source of identity to the baptized person.

HOW BAPTISM IS CONDUCTED

In most churches it's conducted when the person is still young babies are baptized especially in protestant and Catholic Church,

Young baptized Christian are represented by God parents who are mature Christians who respond on behalf of the babies.

Young ones are mainly baptized in churches of their biological parents and they become members of the church.

In the Pentecostal and Adventist church baptism is done on the old and mature enough Christians after they have accepted to be baptized.

In Anglican and Catholic Church, baptism is done by sprinkling of water on someone forehead to show their acceptance to follow Christ

The baptized person is marked with the sign of the cross on the fore head to show his acceptance to follow Christians

In the revival church, baptism is one by physically dipping, immersing the person in a stream of water to show his acceptance to die and resurrect in Christ

Instructions are verbally given to those baptized to accept God and believe in Jesus as the messiah, to the babies, the God parents receive such instructions.

Christians baptism is presided over by church leaders such as priests, reverends bishop pastors among others.

It is a public ritual / practice that is done in the presence of other Christians who act as witnesses.

During baptism, the baptized person gets a Christian name identifying him/her with Christian e.g. Stephen, John, James

It's practiced on both boys and girls using the same practices unlike in Islam where only boys are circumcised.

Baptism is option but not compulsory to everyone. Anyone who wants to show his or her commitment to Christ is called upon to get baptized.

Those who get baptized receive the Holy Spirit and therefore, they stand high chance of receiving spiritual gift like speaking

IMPORTANCE OF BAPTISM TO CHRISTIAN TODAY

It gives an individual a sense of belonging to the kingdom of God.

It initiates someone into the Christian faith

Give individuals a sense of belonging to a given church in that when one is baptized he becomes a member of that church.

It identifies a person as a believer and a follower Christ

Baptism gives guidance and protection to the baptized Christian

It enables a person to fulfill God's command which Jesus gave to the disciples

It enables a person to receive other sacraments in the church such as Holy Communion.

It strengthens the faith of a Christian in God.

It is a big step towards salvation and it washes away the original sin.

BAPTISM IN THE EARLY CHURCH

Baptism was highly valued in the early church, because people wanted to be members of the Christian church.

Baptism was mainly through immersion

In the early church only Adults were baptized, Christians would some time delay baptism until death.

This was done so that the sins of a life time could be washed away prior to the soul's judgment before God

Read the following scripture

Acts 8:26-40

Acts 16:15

Acts 16:33

1st Corinthians 1:16

Exercise refers to table 2.1

There is an activity about baptism

NB

Activity of integration on page 49 and page 50

THE IMPORTANCE OF THE SACRAMENT OF HOLY COMMUNION

The Holy Communion is the sharing of bread and wine by Christian to remember the death and resurrection of Jesus.

(look at activity 2.6, 2.7)

IMPORTANCE OF HOLY COMMUNION TO CHRISTIANS TODAY

It helps Christians to follow Jesus' command because he told them to do so to remember him

It enables Christians to remembers the death of Jesus Christ

It helps a Christian to repent their sins.

It enables Christian to to live a Holy life

It promotes sharing among Christians

It is one way of worshiping and honoring God

It is a sign of acceptance to follow Jesus Christ

It promotes unity among Christians

Exercise

Ask students about the Holy Communion by assessing their views and ideas

How do they celebrate this sacrament in their respective churches?

Answer activity 2.8 Answer it with learners as they write answers in their books

Activity 2.9

Read 1st Corinthians 11:20-34

Answer the Question, with learners in class as they write in their books,

Project

Visit a local church and ask Christians about the benefits of Holy Eucharist, steps to follow include:

- 1. Design a question are of not more than five statements
- 2. Give it to five people
- 3. Use their responses to write a report
- 4. Share with the rest of the class

CONFIRMATION

It is the Christian ritual where a baptized person especially one baptized as an infant, affirms Christina beliefs and is admitted as a full member of the church.

OR

Confirmation is the act of ensuring the truth of strengthening or approving a religious ceremony by admitting a person into Christianity.

IMPORTANCE OF CONFIRMATION

It provide, the believers with blessings from God

It strengthens one faith in God

It provides, the recipient with the gift of the Holy spirit

It promotes love and respect for God

It enables Christians to be missionary witnesses of Jesus Christ

It confirms one's willingness to follow Jesus

It provides one with a sense of belonging to a community

Confirmation helps one to experience God's grace after completing the sacrament.

Exercise

Activity 2.11

This should be done in group and after answers should be written in the students books

Activity answer the story on page 54, activity 2.13

- 3.(i) what is marriage
- (ii) What are the benefits of getting married in your community?
- (iii) What problems do people face in marriage
- (iv) What hinders people from getting married in Uganda?

RITUALS IN AFRICAN TRADITIONAL SOCIETIES

Rites of passage were the different ceremonies /rituals / celebrations that Africans made at different stages of human growth and development from conception to death.

These rites/ rituals include the following:

Conception rites

These were carried out when the women conceived (got pregnant) and the whole family was filled with Joy and happiness

Birth rites,

These were carried out when the child was born

Naming:

These involved giving the child a name and culture was strictly followed

Initiation rites,

These are rituals that were performed on the children that had reached the puberty stage in order to graduate them from childhood to adulthood

Marriage rites

The death rites

Exercise

What is marriage?

Describe the marriage activities, in African traditional society

What do you know about death rites?

IMPORTANCE OF RITUALS IN AFRICAN TRADITIONAL SOCIETY

Exercise

- 1. What is the importance of rituals in African Traditional Society?
- 2. Show ways through which rituals created a bond of love and unity among Christians.

THE BIBLE AND RITUALS

Explain the origin of rituals as observed in these verses

Mathew 3:13-17

Mathew 17

Mathew 26:17-30

Acts 2:1-13

Acts 38

Acts 19:4

Luke 2:21-40

Mathew 3:13-17

Mathew 26:17-30

John 2:1-12

Using the above scriptures identify at least three rituals / discuss them.

Identify the rituals in the life of Jesus.

i)Mathew 3:13-17

TASK

Discuss the rituals in the Old Testament

CHRISTIAN CELEBRATIONS

Today there are a number of celebrations and ceremonies in Christian communities

As Christians grow up they participate in these celebrations and acquire a number of values, morals and teachings.

Sometime Christians may be invited to attend other social celebrations outside church ceremonies.

Activity 2.14, 2.15

Examples of Christian celebrations

- 1. Easter
- 2. Christmas
- 3. Marriage ceremonies
- 4. Congregational, celebrations –Sunday, Saturday
- 5. Funeral rites
- 6. Ash Wednesday
- 7. Palm Sunday
- 8. Ascension day
- 9. All saints day
- 10. Martyrs day

NB Choose one Christian celebration and role play how it's conducted e.g. Christmas, martyrs day

-Also share the importance of celebrations.

IMPORTANCE OF CHRISTIAN CELEBRATIONS

They promote friendship

Thy promote unity

They promote sharing and togetherness

They attract other people to join Christianity

Encourage good morals in society

Increase one's faith in God e.g. all saints day

Portray a good example to the young generation

Promote fellowship among Christians

Promote happiness among the people

Strengthen peoples' relationship with God

Enable people to show love to God

TASK

Answer, Activity 2:15 (it is in table form)

Activity 2:16 (studying and answering)

NB Activity of integration page 58 please don't skip it.

CELEBRATIONS IN AFRICAN TRADITION A SOCIETY

- 1. Child naming.
- 2. Giving birth to a child.
- 3. Initiation rites.
- 4. Enthroning a new king.
- 5. Marriage / wedding ceremonies.
- 6. Last funeral rites.
- 7. Harvesting occasions.
- 8. Celebrations on worship.
- 9. Beer parties.
- 10. Celebrating the appearance of the new moon.

IMPORTANCE OF RITUALS IN AFRICAN TRADITIONAL SOCIETY

Rituals helped Africans to express their problems to God.

They helped African to renew their faith in God.

Rituals helped Africans to search for blessings from God.

They were also used to celebrate life from conception to death.

Rituals imparted morals into the young generation.

They instilled a culture of unity among the people as they celebrated together.

They helped to divert dangers in society through offerings sacrifice to God

They also helped to maintain law and order in society

Rituals helped people to live in a peaceful environment through mutual understanding.

EXERCISE

1. Describe one ritual that was carried out in African Traditional Society according to your culture/tribe and give reasons why the ritual was carried out.

NB:

Activity of integration on page 58 please doesn't skip it.

THEME: MAN'S RELATIONSHIP WITH GOD

TOPIC: VALUES IN CHRISTIANITY, ISLAM AND AFRICAN TRADITIONAL

What is religion?

What is Christianity?

Religion is the belief in the supreme natural being.

Religion is an organized set of beliefs cultural systems and world views that relate humankind to an order of life.

Ask students about their religions

Activity 3.1

1. Read the poem below and answer the questions that follow.

ORIGIN OF CHRISTIANITY AND ISLAM

Christianity

Is a religion that believes in Jesus Christ as the Lord God and messiah or savior of mankind.

Its first believers were mainly the Jews who were particularly outcasts (sinners) and the poor

With time however, Christianity gained support from the rich and powerful members of the community and it became the most dominant region throughout the Roman Empire.

Today Christians are found everywhere in the world.

Christianity is now divided into a number of sectors i.e. Protestants, Catholics, Adventists, Pentecostals, Orthodox among others.

FEATURES OF CHRISTIAN FAITH / RELIGION

Religion believes in the scripture, holy trinity, God the father and son ,written scriptures.

Christianity believes in baptism of the new converts

Christianity believes in only one God.

It has special leaders i.e. religious leader.

Christianity believes in performing miracles

Christianity believes in the ten commandment

Christianity believes in prayer

Christianity believes in Judgment day

Christianity believes in Jesus as the founder of Christian religion

VALUES IN CHRISTIANITY

Love for God

Honest

Sharing

Repentance

Obedience

Trustworthy

Fear of God

Forgiveness

Peace

Reconciliation

Prayer

Read 3:2

- 1. Describe the origin of Christianity using activity 3:2
- 2. Activity 3:3 (Answer it with learners in the class)
- 3. Mention the Important personalities in the spread of Christianity that you know

GROUP TASK

Read

- (i) Acts 2:1-47, and describe what happened
- (ii) What happened exactly in Acts 2:1-13?
- (iii) What lessons do you learn from the above event?
- (iv) What message did Peter give the people who had gathered in Jerusalem according to 2:14-41?
- (v) How did the believers respond to the teachings of the apostles according to acts 2:42-47?

EXERCISE

- 1. Answer task 3.5 and summarize all your findings in your book
 - (a) Describe what happened to Saul
 - (b) Describe his new life
 - (c) Explain Paul's contribution to the growth and expansion of the church.

RESEARCH WORK,

- 1. Carry out an important study on St. Augustine and describe what he did for Christian religion.
- 2. You can as well get other personalities
- 3. Write a 500-700 word biographical essay about the personality you have chosen

THE RELATIONSHIP /CONNECTIONS BETWEEN THE OLD TESTAMENT AND THE NEW TESTAMENTS.

The Old Testament talked about the messiah being a descendant of David and this is also maintained in the New Testament because Jesus is the direct descendant of King David. Both talk about suffering servant who was to be rejected and abused by the people.

according to Isaiah.

Both condemned the misuse of the temple by prophet Jeremiah and Jesus as well.

Both talk about the coming of the good shepherd

Both talk about the same God.

Both talk about the feeding miracle especially by Moses and Jesus.

Both talk about God's judgment.

Both show God as merciful and loving to all the people.

Both show God as the source of blessings to all people in the world.

ISLAM

PRE-ISLAMIC PERIOD (pre-Islamic Arabia)

EXERCISE

Using the internet answer the following questions,

- (i) Research and draw the map of the Arabian peninsula before the coming of Islam
- (ii) What are the current countries in the Arabian Peninsula?
- (iii) Comment on their current Islamic practices.

VALUES IN ISLAM

Religious values are ethical principle found in religious traditional, texts and beliefs

The Islamic values are based on the pillars of Islam which are embedded in the Muslim life style

They are the testimony of faith, prayer, zakat (charity) fasting during the pilgrimage to mecca once for those who are able.

When a Muslim observes the five pillars he / she gets spiritual benefits apart from spiritual benefits, there are other good things that are associated with the pillars of Islam.

THE TESTIMONY OF FAITH

Testimony of faith is saying with conviction "La I la hailla, Allah, Muhammad arrasoulu Allah"

The statements means, there is not true god (deity) but God (Allah) and Muhammad is the messenger (prophet of God)

There is no true god but God, means that none has the right to be worshipped but God alone and that God neither has a person nor a son.

This testimony of faith is called the "shahada" a simple formula which should be said with conviction in order to convert to Islam. The testimony of faith is the most important pillar of Islam.

The good practice in the pillar of faith believes in one God. This practice is also known as monotheism

Prayers are performed at dawn, noon, mid-afternoon, sunset and night. A Muslim may pray almost anywhere, such as in the fields, offices, factories, or at universities.

GOOD PRACTICES IN ISLAMIC PRAYER,

It involves cleaning before prayer, which promotes body hygiene.

Muslims wash their mouth before prayer as part of cleaning before prayer which gives good breath.

Islam prescribes that the washing of private parts should be done using the left hand since the right-hand is usually the one used for eating

Prayer involves physical actions, hence keeping physically fit

It involves meditation and provides people with inner peace.

Congregation prayer promotes the spirit of togetherness.

Prayer enables Muslims to reduce the stress of the day since they have to break off and pray

Fasting

Ramadan is a period of fasting, reflection, devotion generosity and sacrifice observed by Muslim around the world.

Fasting is supported to be undertaken by adult Muslim aged 15 years and above.

One is required to abstain from food and drink from dawn to dusk.

SPIRITUAL BENEFITS OF FASTING

It helps Muslims to sympathize with those in the world who have little to eat everyday through experiencing hunger and thirst.

It enables Muslims to feel closer to God and recognize that everything in this life is a blessing from God.

Through self-control, a Muslim practices good manners, good speech and good habits.

Good practices associated with fasting:

Fasting helps and promotes weight loss and detoxifies the body. This means that it helps to reduce chances of developing weight –related diseases e.g. high blood pressure.

Fasting brings people together since at the break of the fast Muslim are advised to provide food for those who are needy but fasting.

Fasting promotes the value of sharing among the people.

Through changing their routine, Muslims have a chance to establish healthier life style, habits particularly with regard to diet and smoking.

Through family and community gatherings, Muslims strengthen the bond of brotherhood and sisterhood in their own communities and through the world.

PEOPLE EXEMPTED FROM FASTING IN ISLAM

Pregnant mothers

The elderly

The sick

People on medication

GIVING ZAKAT

All things belong to God for example, wealth, entrusted to human being by God

The original meaning of the word Zakat is both "purification and growth"

Giving Zakat means giving specified person of certain properties to certain classes of needy people.

The percentage which is held in gold, silver cash funds has reached a total of about 85 grams in one lunar year, is two and a half percent.

What a person has is purified by setting aside a small portion for those in need and like the pruning of plants, the cutting off of excess branches encourage new growth.

Good practice from charity included

- Economic empowerment of the needy
- Promotion of the value of sharing
- Solving social problems
- Promoting the spirit of belonging

THE PILGRIMAGE TO MECCA

The annual pilgrimage (hajj) to mecca is an obligation once in a life time for those who are physically and financially able to perform it.

About 2 million people go to mecca each year from every corner of the globe.

Although mecca is always filled with visitors, the annual Hass, is perfumed in the twelvemonth of the Islamic calendar

Male pilgrims wear special simple clothes which strip away distinctions of class and culture so that all stand equal before God.

Good practices in pilgrimage including

1. Exposure to the outside world and other cultures.

- 2. Interaction with other people
- 3. Strengthening faith in Allah

Other good practices in Islam

Decent dressing, especially women

Nutrition involves prohibited food e.g. no pork

Express burial reduce the costs related expenses and also protects people from diseases like Ebola, covid-19.

It further promotes, hygiene because the dead body will decompose and smell

Circumcision facilities proper hygiene for men.

Inheritance of property is also clear / stream lined so the surviving family members do not conflict.

Islam does not charge interest on borrowed money

Celebration of Eid brings people together as a family but also promotes charity work.

PILLARS OF FAITH IN ISLAM

Belief in Allah

Belief in the Angels

Belief in the holy books

Belief in the prophets

Belief in the Day of Judgment

Belief in the predestination

QUESTION/ASSESMENT

Make a summary of the good practices you have learnt about in Islam.

THE FOUNDATION OF AFRICAN TRADITIONAL RELIGION/VALUES IN AFRICAN TRADITIONAL RELIGION.

African Tradition Religion refers to the religious beliefs and practices of the African people.

Before the coming Christian missionaries and Arabs who propagated the foreign religions in Africa .

The beliefs values, customs, norms and traditions all put together form what is referred to as African traditional Religion (ATR)

The different African cultures refer to God differently. For example the Baganda call God Katonda, Banyankore call him Ruhanga, other names include Lubanga. Kibumba Among the basoga. African traditional Religion is grounded within culture and heritage. African cultures

God has messengers in the different fields, for example, there is a god of rain ,of the mountains, of rivers, lakes and many others. For instance, the deity or god in charge of rain is responsible for both rain and drought. Therefore, when rains fail to come, African pray to this particular deity.

HOW AFRICAN RELIGION WAS FOUNDED

Some of the world's religions like Islam and Christianity have founders, which is not the case with African religion

African religion evolved slowly through many centuries, as people responded to the situation of their life, and reflected upon their experiences.

Out of personal reflection on the universe, its original, enormity and continuity, a belief in God was consequently held as the explanation to all this

Realization of peoples own weaknesses and limitations, in terms of power and knowledge of nature, the lack of ability to control certain events.

The existing forces of nature, the powers of weather, storms, thunder and lighting, the phenomena of the day and night, expanse of the sky

Basing on all these aspects, people reached a conclusion of the existence of the supreme. Being God, the creator in charge of the entire creation

CHARACTERISTICS OF AFRICAN TRADITIONAL RELIGION

African religion was African culture, involving respecting the does and don't s of society. Every culture was religion and all people were religious.

Africans believed in small gods as the assistants to God like Nalubale among the baganda, Musoke the god of rain, Ddungu was the god of hunting etc clan gods and family gods,

"emandwa" in Bunyoro all considered assistants of God

Believed in ancestral spirits treated as means through which Africans communicated to the gods and creator

Africans had music, dance and drama as a form of worship. The Kikuyu sang God is good today, yesterday, tomorrow and forever

The religion involved sacrifices given to the divine beings for appreciation and worship these included, white hen, black cock etc for example, the Karamajongs sacrificed a black bull to their gods

Offering of food and grain were given to the divine ones through libations and burning them for the divine beings to receive them through smoke

The religion involved the respect of religious objects such as trees, stones, mountains. Anthills etc, considered to be dwelling places and thus holy

There was respect for art and symbol, such as trees, sticks, stools, cups etc these were considered to be dwelling places of divine ones, the gods

The Africans rites of passage, celebrated the African religious life, from conception to pregnancy, birth, naming, initiation, marriage and death

The African Religion involved a number social ceremonies such as over a great harvest, new rain a great hunt, success at war/raid

African moral life was religious, and thus the expectations for trust, obedience, honesty. Respect

African songs, riddles, poems and wise sayings, also explained reality in religious terms and were thus highly respected to be passed on to the young.

God and African Traditional Religion

African Traditional Religion is composed of varying beliefs and practices, depanding on respective cultures. For instance, in Uganda, there are many tribes, each tribe has its own beliefs and practices. For example. The Baganda have their distinctive beliefs, they call God Katonda. The Nasoga call God Kibumba, the Alur call God Lubangkene

What is common among all African cultures is a belief in the existence of deities, these are God representatives and messengers.

In Buganda, such deities are Mukasa, God the Lakes, Kiwanuka, Wamala, Mulindwa, Lubowa, Musoke, the God of rain, Ddungu, the god of hunting, Kibuuka, the god of wards

The founder of African traditional Religion

Unlike Islam and Christianity, African Traditional Religion was not founded by any person. It evolved out of the experiences, inspirations, visions, dreams and revelations of wise ancient

human evolved out of the experience, inspirations, visions, dreams and revelations of wise ancient human beings

Scriptures in African Traditional Religion

African Traditional Religion has no scriptures like the Bible in Christianity. Instead, it is written on the hearts of the Africans. Africans move with their religion everywhere they go. Their religion in seen in what they say and do, the way they dress, relate and share with others.

African traditional Religion has no missionaries

African Religion has no missionaries to propagate it outside Africa. The beliefs and practices are unique and distinctive and meant for only Africans.

Religious leaders in African Traditional Religion

Another difference between Islam and Christianity and African Traditional Religion is that I many cases, the religious leaders in ATR do not require to trained. They are chosen by God and they include intercessors or mediators between the deities and people.

WHERE AFRICAN RELIGION IS FOUND

There are no scared writings in African religion, raising the question of where then one finds it

African religion was found in the rites of passage, events that celebrate life, like birth naming, initiation, marriage and funerals

It was also found in social occasions like harvest festivals, praying for rain, a great, hunt etc these all have great religious meaning

The religion found in shrines, sacred places and religious objects like mountains stones, caves and rivers

Found in art and symbols. These express religious ideas. They are in wood, stones, calabashes, stools, sticks, pots, domestic animals and handicraft.

A lot of African music and song dealt with religious ideas and practices, religious beliefs, ideas, morals and warnings.

African religion was found in proverbs, riddles and wise sayings. Religious proverbs contains religious beliefs, ideas, morals and warnings

The religion was found in names of people and places. These contains a lot religious truth was passed down by word of mouth

The religion was found in names of people and places. These contains a lot of religious ideas and experiences

It was also found in legends and myths. Since there was no writing, religious truth was passed down by word of mouth.

The religion was found in African belief and customs and does help to strengthen and perpetuate some of the customs and in turn the customs do the same to religion

The religion was found in all aspects of life and thus does influence all African areas of life.

It has been largely responsible for shaping the character and culture of African people through the centuries.

THE COMMON CHARACTERISTICS OF ALL RELIGIONS

Activity

In your notebook, list down the things that you know are similar in both Christianity and Islam.

The word characteristic refers to the ways something can be described

Some of the characteristics of religion are common and they include:

All religions have the following in common:

Belief in the existence of a supernatural power commonly referred to as God exists in heaven.

Ways of communicating to God. Believers communicate to God through the different ways of worship. As you remember, we talked about the different ways of worship such as prayer sacrifice and offering and many others.

Religions establish designated places for worship. Muslims worship and pray in mosques. Christians worship in churches and Jews in temples. Other worship and prayer places are shines. In ATR, people worship in temples, for example, the Sabo in Buganda.

Religions have set aside days of worship, such as Fridays for Muslims. Sunday for most Christians sects, Saturday or Sabbath for Seventh Day Adventists .

Religions have sets of rituals they perform carefully. For instance, in Christianity. Rituals include baptism and Holy Communion. In Islam, rituals include Aqiqah, an initiation ritual, where usually a sheep is offered in sacrifice for every new-born child as a sign of gratitude to Allah. Muslims also perform the ritual of ablution before prayer. In ATR, there are many rituals depending on culture. Some of the common ones include the rituals of naming and initiating the child into family, clan and community.

They have signs, objects and symbols that identify each religion. These are out ward and tangible evidences of one's belief, for example, the sign of the cross in Christianity, the Kabba and Moon in Islam, the rosary for the Roman Catholics, a Swastika for Hinduism, and the dharma wheel for Buddhism, the Star of David for Judaism.

Each religions gas myths and mysteries, folklores, wise saying, proverbs and stories. For example, the story of Jonah and the fish in Jonah chapters 1-4 that teachers people to be obedient to God, teachers that no person can run way from God's plans.

All religions have ethical teachings or a system of moral order. Each religion continuously teaches believers ways to behave in life, dos and don'ts. For example, the life of a Christian is guided by the 10 commandments and the way Jesus lived in the world, Christians believe that Jesus Christ was born to show us how we should live. In Islam, there are pillars of Islam and pillars of faith that a good Muslim should follow.

Sacred places: All religions have places that are declared, the dwelling places of God and his messengers. Such places include the mosque for Muslims, Churches for Christians, traditional shrines for ATR, temples for Hinduism and others.

All religions have established systems where people bond with each other for social and moral support. For example, a Christian in most cases feels comfortable to deal with a fellow Christian and a Muslim with a fellow Muslim. In this way, religions set ways to encourage followers to meet regularly in fellowship, prayer groups, cells etc. A religion organizes forums for people to meet.

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Religions have religious; these are custodians of knowledge in a particular religion. They are believed to know much more spiritually and socially. In some cases, like in Christianity and Islam, one must attend a formal theological training to become a priest, pastor, Imam or a Sheikh. In native religions such as ATR, religious leaders are inspired through

THE IMPORTANCE OF RELIGION IN HUMAN SOCIETIES

Religion is very importance in our life; that is the reason why many people identify themselves with a religion of their choice. The values of religion include:

Religion brings people together: it gives them a sense of belonging and togetherness. For example, different people meet to fellowship, like in the Friday congregational worship for Muslims and Sunday congressional worship for Christians.

Creating a moral Community: Each Religion teachers morals to its followers. It teachers how to relate and treat each other.

Religion as Social Control: Religion teaches people to control themselves. For example there are restrictions in marriage and sexual relations. These laws are clearly stated in Islam Christianity and ATR.

Religion as Emotional Support: All religions have rites that guide people throughout the journey of life. The Journey of life rituals or rites begins at the birth of a child, throughout journey of life. The journey of life rituals or rites begins at the birth of a child, throughout teenage years, adulthood and death. The performance of rituals and celebrations gives people support and makes them feel that they are not alone.

Religion gives sense of comfort and solace to people during times of personal and social crises, such as death of loved ones, serious injury etc

Religion gives purpose of life. It provides answers to all puzzles and confusion people encounter. It answers questions such as where do we come from, why are we here, where are we going, what happens at death, is there life after or not

Religion as a source of identity: in life, all people need to identify with others; we feel comfortable and safe to relate and share with people who understand us and know what we do thus people easily identify with others they share religious beliefs

Religion control sexuality: in several cases, religion acts as secular law, it constitutes authority and principles that override those of worldly laws. For example, Sharia law is more abiding to a Muslim that government laws

Religion restores hope; religious teachings especially the teaching about life after death lives hope that all those who follow God's laws will enjoy lasting afterlife.

Activity

and to	List down and guidelines in your religion that help you to be a good person to yourself others.
	List organization or association or group in your church or mosque

2 How have people banefited from such groups?
3. How have people benefited from such groups?
SIMILARITIES AND DIFFERENCES BETWEEN ISLAM, CHRISTIANITY AND AFRICAN TRADITIONAL RELIGION
However, these two religions are different in the following ways
Muslims believe in Allah while Christianity God/Yahweh
Islamic teaching are in the Koran while Christianity in the Bible
Islamic faith emphasize praying five times a day while Christian faith emphasize prayer all the time and any time
Muslims have initiation rite for the new converts as circumcision while Christians carry out Baptism
The Muslim official day for prayer is Friday while for Christianity is either Sunday Saturday
High level of cleanliness is emphasized of the whole body before prayer for Muslims whereas Christianity, purifies one's heart
The Islamic faith allows polygamy while Christianity put emphasis on monogamy
Islamic faith has food prohibitions whereas Christianity, all foods are to be eaten
Muslims have a clothing code for all men and women during times of prayer while Christianity is relaxed on this
Christianity believes in the trinity, God the father, God the son and God the Holy Spirit while Islam believes that God is one in person
Christianity believe that Jesus is God while Muslims believe he was merely a prophet and miracle worker
Christianity believe that every human is born with the original sin while Muslims believe that

when you are born have a clean slate. Islam claims that sin exists because of human weakness.

Similarities and differences between Christianity and African traditional religion Similarities.

Both Christianity and African traditional religion make pilgrimages to hly places

Both in Christianity and African traditional religion use songs during worship

Both in Christianity and African traditional religion give names to those initiated in religion

Both Christianity and African traditional religion believe in the creator. God in African traditional religion God is referred to as Katonda among the Baganda, Ruhanga among the Banyoro among others

Both Christianity and ATR believe that human being have souls that inhabit their physical bodies. The soul is immortal. Once the body dies, the soul leaves the body and joins the world of souls

Both Christianity and African traditional religion have designated places for worship Christians worship in churches and ATR, people worship in shrines and temples eg the Sabo in Buganda

Both Christianity and African traditional religion have sets of rituals they perform carefully

Both Christianity and African traditional religion believe in life after death

Both Christianity and African traditional religion have religious leaders for example among the Baganda a religious leader is known as Kabona

Both religions have religious symbols and objects

Differences

In Christianity one must attend a formal theological training to become a priest. Pastor while in ATR, religious leaders are inspired through dreams and visions or inherit the role and responsibility from their parents

In Christianity there are written scriptures in the Holy book known as the bible while African traditional religion is oral and found in culture.

Christianity has particular days for prayers such as Saturday among the seventh day Adventists while in African traditional religion prayers are held any day depending on society's needs

Christianity evolved after the death and resurrection of Jesus while ATR evolved out of the experiences, inspirations, visions, dreams and revelations of wise ancient human beings.

Christianity emphasizes resurrection of the body while African traditional region emphasizes rebirth i.e. the dead coming back in another form.

THE END OF SENIOR ONE WORK

SENIOR TWO WORK BEGINS

THEME: MAN'S SOCIAL RELATIONS

TOPIC: RESPECT FOR HUMAN LIFE

Human dignity

This is the belief that all people hold a special value that is tied majorly to their humanity

Human dignity also refers to the respect that is attached to all human beings due to the fact that all human beings are supposed to be respected because they are created in the image of God

It is also the value attached to all human beings regardless of sex, physical appearance, race, age

WAYS HOW PEOPLE SHOULD BE TREATED IN THE MORDERN WORLD

- Assist those in need without considering their financial status
- Treat everyone with respect
- Treat men and women equally
- Equal access to resources
- All people should be treated with dignity
- All people should be treated with love
- There should be justice between the poor and the rich
- There should be civil and political rights
- People should be allowed to exercise their freedom of speech, worship, press association etc.
- People should be treated with honesty and integrity

CASES WHERE HUMAN DIGINITY HAS BEEN RESPECTED

• There is equality between men and women

- There is freedom of speech ,press etc. in society today
- Countries have put in place laws governing the country(constitution) to protect the rights of children
- There is equal access to all resources in most of the countries
- Women have been given chance to take part in politics in their countries
- There is peace and harmony among people In society today
- Reconciliation meetings have been held to promote and restore human rights
- The United Nations Human Rights Declaration has been put in place to promote human rights
- Religious leaders have advocated for respect of human rights through their teachings e.g. all human beings are created in Gods image and likeness

CAUSES OF HUMN RIGHTS VIOLATION

- Child sacrifice
- Corporal punishment
- Forced labor and child labor
- Forced marriages
- Domestic violence in homes
- Exploitation of workers
- Irresponsible parenthood
- Mob justice
- Bullying and teasing in schools
- Kidnapping
- Rigging of votes

WAYS IN WHICH SCHOOLS PROMOTE DIGINITY OF STUDENTS

• Giving students the same amount and type of food

- Allowing students to choose leaders of their choice
- Promoting good morals by school administration
- Counselling and guidance of students
- Treating all students equally regardless of class, age, status, etc.
- Condemning wrong acts in the school e.g. bullying, coupling, fighting, etc.
- Having integrity and being honest in school
- Encouraging fear and love for God
- Respect for self and others
- Putting in place programs that boost self-esteem and assertiveness
- School rules and regulations have been put In place
- Encouraging students to help those in need (charity)

WAYS HAW SCHOOLS HAVE VIOLATED HUMAN DIGINITY

- Corporal punishments are common in schools
- Children littering the compound thus giving tasks to the compound cleaners
- Bullying and teasing especially the new comers and the weak
- Examination malpractice which affect those who don't have access to the exam
- Expulsion of students which denies the student the chance to continue with studies
- Defilement and rape of young students by teachers and non-teaching staff
- Chasing students out of class, denying them a chance to study a given lesson
- Beating of teachers by students
- Inadequate food or denial of food by those in authority leading to starvation
- Failure to listen to students views or suggestion
- Children in schools are over loaded by housework
- Dodging lessons by students and teachers denying a child an opportunity to learn and make the teacher ineffective

WAYS IN WHICH SCHOOLS PROMOTE HUMAN DIGINITY IN THEMESELVES

- Guidance and counselling is provided to students who are traumatized
- They also have disciplinary committees that put right those in wrong
- Schools use students councils that guide students on what is right and wrong
- Expulsion of those that fight in schools
- Most schools make good use of suggestion boxes for the students to give in their opinions
- Using the assemblies to bridge the gap between the administration and the students
- The schools use noticeboards to talk ill against the disrespect of human dignity
- The use of talking compound e.g. no sex before marriage, avoid bad touches
- The schools use subjects like CRE and chaplains to emphasize that were all created in the image of God
- There are special people in schools such as senior woman and man, school counsellor to oversee the respect of human dignity

VIOLATION OF HUMAN DIGINITY IN SOCIETY

-It involves undermining the self-worth of a person /a group of people

FORMS OF HUMAN RIGHTS / DIGINITY VIOLATION:

Child sacrifice.

This is the ritual of killing children in order to please or appease the gods of supernatural beings /sacred social order in order to achieve a desired result.it is also the act of murdering a child by a witch doctor /any other person with the aim of getting wealth/solving any problem in the society

This is the ritual of killing children to please or appease the gods or supernatural being in order to achieve a desired result

it is the act of murdering a child by a witchdoctor or any other person with the aim of getting wealth or solving a problem in society

causes of child sacrifice

- It is caused by the greed of wealth among the people e.g. Kato Kajubi sacrificed Joseph Kasirye for wealth in Masaka
- Cultural practices e.g. sacrificing children for the gods to appease them
- The need for someone to prosper instantly
- The need to chase away evil spirits
- Children are seen as pure or people without any sin and therefore its believed that they bring better results
- It is also caused by depression
- Lack of guidance among the people
- Children represent a new life therefore offering them will bring prosperity in one's life
- Group influence leads to child sacrifice
- Permissiveness where people feel like there that they are free to do what they want
- Decline in religious constitution and values
- Unemployment due to shortage of jobs in the society toady which farces people to resort to child sacrifice so as to find employment
- The desire to revenge among some people due to misunderstandings In the society hence child sacrifice
- Ignorance of some people in the society
- Weak laws given by the government e.g. giving bail to the people guilty of child sacrifice

Solutions to child sacrifice

- Enforcing laws and in acting laws against child sacrifice
- Sensitizing the public on the dangers of child sacrifice
- Encouraging people to look for jobs and work
- Registering all witchdoctors ,traditional healers and giving them guidelines on their work

- Establishing organizations to fight for the rights of children e.g. UWESCO PACE etc.
- Teaching the general public that children are depressed and traumatized
- Involving religious leaders in the fight against child sacrifice
- Promoting equality for all people including children

MOB JUSTICE

Activity 1.2

Work in groups to do the tasks below

Study the pictures in fig 1.2 and discuss the ways in which people in the pictures have not been respected

- 1. Give examples how different peoples dignity is violated at school ,homes and in the community
- 2. Give reasons why all people should be respected
- 3. Write or prepare a word document why every human being deserves respect and honor

Number one.

Picture A- Children are laughing at the lame girl

Picture B- Children are imitating and laughing at the old woman

Picture C- Child is being beaten by the farther

Picture D- A woman is being beaten by a man

Number two.

- Kidnapping
- Forced marriages
- Child sacrifice
- Forced labor
- Domestic violence in homes

• Corporal punishments in schools

Number three.

- To promote peace among people
- To promote harmony among people
- To promote unity among people
- To promote love among people

Number four.

Respect is the honor one has for oneself and others. One must respect
and honor someone so as to control conflicts, to create love among
people, to create unity among people, to create harmony among
people. We should respect one another because we were created by
one God. If we do all that you get blessings and rewards from God

MOB JUSTICE

This refers to a situation where an emotional crowd of people administer a punishment for a crime committed without the following the legal means.

The suspected criminals may be punished by being stoned, burnt alive, stripped naked etc.

CAUSES OF MOB JUSTICE

Ignorance about the existing law by the emotional crowd of people.

Lawlessness in the society especially because of political instability.

Excessive abuse of drugs e.g. marijuana which involves one to act under the influence of drugs Corruption in the courts of law i.e. seeing criminals being defended in the courts of law

Uncontrolled anger among the people

Permissiveness where people feel that they are free to do whatever they want including punishing criminals the way they want

Idleness which influences people to do wrong things

Absence of religious values among people

Decline in cultural values

Group influence which attracts many people to the mob

Influence of the western culture which makes people to copy how other countries do

DANGERS OF MOB JUSTICE

Denies one the chance to defend him/herself

Leads to death of the victim

Causes permanent injury

Brings about public humiliation

Destroys evidence

Creates grudges /conflicts and calls for revenge

Disrespects the rule of law

Abuses Gods image in man

Undermines the works of the judges

Promotes violence

Shows a bad example to the public

It is irreversible

SOLUTION TO MOB JUSTICE

Sensitizing the public against mob justice

Formulating new laws

Enforcing the laws in existence against mob justice

Encouraging reconciliation and forgiveness

Counseling's and guidance

Promoting love for one another

Teaching respect for human beings (you shall not kill)

Enforcing joint forces of the security agencies to fight against mob justice

Emphasizing that all human beings were created in Gods image

Strict monitoring and supervision of the judicial system

HUMAN DIGINITY IN THE BIBLE

In Genesis 1:2-28, Genesis 5:1-2 .the first scripture shows that God created mam (male and female) in his own image and likeness so that they can resemble him. Therefore, human beings were given power over other creatures

The second scripture shoes that God created human beings just like himself. He created them male and female, blessed them and named them reality

MEANING OF CREATING MAN IN GODS IMAGE

It signifies that man is different from other creatures therefore it should be treated differently

It means that man is the only creature that resembles God

It means that man is special, therefore man is supposed to worship God his creator in a special through not equal to God

Man is showed being above all created things

It shows that man has a close relationship with God

It shows that man is a co-creator with God

It shows that man and woman are equal to God

It means that man is the master of all what God created

SANCTITY /VALUEOF LIFE IN THE OLD TESTAMENT

In Geneis1 and 2, the creation stories reveal that human beings were created in a special way compared to other creatures

Do you know that God had special reasons for man different from other creatures?

By creating special, God signified that life is valuable and sacred. Throughout the Old Testament, God punished all those that disrespected human life

Activity

In groups, read the Bible verse in the table and fill it with the teachings about sanctity.

Biblical text	Consequence of not respecting life
1 Kings 21:21-26	Death of every male in Ahab's family
2 Samuel 13:1-33	

Read the Bible verse below and fill the table with missing content

Bible quotation	Text about sanctity of life
Genesis 2:7	God made man out of dust
Exodus 20:13	Do not commit murder
Leviticus 20:10	One shall be put to death if a man commits adultery with the wife of the fellow –Israelite
Deuteronomy 22:22	Death if a man is caught having intercourse with another man's wife
Deuteronomy 17:17	Death by stoning done by eye witness to the act of adultery

Exercise

In your groups;

- i) Discuss the ways people who violate human rights are treated in your community
- ii) Share the findings in class

HUMAN DIGINITY IN THE NEW TESTAMENT

Jesus' attitude towards human dignity:

Jesus' attitude towards human dignity was positive

During his ministry, Jesus associated with everyone

Jesus healed people from various diseases e.g. he healed a leper

He carried the good news to the poor which liberated people from various problems

Jesus in the new testament teaches that the kingdom of God belongs to the poor

Jesus emphasized love for one another and he uses the commandment "love your neighbor a yourself"

Jesus also shows kindness to the needy

HUMAN RIGHTS

A right is something someone is entitled to

Qtn. What are human rights?

These are legalized rights that people are entitled to

OR. These are natural entitlements that all people in the world deserve by the virtue of being human beings.

Examples of human rights

- A right to have a name
- A right to choosing a leader
- A right to property ownership
- A right to peaceful community
- A right to democracy

- A right to freedom of movement and speech
- A right to education
- A right to privacy
- A right to get a partner for marriage
- A right to medical care

ORGANISATIONS / AGENCIES ESTABLISHED TO PROMOTE HUMAN RIGHTS

- The Aids Support Organization (TASO)
- The Uganda Police promote law and order
- Uganda Human Rights Commission (UHCR)
- United Nations Child Education Funds (UNICEF)
- The Judiciary –Courts of law
- The Army (UPDF)

IMPORTANCE OF RESPECT FOR HUMAN RIGHTS

It helps people to have basic need of life

They provide vulnerable groups from harm

They are allow people to speak when there rights are violated

They encourage freedom of speech

They allow people to love each other hence promote unity

They promote equality

They help in saving lives

They also help in protecting the environment

HUMAN RIGHTS VIOLATION

Refers to the disrespect of human rights

It is failure to recognize other people's rights in society

Examples /cases of human rights violation which are common in society

Child sacrifice

Bullying and teasing in schools

Mob justice

Irresponsible parenthood

Forced marriages

Child labor

Corporal punishment

Exploitation of workers

Rigging of votes

Kidnapping

PROMOTING THE DIGINITY OF CHILDREN AND WOMEN IN THE BIBLE

CHILDREN: Read Mark 10:13-16 and show how Jesus promoted dignity of children

Jesus rebuked his disciples from hindering children from him

Jesus blessed the children despite their young ones

Jesus accepted children to come to him

Jesus assured the children that the kingdom of God belongs to them

Jesus also loved the children and associated with them

WOMEN: Read 8:1-11, John 4:1-9, Luke 7:36-39 and show how Jesus protected the dignity of women

Jesus forgave the sins of the woman who had been caught in adultery

Jesus interacted with the Samaritan woman at the well of Jacob

Jesus forgave all the sins of the woman who cleansed his feet using her hair at Simons house the Pharisee

Jesus brought salvation to both men and women John 3:16

ACTIVITY 1.24(Pg. 30)

Tasks.

- 1. Discuss how Kwen was unprivileged
- 2. How was Kwen's dignity violated at his home
- 3. Apart from what is indicated in the story ,how else are children and women's dignity violated in your community
- 4. Write a proposal on possible ways of stopping children and women mistreatment

ACTIVITY 1.25: Reading the passage and attempting the tasks that follow

- 1. From the story ,how is life precious than gold
- 2. Write a summary to lessons you learn from the passage

ACTIVITY 1.26

- 1. What is the title of the poem
- 2. From the above poem ,what do you learn about human life
- 3. Discuss and come up with reasons why human life should be respected and protected
- 4. Write down a prayer thanking God for the gift of life

REASONS WHY LIFE SHOULD BE PROTECTED AND PROMOTED

Human life is sacred and the dignity of human beings is the basis for morals (ethics) in society It is because human life is given therefore, it should be preserved well Every person is precious and people are more important than things It is everyone's responsibility to improve life and dignity of all human beings

Life is very precious without it you cannot achieve anything

BIBLE TEACHING ON RESPECT FOR HUMANN LIFE

Genesis 4:10-16; There was termination of life, which aroused Gods anger and resulted into punishment

Cain was punished for not preserving the brother's life

Exodus 3;

God sent Moses to save the Israelites from the bondage in Egypt

John 15:13, John 3:16

For God so loved the world that He sent his own son to die for the sins of mankind and whoever believes in him shall not perish

Jesus laid his life for his friends and this the highest form of promoting human life

HUMAN DEVELOPMENT AND SEXUALITY ACCORDING TO CREATION STORIES

What is human sexuality?

It is the state off gender or situation of being either a man or female

Human sexuality refers to the way people experience and express themselves sexually

Human development; it refers to the biological, cognitive and socio-economic changes that begin at the conception and continue throughout one's life

Change; it is the transformation from one stage of life to another

TASK;

Identify the changes experienced by boys and girls at different stages of life/human development

Changes experienced by boys (males)

• Growth of beards

- Develop a high appetite for food
- Voice deepens
- Development of pubic hair around private parts
- Wet dreams
- Enlargement of penis
- Development of muscles

Changes experienced by girls (females)

- Growth of pubic hair around private parts
- Development of soft voices
- Development of pimples
- Sweat glands become active
- Enlargement of the hip borne
- Menstruation starts
- Attraction to the opposite sex
- Development of breasts

Activity 1.29; Reading the Bible and discussing human sexuality in groups

- 1. Read the creation stories in Genesis 1:26-28 and Genesis 2:5-18
- 2. Give the differences between man and woman in relation to Genesis 2:5-18
- 3. Discuss the come up with the meaning of the term complementarity
- 4. According to Genesis 2:5-18, what was Adams situation like before God made Eve
- 5. Identify the ways in which men and women complement each other at home, school and community
- 6. Discuss and write situations that would be impossible if they were only men

7. Record your findings and present them to your teacher and class

SELFRESPECT

This refers to the process of valuing one's body and having honor for ones own values i.e. paying respect for oneself before others.

HYGIENE AS SELF RESPECT

Hygiene is a series of practices performed to preserve one's health

Ways of promoting hygiene

- Nail cutting
- Washing and bathing
- Oral hygiene
- Hair care
- Putting on clean clothes

Ways how good hygiene promotes self-respect

- Having a clean and respectable appearance and pleasant evolvement is key to maintaining self esteem
- Having a clean home /school is important in terms of maintaining self-respect
- Proper care of laundry is key to lifting self-esteem and confidence

SIGNS OF POOR HYGIENE

- Bad breath
- Bad body odor
- Un combed hair

- Long finger nails
- Dirty clothes
- Unpolished shoes
- Dirty eyes

DANGERS OF POOR PERSONAL HYGIENE

- Disrespect
- Self-neglect
- Bad smell
- Sickness e.g. typhoid, cholera

SELFRESPECT THROUGH PROTECTING ONESELF COMMUNICABLE DISEASES

COMMUNICABLE DISEASES:

These are also known as infectious diseases or transmissible diseases.

These are diseases that can spread from one infected person to another

They can spread directly or indirectly

These include; Virus, Fungi, Parasites.

They also cause a large number of people to fall sick

Communicable diseases	Caused by	Importance of protecting one from catching the disease
Ebola	Virus	To preserve life

Covid 19	Virus	
syphilis	Virus	
Hepatitis A	Virus	
Hepatitis B	Virus	
HIV/AIDS	Virus	
Candida	Fungi	
Bacteria vaginosis	Bacteria	
UTI	Bacteria	

ABSTAINANCE

This means keeping away from sexual intercourse till marriage

Advantages of abstaining from sex:

It prevents un wanted pregnancies

It prevents transmission of STDS

It is free of charge because there are no costs involved

It reduces emotional damage and psychological challenge related to relationship

THEME: MANS SOCIAL RELATIONS

TOPIC: MARRIAGE

Meaning of marriage

Marriage is the intimate union and equal partnership of man and woman

Marriage is both a natural institution and a sacred union because it is rooted in the divine plan of creation

Marriage comes to us from the hand of God who created male and female in his image, so that they might become one body and might be fertile and multiply

The Catholic Church teaches that the valid marriage between two baptized Christians is also a sacrament, a saving reality and a symbol of Christ love for his church.

Marriage is therefore a formal union social and legal contract between spouses for a lifelong relationship.

Marriage is also a covenant in which the love of spouses is sealed and strengthened by Gods love.

Purpose of marriage

- 1. Marriage is for reflecting the image of God.
- 2. Marriage is for partnership of a woman and a man.
- 3. Marriage is for fulfillment of a Gods divine plan of mankind.
- 4. Marriage is for redemptive purposes.
- 5. Marriage is for reflecting Gods relationship to the church.
- 6. Marriage is also for intimacy and pleasure between the married couple
- 7. Marriage is for procreation i.e. the generation and education of children
- 8. Marriage also acts as an alliance between families for both economic and political reasons.
- 9. Marriage is also for companionship because true companionship grows out of oneness of spirit
- 10. Marriage is for enjoyment and the principle behind enjoyment is self-control
- 11. Marriage is for protection. A husband is to protect his wife by laying down his life for her
- 12. Marriage is for the growth in mutual love between the spouse.
- 13. Marriage is for fruitfulness since the very nature and character of God is to multiply life

TYPES OF MARRIAGE

There are three types of marriage:

- Customary or traditional marriage.
- Religious marriage.
- Civil or state marriage.

CUSTOMARY MARRIAGE

This is a type of marriage which take place within the established customs of a given community. In other words, it is a marriage arrangement where the customs or the cultures of a given community or a particular group of people are followed. This is a type of marriage common in an African setting.

CHARACTERISTICS OF CUSTOMARY MARRIAGE

- 1. The marriage is carried out following the customs or the cultures of a particular group of people.
- 2. The man intending to marry follows the cultures or the customs of the woman. This is because it is the family of the girl giving her a way to the family of the man in an official visit.
- 3. The marriage ceremony takes place at the ancestral home of the woman. The parents and the relatives of the man pay an official visit to the family of the girl pre-arranged. It is on this day that the woman is handed over officially.
- 4. It involves the payment of bride wealth and in some cases, exchange of gifts. This is where the family of the man moves along with some items including animals like cows, goats and beers and give them to the family of the girl.

- 5. In this marriage, the man has a superior status and therefore, the head of the family.
- 6. The parents and the rest of the family members can choose the marriage partner or approve the choice made by their children.
- 7. The community members are involved in the marriage arrangement. They are involved through giving sex education to the children, contributing towards the payment of bride wealth or even making choices among others.
- 8. Virginity of the girl is valued and respected in this type of marriage. A girl found to be virgin earns respect for her family and an additional gift could be given in appreciation for her moral uprightness.
- 9. Marriage is between people of different clans. This is because people of the same clan are considered brothers and sisters.
- 10. In this marriage, polygamy is recognized, accepted and respected. A man is allowed to marry more than one wife depending on his ability to take care of them.
- 11. There are rituals performed during marriage ceremony. Such rituals include praying, dancing and eating food among others.
- 12. The marriage is associated with taboos particular to community. Among others, having sex during funeral rites is forbidden.
- 13. Widows are inherited in this marriage arrangement. This is based on the ground that a woman married to the family belongs to everyone. Therefore, upon the death of her husband, either the brother or uncle of the deceased is allowed to take the responsibility as the husband.
- 14. The marriage is built on a permanent basis. Therefore, the marriage is a life time affair.

ADVANATAGES OF CUSTOMARY MARRIAGE

- 1. The marriage is relatively cheaper. Being a community affair, everybody contributes especially in the payment of bride wealth. This eases the tension associated with the payment of bride wealth.
- 2. It caters and provides solutions for unforeseen problems in marriages like infertility of the woman. This is because it allows polygamy.
- 3. It encourages and promotes sexual morality in marriage since virginity is highly valued and respected.
- 4. There is enough sex education given to the partners before and even after being joined together. This enables the partners to know their roles as husband and wife.
- 5. The marriage promotes the cultures of a particular group of people like keeping animals.
- 6. The marriage is long lasting since it is built on permanent basis. This enables the partners to enjoy their marriage relationship.
- 7. The marriage promotes unity not only between the two families but in the family community since everyone is expected to be part of it.
- 8. The marriage is more stable especially after the payment of bride wealth. This is also brought about by the continuous guidance given to the couple.

- 9. There is enough freedom given in this marriage since restrictions like religious differences are not considered.
- 10. This marriage is flexible. It gives room for polygamy and divorce in extreme cases like over beating of one of the partners.
- 11. This marriage considers that proper choice of a partner is made. The parents also are allowed either to choose or to approve the choices made by their children.

DISADVANTAGES OF CUSTOMARY MARRIAGE

- 1. It tends to promote inequality in a marriage since the man is considered to be superior and the woman inferior and submissive.
- 2. It may be expensive especially when they over demand the bride wealth like money and domestic animals including cattle and goats. This may make the groom's family poorer.
- 3. The interest of the community appears to be more important than interest of the couples. This means that the couples may not enjoy their marriage relationship.
- 4. It is also possible that one can marry a wrong choice. This is because the parents are allowed either to choose or to approve the partners for their children.
- 5. A lot of time is spent before marriage arrangement. Many steps are involved like identifying the partners, informing the parents, waiting for the parent's approval and the sex education.
- 6. The marriage can easily break. This is because it gives room for divorce in cases like infertility and marital unfaithfulness.
- 7. There is no evidence or legal document like certificates to show that the man and woman are husband and wife.
- 8. It is possible that the marriage can be unstable especially where the marriage is polygamy. Conflict arising from disagreement between co-wives can easily disrupt the normal family life.
- 9. It limits the freedom of the wife. This can be after the death of the husband where she is supposed to be inherited by another man within the same family.
- 10. The marriage can be affected by evil traditional practices and beliefs like witchcrafts.

RELIGIOUS MARRIAGE

This is a marriage arrangement where the religion or the faith of the couple is followed. It is a marriage conducted following the religious beliefs or practices of the couple.

CHARACTERISTICS OF RELIGIOUS MARRIAGE

- 1. The marriage ceremony takes place in a church premise or building.
- 2. The marriage is presided over by the religious leaders like pastors, priests and the reverends.
- 3. There is exchange of matrimonial vows between the partners. They do promise to stay together as husband and wife permanently in all circumstances.
- 4. Monogamy is the ideal type of marriage recognized and accepted. The man must marry only one wife.

- 5. Certificates are given after the marriage. This is to prove that the man and woman are legal husband and wife. These certificates are signed by the couple, best man, matron and the religious leader.
- 6. The couples are supposed to be of the same religion and in some cases the same religious denomination.
- 7. The marriage ceremony is done before a group of believers or congregation. They are therefore witnesses to the marriage.
- 8. There is exchange of wedding rings during the marriage ceremony. These rings act as a physical sign that the couples are legally married.
- 9. The marriage intention is announced in the church for a given period of time say two or three months.
- 10. The marriage is built on a permanent basis. It is only death that can separate them.
- 11. The couples are treated as equal in the marriage since both are created in God's image.
- 12. The traditional or customary marriage is supposed to have been conducted before going to the church.

ADVANTAGES OF CHURCH MARRIAGE

- 1. The marriage is relatively stable. This is because it is based on Christian values like love, humanity and faithfulness among others.
- 2. The marriage encourages and promotes equality between the husband and wife. This can enable the couples to enjoy their marriage life.
- 3. It enables a couple to give enough time for each other since it is one man and one woman in the marriage relationship.
- 4. The marriage is built on a permanent basis and therefore it lasts forever until death.
- 5. There is enough guidance and counseling before and after the marriage. The couples are required to attend counselling sessions in the church under the guidance of religious leader.
- 6. The marriage is more public. The congregation witnesses to the marriage ceremony.
- 7. This marriage is made more legal since certificates are given after to show that the two are husband and wife.
- 8. The couple receive blessings from God through the religious leaders. This means that the couples have a place in the heavenly kingdom.
- 9. It fulfils God's command of pro-creation. Through it, the couple can produce children in following God's command of multiplying and filling the world.
- 10. It checks against marital unfaithfulness like adultery and prostitution among others. This can make the marriage more enjoyable.
- 11. The couples are given enough respect by the community members as legal husband and wife.

DISADVANTAGES OF RELIGIOUS MARRIAGE

- 1. The marriage is very expensive. A lot of money is spent during the preparation for the marriage ceremony. Requirements which should be bought include the clothes, cakes and rings among others.
- 2. The marriage restricts one's choice of a partner. This is because the couples are expected to be of the same religion or religious denomination.
- 3. Some couples are very shy and therefore it becomes very difficult for them to stand and make promises before the congregation.
- 4. It can make one become a slave in marriage. This is especially in the event of difficult moments like fighting, poverty and constant illness of the partner. This makes the life of a partner very difficult since the marriage is meant to be permanent.
- 5. The marriage takes a lot of time especially in its preparation. The couples are required to first get letters of approval from their parents and keep on going for marital guidance and counselling before the actual date for the marriage.
- 6. Some people who marry in church tend to undermine other forms of marriages.
- 7. Some unforeseen problems like infertility in marriage are likely to destabilize the couples in future.
- 8. Some people with ill-intentions can easily destroy the marriage. This is because the marriage intention is open to the public to give their views during announcement in the church.

CIVIL OR STATE MARRIAGE

This is a marriage arrangement conducted following the law of the land as provided in the constitution of a given government.

CHARACTERISTICS OF CIVIL MARRIAGE

- 1. It is presided over by an official government representative. In Uganda, it is either the Chief Administrative Officer or the Resident District Commissioner.
- 2. The intention of the marriage is displayed on a public notice board. This is to enable the public to give their views on whether or not the couples can go ahead and marry.
- 3. The couples are required to get letters of permission from their parents in order for them to marry.
- 4. The couples are required to get the letters of introduction from the local council leaders. This is to prove that they are the residents of where they claim to live.
- 5. Certificates are given after the marriage. This acts as a legal document to show that the man and woman are husband and wife.
- 6. It officially recognizes monogamy as the ideal type of marriage. The man is allowed to marry only a woman at a time.
- 7. It gives room for couples to divorce especially in extreme cases like over fighting and marital unfaithfulness.

8. Family property belongs to both the husband and the wife. This is because the have equal rights in their marriage relationship.

ADVANTAGES OF CIVIL OR STAGE MARRIAGE

- 1. The marriage is more legal. The certificates given by the government can prove that the two are husband and wife.
- 2. The marriage is flexible. Among others, it gives room for separation and divorce in case of continuous misunderstanding in the marriage.
- 3. The marriage saves a lot of time. It does not require a lot of preparation.
- 4. The marriage is relatively cheaper. Only the two can even present themselves before the government representatives during ceremony and besides it may not require expenses like hiring cars and the after parties.
- 5. The marriage is protected by the laws of the land. This enables the couples to enjoy their marital rights.
- 6. It reduces unnecessary interference before the parents and the relatives. This is because the couples are subject to the state.
- 7. There is freedom of choice in this marriage. One is free to choose from any religion, tribe and race as long as there is love.

DEMERITS OF CIVIL OR STATE MARRIAGE

- 1. The marriage can be delayed especially if the government representatives are too busy with the state duties.
- 2. It is possible for the marriage to break easily since it gives room for separation and divorce.
- 3. The marriage can be destroyed by people with ill intentions. This is because the marriage intention is displayed on the public notice boards.
- 4. There can be cultural confusion in the family since the partners are allowed to marry from any culture.
- 5. The parents are denied their full rights over their children's marriage relationship. This means that the parents are detached from the affairs of their children.
- 6. There can also be religious confusion in the family since the partners are allowed to marry before any religion.
- 7. There is no marital guidance and counseling given to the partners. This may mean that the partners can easily make mistakes in their relationship.

MARRIAGE IN THE PRESENT SITUATION

(Its Pattern, Characteristics and Understanding) This concerns the way in which courtship and marriage are being conducted today. It also takes into consideration the different views expressed by different people on courtship and marriage.

- 1. Courtship and marriage are considered personal affairs. The parents are no longer involved in choosing marriage partners for their children. The roles of other members of the community.
- 2. Courtship and marriage requires the consent of both partners involved. The two must agree if there is to be any progress in the courtship and marriage.
- 3. Monogamy is preferred as the ideal type of marriage. The men prefer to marry only a wife.
- 4. However, polygamy still exists in some communities. Some men tend to marry more than one wife especially in the Islamic faith.
- 5. Living single lives is respected and accepted as normal. It is fashionable to some people. However, some people live as singles because of their faith or religion. For example, the priests and the Nuns.
- 6. Equality between the husband and the wife is emphasized in a marriage relationship.
- 7. The marriage choices are made by the partners themselves. However, there are cases where friends are used to help in the choice of a partner. Besides, the parents still have some roles to play like giving advises on the choice made.
- 8. Intermarriages are common today. The man or the woman can choose to marry between any tribe and race among others.
- 9. Church marriage preferred to any other type of marriage including customary and state marriage.
- 10. Women are playing active roles in courtship and marriage. They can choose marriage partners and can as well contribute towards bride wealth.
- 11. Marriage is increasingly becoming an affair for the rich. Some people tend to organize expensive introduction and wedding ceremonies. Besides, some of the parents tend to over demand for bride price.
- 12. For the marriage relationship to be successful two partners must agree to stay together as husband and wife.
- 13. Divorce is common in marriages today. The man and woman are allowed to stop interacting as a husband wife caused by domestic violence and marital unfaithfulness among others.
- 14. Some couples tend to produce few children. This is attributed to the influence of modern education and the high cost of living.
- 15. There is a debate of abolishing bride wealth. It is urged that bride wealth enslaves the woman and it makes some men to undermine the women.
- 16. Some partners tend to engage in sex before marriage (fornication). This may be due to peer pressure and the influence of pornography among others.
- 17. Sex education is ignored in modern marriages. This is due to generation gap and the fear that some children may put into practice what they have been taught.

- 18. Cases of marital unfaithfulness like adultery and prostitution are common in some marriages. This is one of the causes of domestic violence.
- 19. The widows have freedom to decide on how they can lead their lives. Some may choose to remain single while others to marry a person of their own choices.

Marriage as a custodian of love and honesty

One can be honest in their relationship by:

- Being open about his/her thoughts and feelings
- Following his /her promises
- Being consistent and reliable
- Avoiding vocalizing judgments
- Telling the truth even when the lie might protect him/her

Now that we know how to practice honesty in marriage, we need to know the following importance of honesty:

- 1. Honesty in marriage boosts trust. This is because partners feel safe, and loved in the relationship
- 2. It reduces partner stress When partners are honest, they reduce relationship anxiety and allow trust to blossom in the relationship
- 3. It also promotes healthy communication and makes it easier to resolve conflicts
- 4. Honesty creates respect between partners. This is because the more secure and loved the partner feels ,the more they show case their absolute best qualities and treat each other with similar respect
- 5. It builds a healthy foundation for love since there is life satisfaction and self-control
- 6. It encourages acceptance. This is because you have been upfront about who you are and what you believe from the start
- 7. It makes both partners feel comfortable. This is because feeling secure boots self-love and good mental health.
- 8. Being truthful is good for one's heart.
- 9. Honesty is a teaching tool since it can also help inspire those around you to live an honest lifestyle

The importance of courtship period

- a) A courtship is a period in a romantic couple relationship when they are dating
- b) Courtship can be defined as the slow, systematic process of pursuing the other person before you decide to let them in.
- c) It is also a relationship between a man and a woman in which they seek to determine if it is Gods will for them to marry each other.

The following are the importance of courtship in one's life

1. Courtship results into good choice of marriage partner

- 2. It ensures stability in marriage
- 3. It provides joy ,love and intimacy
- 4. Helps to learn the behavior of one another
- 5. There is enough time to negotiate and come into agreement for long life
- 6. It promotes virginity which in turn brings respect to the partner
- 7. It makes marriage meaningful and fulfilling
- 8. Allows many people to participate because it's inspiring
- 9. Promotes African traditional values and cultures
- 10. Discipline among the spouse is promoted and observed through life time
- 11. Limits regrets in life between the partners as they come to know their health status.
- 12. Promotes tolerance since the partners come to know their different interests.

Problems associated with not having courtship period

The following are some of the most common sources of marital stress and marriage problems

- 1. Disagreements over financial decisions e.g. investments, household spending etc.
- 2. Having different beliefs about money e.g. how much to save
- 3. Failure to talk about finances before getting, married
- 4. The challenge of one person in marriage making more money breed disrespect
- 5. Also the challenge of one person in the marriage spends more money may breed poverty
- 6. Financial strain as a result of supporting a child or children
- 7. Lack of support from family of friends
- 8. Daily stress may make a partner have less emotional energy to devote to nurturing the relationship
- 9. Besides, busy schedule is also a problem.
 - a) For example couples are always busy are often stressed especially if they are not taking care of themselves with quality sleep and a good nutrition
 - b) Secondly, busy couples may feel less connected because they have less time to spend together and more separateness in their lives
 - c) Also, couples may work together as a team and might find themselves fighting over who is taking care of which household and social responsible
- 10. Another challenge is poor communication. This is the biggest predictor of marriage problems since it belies damaging attitudes and dynamics within the relationship
- 11. Harmful behaviors for example smoking, excessive drinking ,nagging ,criticizing or even yelling at each other.

The value of preparing for marriage with reference to Genesis 24

Genesis 24 shows that Abraham prepared his son Isaac to marry Rebecca The value we got from chapter includes:

- Enable one to be committed to God and hid purpose
- Enables one to seek the counsel of parents and Godly mentors
- Encourages one to be realistic and submit to Gods sovereignty throughout the process
- Allows one to understand how difficult it might be during the whole process
- Encourages one to put himself in the position to find a marriage partner
- Encourages one to bathe the entire process in prayer
- Enables one to seek a person of high character just like Abraham servant was
- Enables one to observe the potential partner carefully
- It prepares one to first become Godly and obey his instructions
- Enables one look for a partner who is obedient to God just like Rebecca
- Allows one to practice sexual purity marriage
- It gives room to someone to seek for a partner and a marriage that magnifies God
- Finally one should also seek for a partner who wants to glorify God and build his kingdom together

Analyze the values of unity in marriage with reference to the Bible text in Genesis 2:18-25

The book of **Genesis 2:18-25** records Gods design for marriage this describes the original marriage as the basis for the almost everything else the Bible says about marriage. It also explains Gods reason for designing marriage and gives us many principles which if is applied, will enable us to build solid, satisfying marriages which honor God The value of unity in marriage therefore are basically two i.e.:

- 1. To meet our need for companionship
- 2. To provide an illustration of relationship with him

 The need for God to meet our need for human companionship requires that;
 - Marriage be a primary relationship. This is because God did not create a farther and a mother for Adam ,nor a child but wife
 - Marriage be an exclusive relationship. This follows from it being the primary relationship
 - Marriage be an exclusive relationship .The text says, to his wife, not wife. Monogamy is Gods design :one man, one woman for life
 - Marriage be intimate relationship. And they shall become one flesh. One flesh emphasizes the sexual union
 - Marriage be lifelong commitment between a man and a woman and God designed marriage to provide an illustration of our relationship with him
 Yes the Bible says that God created marriage for a purpose bigger than itself therefore marriage is a picture of believer's relationship with God

That marriage is an earthly picture of the spiritual relationship that exists between Christ and the church.

To discuss the importance of children in a marriage relationship using examples:

Children are young human beings below the age of puberty or below the legal age of majority

The importance of children in marriage relationship include;

- Children bring couples closer to each other in ma marriage relationship
- Children are a symbol of love between the partners. They allow parents to receive and give unconditional love
- Children are Gods best gift after marriage
- Children give a lot of meaning to the lives of the parents
- They are a source of joy and happiness
- Children are a source of having fun and playing hence makes parents to keep away from worries
- Children help parents to improve their knowledge as they instinct to safe guard the from the world
- Children also make parents unselfish because parents no longer think more all about themselves as partners
- Children make then world a better place ,they make us and others happy with all their good qualities and hope in the future
- Children help parents to create to create a family impact positively to the environment
- Children help to carry on the family name and values to the next generation
- Children still act as heirs to the parents especially the boy children
- Children are a source of labor to the family agricultural production
- Children help to fix the mistakes of their parents
- Children are a source of social pressure and expectations to the family
- Children help parents earn respect in society as they are given chance to enjoy existence
- Children are a source of parenting as they give deep satisfaction to the parents who watch them as they grow
- Children are a source of blessings to the parents from God

Analyze the value of children in a marriage with reference to Genesis 1:28, 21:6-7 and 1 Samuel 2:8

The book of Genesis 1:28 is both a blessing and a command to the value of children

- ✓ Children are blessing and a gift from God for marriage
- ✓ Children are a sign of respecting the commands of God
- ✓ Children are a source of future generations
- ✓ Children are a source of expanding the kingdom of God
- ✓ Children are a source of inheritance
- ✓ According to Genesis 21:6-7 children are a source of joy and laughter
- ✓ Children are a source of celebrations i.e. Abraham gave a great feast after the birth of Isaac
- ✓ Children are a source of respect and honor to God and parents
- ✓ Children are a source of God's faithfulness to his promises
- ✓ According to 1 Samuel 2:8 children keep the parents to be lifted up by God
- ✓ Children are a solution to a miserable life to parents who seem to be barren
- ✓ Children are a source of companionship to their parents
- ✓ Children area source of honor to the parents
- ✓ Children are a foundation of the earth where God builds the world from.

The values of love, patience and forgiveness with reference to Hosea 2 and 3

The book of Hosea 2 and 3 shows us that the sin of mankind does not present God's forgiveness to us.

To take the initiative to forgive others and restore relationships

It is tempting for us to wait for the offending party to ask for forgiveness before we forgive them

The humble heart will be willing to take the initiative to seek restoration

Forgiveness is not a once and I am done prospection but needed again and again

God wants us to love as he loves

There is room to grow love for our family members

There is need to how mercy even to those who do not deserve mercy

The respect of faithfulness in marriage is crucial

Discuss the conduct of husbands and wives in a marriage as it applies today with reference to 1 Peter 3:1-7

The role of the husband include;

- To protect his wife from all sorts of danger in life. Today this should be against the family dangers
- To provide leadership, that is taking charge of responsibilities and leading certain duties at home
- To love his wife unconditionally sine it is his primary responsibility
- To be patient with his wife sine she is an individual who may not have the same behavior or thoughts as him
- To fulfill the needs and wishes of his wife regardless of religion or culture.
- To spend time with his wife or family members
- To be there for her in times of need and happiness
- To respect his wife in private as well as in public
- To maintain a balance in their marriage between being a husband and a father
- To take her opinion on matters that concern their marriage and children
- To help his wife with household chores especially when she is busy, late from work or sick.

Wives have a crucial role in her husband's life which include:

- To bring a positive change in the man by guiding him on the right path.
- To love her husband unconditionally both physical and emotionally.
- To become her husband's helping hand during tough times.
- To keep the honor and dignity of her husband by not talking negatively about him to her family members.
- To support her husband by standing by him and work together as team.
- To be available since a wife needs a husband's company and a husband needs his wife.
- To respect her husband and value his opinion for what he is
- To fulfill the husband's needs like cooking for him, taking care of him when he is unwell
- To be faithful, remain loyal and committed to her husband no matter what.
- To seek the husbands opinion to show him that you value his opinions respect him.
- To take care of the house hold duties like keeping the house in order, tidy and clean

- To be responsible since being a responsible wife is a blessing to the family because one knows what to do and how to do
- To educate her children. Through parenting is a responsibility of both, but a mother play significant role in in educating her children
- To be patient since this doesn't come easily
- To take good care of herself for this will keep her smiling and healthy
- To identify ways of promoting stability in a marriage using John 2:1
- By observing Christian marriage /church wedding
- By practicing monogamous marriage
- By organizing marriage anniversaries
- Obedience is vital in marriage stability
- Observing the rules and regulations of the traditions of the society
- Love is an important ingredient in marriage stability
- Involving Jesus Christ in marriage affairs through prayers
- To write about and suggest ways of keeping a childless marriage happy

Although children play a significant role in marriage relationships, a childless marriage can be happy through the following ways;

- Permanence in marriage is very vital
- Faithfulness in marriage
- Forgiveness and reconciliation
- A wife to be submissive to her husband
- Prayerfulness for the family which keeps the family together
- Love between the partners should be over ridding factor in marriage
- Partners should fulfill their marriage duties
- Childless marriage is an honorable affair
- The partners should stick to their marriage vows
- The husband should provide total care for his wife
- The partners should exercise patience and wait for Gods timing.
- The partners should acknowledge that children are a gift from God so they should trust in God.
- They should depend on God the provider and giver of all blessings.
- The two partners should work hard and accept to make their marriage Godly.
- They should be honest to each other and live the what they are
- Writing about the expected Christian behavior in marriage with reference to 1 Corinthians

EXPECTED CHRISTIAN BEHAVIOUR IN MARRIAGE

The following are the expected Christian behavior in a marriage relationship:

- A Christian man should have his own wife
- A Christian man is expected to fulfill his duty as a husband
- A Christian wife is also expected to fulfill her duty as a wife
- The husband and wife should satisfy the other's needs.
- They are expected never to deny each other unless on agreement
- The Christian is expected to conduct prayers.
- The Christian is expected to always resume normal marital relations while in marriage.
- Exercise self-control so as to keep away from Satan's temptations
- The are expected to stay permanent in marriage.
- The Christian husband is expected never to divorce his wife.
- The Christian is expected to promote love in a marriage relationship the aspect of faithfulness in marriage is also reflected in 1 Corinthians.

Research and report about courtship and marriage traditional Africa

- Preparation for marriage in ATS
- Preparing the young ones begun at puberty stage
- The boys were taught by their uncles and the girls by their aunties.
- The girls were taught to keep their virginity because it proved the moral uprightness of the girl.
- There were initiation ceremonies like circumcision among the Bagishu to show maturity
- The boys were encouraged to identify the potential partners and inform the uncles and parents
- The girls who were ready for marriage were kept away from the public in some societies
- The families of the boy and the girl were introduced to each other so as to declare marriage intensions
- The boy's family could arrange bride wealth and inform the family of the girl about their readiness.
- The girls family was expected to respond to the declared intension on marrying their daughter
- On the day of the marriage ceremony, the grooms family presented gifts to the family of the bride

• In some cultures, the boy and the girl could be allowed to have the first sexual intercourse on that day under the supervision of the aunties.

THE AFRICAN TRADITIONAL UNDERSTANDING OF MARRIAGE (THE GOOD PRACTICES IN MARRIAGE).

- It was a customary type of marriage conducted according to customs of a given society.
- Marriage was communal affair since the parents and relatives were actively involved
- Marriage was heterosexual, that is, it had to be between people of different sex
- Marriage was sealed by the payment of bride wealth
- Marriage was also exogamous, that is, it had to be between people of different clans
- Polygamy was highly practiced for the benefits such as wealth, labor sexual satisfaction etc.
- Marriage was a process because it included exchange of services and visits
- Marriage was compulsory for every adult in the society
- Marriage was a social affair built on a permanent basis forever until death
- Marriage was taken to be religious duty for every normal person .it involved blessing from ancestors
- Marriage was a sign of immorality (living forever) through producing children
- Sexual intercourse was only allowed in marriage thus virginity was highly respected
- There was widow inheritance and in some communities a woman was believed to belong to every one
- Marriage was only allowed between within the same time

QUALITIES CONSIDERED FOR A MARRIAGE PARTNER IN AFRICAN TRADITION

The following aspects are considered when choosing marriage partners in African tradition

- They considered the family background of both the partners to check on the morality of a family
- The health status of a partner was a great concern to detect diseases like leprosy ,sickle cells

- Virginity was important aspect because virginity commanded respect and rewards to the family of the girl
- The characters of both partners was considered .the partners with qualities like respect ,honesty and kindness were taken on
- The clan was also considered since marriage with the same clan was exempted
- The hospitality of the partner was one of the qualities taken into account
- The beauty of the girl was a quality the Africans looked for
- The economic status especially that of the boy was also considered .the presence of a cattle and goats proved that the family was capable
- The cultural back ground of each partner was considered to create harmony between two families
- The ability of each partner to work was that is laziness was discouraged.

 THE WAYS TRADITIONAL AFRICANS USED TO ACQUIRE MARRIAGE PARTNERS.
- Traditional Africans acquired marriage partners through the following ways;
- Communal celebrations like wedding for example among the Acholi of northern Uganda who danced best was taken for wife
- They had go-betweens who connected the two parties. These where friends to the two for example among the Basoga of eastern Uganda aunties played this role well.
- Booking by the parents when the children were still young especially by mothers
- By parents choosing for their children especially those who were ready marriage
- Others were chosen by ancestral spirits if they were diviners
- Others through heroic acts, the men were given wives as gifts of good performance
- Some acquired wives through inter-tribal wars. These were given in exchange to stop fights and make peaceful co-existence
- Sometimes the people had accidental meetings where some partners appreciated each other
- Through beer parties during which one of the men could do it after excitement
- Through the celebrations of the last funeral rites where the widows could be inherited
- Through raiding where women were captured and taken as slaves and wives

• Through kidnap by strong men while going to the well, fetching fire wood.

IMPORTANCE OF MARRIAGE IN TRADITIONAL AFRICAN SOCIETY

- The following were (are) the importance of marriage in African traditional African society;
- Every person who got married was recognized a true and responsible person in the society
- Marriage was sacred and holy ritual to be performed by any normal person
- Marriage was aright passage through which individuals would produce children
- Marriage contributed to one's social status through respect and wealth
- Marriage contributed to one's economic prosperity through children and women who were source of labor to the man's farm
- Marriage showed that one was disciplined and well brought up
- Marriage was a channel of bearing children thus promoted continuity of life
- Marriage promoted unit among families, tribes, clans, cultures hence tribal cooperation
- Through marriage the dead were re born for example children were given names of their ancestors
- Marriage enabled the adults to have sex for pleasure, leisure and enjoyment
- Marriage enabled men acquire leadership positions in the society
- Marriage helped to promote sexual morality in the society as all adults had sexual relations in marriage.

IMPORTANCE OF COURTSHIP IN AFRICAN TRADITIONAL SOCIETY

- Courtship resulted into good choices of marriage partners which made marriage exist with less challenges
- It also made marriage since the couple had due appreciation for each other before getting married
- It brought joy of love and intimacy among the couples through exchange of gifts

- Courtship enabled the couple to learn the behavior of one another before marriage
- It provided for parental participation I determination of the marriage partners of their children
- Courtship was used to shape morals of the unmarried into good people that is the unmarried ere counseled and guided
- It helped to promote virginity among girls because it was one of the qualities looked for by the boy
- It led to respect and promotion of African cultural values because a lot of cultural idea were passed on the unmarried
- It marriage meaningful, respected and admired by many people in the society.
- It helped to reduce and prevent cases of incest among partners because they got to know each other thoroughly well
- It enabled the two families of the bride and groom to negotiate and appreciate bride price
- The courtship that took a long time enabled the couples to plan for their marriage in advance
- It also promoted permanence in marriage since the couple got married when they knew themselves
- It promoted trust and faithfulness among partners because of knowing themselves well
- Beside due to courtship the married partners respected one another and they were loyal to each other
- It enabled the partners to know and appreciate each other's interests in life and personal; weakness and strength
- Courtship was also a public declaration that a person had moved from childhood to adulthood

WHY THE PRACTICE OF COURTSHIP IS ON DECLINE IN OUR SOCIETY TODAY

- The practice of courtship is on decline because of the following reasons;
- The influence of western cultures in Africa which have no regard and respect of marriage
- Limited and lack of sex education to the youth today hence depriving courtship of its importance

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- The declining respect for African cultures by the youth today has made many of them not to carry out courtship before marriage
- The practice of selfishness and individualism among people toady limits the practice of courtship
- The influence of formal education which prevents some people from practicing their traditional practices like courtship
- The influence of women emancipation movement that gives women rights on their marriage relations
- The presence of killer diseases such as HIV/AIDS ,Ebola , Covid 19 in Africa which undermines the value attached to marriage today as well as the practice of courtship
- Negative peer influence where some people simply encourage each other to enter marriage on rush
- The rampant urbanization which tends to distance people from their traditional village obligations and practices such as courtship
- The influence of permissiveness in society toady where the youth have freedom to do all what to be delayed with issues of courtship
- The influence of increasing moral decay
- Among people in the society today has made most youth to have little respect for cultural obligations like courtship
- The presence of poverty has also made it hard for people to sustain long period of courtship due to courtship gifts involved

THE VARIOUS WAYS THE TRADITIONAL AFRICANS PROTECTED THEIR MARRIAGES

The traditional Africans protected /made their marriages stable through the following ways;

- The traditional Africans married within their own communities to protect marriages
- They taught their children marriage responsibilities before marriage
- By regarding marriage as a community affair
- They punished people who committed adultery to protect marriage
- By involving the family of the boy and the girl in the marriage arrangements
- Through the payment of pride price which kept the girls in marriage e.g. the Itesots
- By involving the ancestors in the marriage process

- By valuing the virginity of girls which carried a reward during marriage for example the Bakiga
- By involving parents in the choice of a marriage partner
- Girls and boys were given pre-marital counselling e.g. initiation rites among the Bagishu
- Sacrifices were offered to the gods before going for marriage to get blessings
- Polygamy was practiced to guard against divorce
- There was also teaching of hard work to future marriage partners

THE CHALLENGES FACED IN MARRIAGES TODAY/ CAUSES OF MARRIAGE INSTABILITIES

- The following reasons explain why modern marriages tend to break easily;
- Poverty is still a challenge among family members leading to lack of basic needs
- Unemployment especially when the husband is jobless leading to endless quarrels
- Influence from close relatives since they tend to visit and give orders in the homes
- Wide spread rumormongering by the people outside and inside the family hence leading to mistrust
- Childlessness especially if one has a fertility problem hence blame games and lose of love
- The long distances of work places which sometimes causes coming late home hence suspicious
- Unfaithfulness to marriage partners may be due to lack of sex satisfaction
- Children's rebellions and disobedience in the home since a well-disciplined child always belongs to the father
- Alcoholism and drug abuse among children and parents hence lack of cooperation
- Women emancipation and the increased failure by wives to perform their marital roles
- Inadequate sexual satisfaction to wives in marriage relations which lead to adultery, conflicts and fights
- Forced marriages among some communities which leads to short lived marriage relations
- Political differences among married couples causes conflict and divorce

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FAMILY

What is a family? A family is a group of people living together related by blood, marriage or adoption

A family is the smallest basic unit in the family

MEMBESR THAT CONSTITUTE A FAMILY

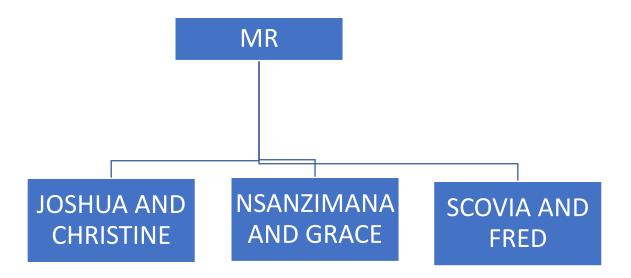
Qn. Outline the members/people that makeup a family

Father Uncles
Mother Aunt
Biological children Cousin

Grandfather Grand mother

Qn .From the above listed members; draw a family tree to represent your family

Grand parents



ROLES OF A FAMILY

A family provides a safe place where children are born and brought up.

It helps children to learn their cultures and norms.

It provides emotional support and sense of belonging

It helps in teaching the children values of respect and loyalty towards others

Other members in the family particularly the parents provide good examples to the children helping them to become good parents in future

A family provides security and identity to its members which they jealously guard against any disgrace

It promotes unity for all relatives especially in moments of happiness or grief

A family provides basic needs for its members i.e assist each other to survive

A family preserves and protects family wealth from being selfishly used.

It trains members the value of honesty and work etc so that they can later be able to live independent lives.

Study the Poem below

Family life was planned by God Father is the head of the family Wife is a helper to her family Children are blessings from God

Family starts small
Then grows when children are born
Children grow up and bear more children
Grand children also bear children

Family makes a clan Husband's relatives are welcomed Wife's relatives are welcomed Visitors are also welcomed

Family life provides help Foster families are on increase Orphans are catered for Needy children receive help

QUESTIONS

1. Give a suitable title to the poem Family life

2. Identify the importance of a family according to this poem

- *A family provides help
- *Orphans are catered for
- *Needy children receive help

3. Give the role of the following in a family.

- a) Father
- *To head the family
- *To buy food and clothes for family members
- *To pay school fees for children
- b) Mother
- *To prepare food
- *To take care of children
- *To wash clothes
- c) Grandparents
 - *To teach grandchildren the values of the family
 - *To teach grandchildren culture and norms
 - *To care for grand children

d) Aunties

- * To counsel children
- *To teach girl children marriage values
- *To show care and love to children
- e) Uncles
 - *To counsel children
 - *To teach boy children marriage values
 - *To show care and love to children

4. In your own opinion, what would the world do without the institution of a family?

In my own opinion, the world would lack values and morals which would be taught by parents and grandparents to children who would be parents in future so people in the world would be immoral and lack respect for others

TYPES OF FAMILIES

Nuclear family

This is a family made up of a father, mother and their biological children

It is the commonest type of family in the modern world

Extended family.

This is a family unity consisting of a large number of descendants in one line from one common ancestor. An extended family includes, multiple generations living under the same roof.

Such types of families may include uncles, aunties, family, friends and other distant relatives, ancestors etc. This type of family is common in ATS

SINGLE HEADED FAMILY/SINGLE PARENTHOOD

This is the type of family that is headed by one parent who may be either male or female. Such families are common today because of very many changes in society.

FOSTER FAMILY

This is a family where parents in the family simply adopt children according to their intentions and ability to support the children

PATRILINEAL FAMILY

This is the situation where the father is the head and the woman comes to the mother's home after paying bride wealth. In such families, the man is the head of the family and chief decision maker, the woman is submissive.

MATRILINEAL FAMILY

This is a type of family where the woman is the head of the family. In such family status property goes to the side of the woman, the wife is the owner of the children and has powers at home.

THE MAJOR TYPES OF FAMILIES

In Uganda, today we have two major types of families i.e. extended families and nuclear families

ADVANTAGES/BENEFITS OF HAVING A NUCLEAR FAMILY

A nuclear family is cheap to maintain because members are few and easy to manage

In nuclear family, children are given enough parental care because parents have enough time for their children.

Love is equally shared to all family members because they have close attachment to each other.

There are less cases of conflicts and quarrels because in a family there is a mother, father and their children.

Discipline is easily monitored because parents can easily monitor because they are supervised the way of life of their children.

There is cooperation and sharing of responsibilities in such families.

There is privacy in such families because of less interference from other members.

Decision making is very easy because issues are discussed by few members in the home.

Religious values can easily be imported in the children.

Children are likely to enjoy their freedom and rights because there is less external interference.

DISADVANTAGES OF NUCLEAR FAMILY

- -There is boredom at home since members are few and children grow up when they are lonely
- -There is selfishness among family members sine they consider themselves as the only members in the family.
- -There is shortage of labour to do work because of few family members
- -There are high chances of incest because members lack knowledge about their relatives
- -Children are less informed about the outside world since most of the time they are ever at home
- -Children are denied a chance of growing up with their relatives which is risky when parents die i.e. they remain alone.
- -Nuclear families suffer from permissiveness where children feel they are very free to do what they want.
- -There is cultural erosion because it may be difficult to impart culture in the lives of the children since parents are busy with work.
- -It may be difficult for the members of such families in case of any attacks.

EXTENDED FAMILY

- -There is enough labour force in the family because of the enough relatives
- -It is easy to impart cultural values in children, this can easily be done by grandparents who are always at home
- -There is division of work since work is shared among the family members such as cleaning the compound, harvesting etc.
- -Security is always provided in the family because enemies fear to attack big families
- -There is solidarity in a home since family members work together during the time of crisis
- -Children are easily disciplined because all family members are responsible for good morals among the children.
- -Children can learn values of sharing and generosity where they can help one another in society.
- -Elders can be consulted for advice especially on issues concerning or likely to affect the family.

- -Extended families act as training ground for responsible life in future because elders provide informal education to children.
- -There is enough company given to each other since there are many relatives in the home.

DISADVANTAGES OF EXTENDED FAMILIES

- -There is lack of privacy because of so many members in the compound.
- -Such families are expensive to maintain on the side of the family.
- -It is very difficult to come up with a decision in the family because of very many people to consult.
- -There is difficulty in accommodation due to the many relatives around.
- -There is a problem of incest which arises when distant family members share the same room.
- -Conflicts inasmuch families are common especially after the death of the main care taker.
- -In extended, there is over exploitation of family members due to too much work done in the family.
- -Discrimination is also common in such families especially the distant relatives who tend to ignore some of the family members.
- -Such families promote laziness because some members may refuse to work thinking that they are going to dodge some home activities give them to other members.

THE VALUE OF COURTESY IN THE FAMILY AND COMMUNITY

Courtesy refers to the kindness that you show towards someone .It also refers to the behaviour that if full of respect and politeness towards others.

Courtesy is all about using good manners to show consideration towards others.

WAYS HOW ONE CAN SHOW COURTESY TOWARDS OTHERS

- *Greetings one another using polite language.
- *Helping the needy people e.g. helping the lame to cross the road
- *Providing basic needs to the need.

- *Talking to the elders politely
- *Helping the orphans
- *Gifting one another.
- *Apologising to one another when in wrong.
- *Opening a door for someone.
- *Adopting the orphans.
- *Directing people the correct directions

THE VALUES/BENEFITS OF COURTESY IN A FAMILY

Courtesy promotes confidence among family members and community at large.

It promotes acceptable conduct in society and proper upbringing of all family members.

Courtesy promotes respect for all people regardless of age difference hence leading to harmony in society.

It provides you good name/reputation for the family and community at large.

Through courtesy the world becomes a better place to live in through various acts of kindness.

It results into community development as people mind what others are going through.

Courtesy helps to reduce disagreement in the family and the community.

ROLES AND RESPONSIBILITIES OF DIFFERENT MEMBERS IN A FAMILY

Roles and responsibilities of the mother in the family

A mother cooks food in a family.

A mother helps in decision making in a family

A mother helps to take care of the children

A mother helps in accompanying the husband

A mother helps to satisfy the husband.

A mother helps to promote good morals in children.

A mother helps a husband to develop the family

A mother helps to organise at home in a family

A mother helps in counselling children in a family

A mother helps in doing housework in a family.

Roles and responsibilities of a father in a family

A father helps in heading the family.

A father helps in providing basic needs in the family

A father helps in taking care of the wife when pregnant in a family

A father helps to provide education in a family.

A father helps in developing a family financially

A father helps in reproducing in a family.

A father helps in guidance to the children in a family

A father helps in paying school fees and bills in a family

A father helps in making good decisions for the family

A father shows love and care to the children in a family.

Roles and responsibilities of children in a family

Children help in fetching firewood in a family.

Children cook food in a family

Children wash utensils in a family

Children wash clothes in a family

Children dig in the garden

Children help in the house in a family

Children help in taking care of the young ones in a family

They help in carrying out poultry works in a family

Children help in washing cars in a family

Children help in mopping the house in a family.

Roles and responsibilities of uncles in a family

Uncles help in guiding and counselling in a family.

Uncles instil discipline in children in a family.

Uncles help in developing the family financially

Uncles help in replacing the head of the family in case of death.

Uncles instil cultural values in children in a family

Uncles give guidance to children at different stages.

Uncles provide basic skills to children

Uncles guide the boys in a family during manhood.

Uncles help in decision making in a family.

Uncles help in introducing distant relatives to the children in a family.

Roles and responsibilities of aunties in a family.

Aunties guide and counsel girls in a family.

Aunties teach children in a family about their religion.

Aunties instil cultural values in their nieces and nephew.

They pay school fees for the children if the parent can't do so.

Aunties advise a father and mother on how to raise their children.

They teach children at home how to do house chores

Aunties teach children at home how to relate with their distant relatives.

Aunties prepare the girls at home for marriage by telling them what to do and what not to do.

Aunties fill in for mother to help with the children if they are away.

Aunties can be god mothers to their nephews and nieces.

ROLES AND RESPONSIBILITIES OF GRAND PARENTS IN FAMILY

Grandparents name their grandchildren

Grandparents bless their grandchildren.

Grandparents instil morals in their grandchildren.

They teach grandchildren their religion

Grandparents teach grandchildren to do chores

Grandparents teach their children decent dressing.

Grandparents bless their children before marriage

Grandparents show grandchildren to their culture

Grandparents take care of their grandchildren.

BIBILICAL TEACHING ON RESPONSIBILTY OF MEMBERS OF THE FAMILY

The Bible provides guidelines on how each family members is supposed to relate with the others.

God created mankind to be happy and wants our families to be happy through fulfilling their roles with God's guidance.

EPHESIANS 6:1

Children have a duty to obey parents.

Parents should make their children angry.

1 PETER 3:17

Wives must submit to their brothers and husbands.

Women should not only consist of the outside beauty but also consist of their true inner self

Husbands must live with their wives with the proper understanding that they are weaker than them

Husbands should treat their wives with respect so toast nothing interferes with their prayers.

EXODUS 2:1-3

Women must give birth to children

GENESIS 24:1-66

The servant of the family must fulfil their master's promises.

The head of the family has a responsibility of giving anyone responsibilities in a family.

EXODUS 20:12

Children must respect their mother and father.

ACTIVITY

In pairs, read Ephesians 5:21-33, 6:1-4 and 6:5-9 and perform the tasks that follow

- 1. What should be the ideal relationship between a husband and wife?
 - Wives should be submissive to their husbands
 - -Husbands should love their wives just like their bodies
 - -Husbands should give themselves up to their wives
 - Wives should respect their own husbands
- (b) Children and parents?

Parents should provoke their children to anger

Parents should bring up their children indiscipline and instructions.

Children should respect their parents

Children should hour their parents.

THE VALUES OF HARMONY IN THE FAMILY

What is harmony?

Harmony is the state of promoting peaceful living in society

EVIDENCE OF HARMONY IN THE FAMILY

Good communication

Presence of love among partners

Interaction between family members

Creating time for each other

Presence of children

Respect for one another in the family.

IMPORTANCE OF HARMONY IN A HOME

Harmony promotes peace in a home

It grooms good family members

It promotes respect among family members

There is unity among family members

The family is stable and divorce cannot take place

MISUNDERSTANDINGS BETWEEN PARENTS AND THEIR CHILDREN IN FAMILIES

On Mention the conflicts you have experienced in your home

Poor food preparation at home

Poor cleanliness/sanitation at home

Damage of furniture at home

Dodging of domestic work at home

Delay in preparing of food

Playing with sharp objects and electronics at home

Disobedience at home

Poor time management at home

Laziness at home

CAUSES OF MISUNDERSTANDINGS BETWEEN PARENTS AND THEIR CHILDREN

Disobedience among the children

Bad peer influence

Improper treatment of children such as child battering

Lack of basic needs to the family members due to poverty

Science and technology which leads to misuse of phones

Unemployment which creates quarrels and conflicts

Divorce which may cause bad relationship between parents and their children

Immoral/unexemplary children and parents

DANGERS OF FAMILY INSTABILITIES ON FAMILY MEMBERS

Divorce

Early marriages

School dropout

Misuse of drugs

Forced marriages

Joining bad peer groups

Increase in street children

Diseases

Adultery

Death among some family members.

THE CURRENT FAMILY TRENDS/PATTERNS

In the modern world family life has greatly changed. This is because of the new changes that have taken place in the family system as seen in the following;

Today, there is equality between men and women which never used to be there in the past, although some men still mistreat their wives.

There is equality between girls and boys unlike in the past where boys were more favoured.

Polygamous families are phasing out and these are being replaced by monogamous families

Today leadership in a family is shared even women can head families

Today discipline among children is no longer an issue, children are free to do whatever they want.

Extended families are also disappearing, they are being replaced by nuclear families.

Divorce is common in families and it has been legalised unlike in the past where families had to be permanent.

Some husbands participate in domestic work such as cooking, baby sitting.

In modern families, there is tension between parents and their children, many children ignore the advice of their parents.

CAUSES OF THE ABOVE CHANGES IN FAMILY

High level of education acquired by some family members has changed their thinking capacity.

Parents are too busy they lack enough time for their children.

Women emancipation ha given chance to women to perform roles of women.

Influence of Christianity which encourages people to take up monogamy.

Economic hardship which has discouraged people from marrying many wives.

Scarcity of resources such as land which has discouraged people from having many children.

Presence of diseases such as HIV/AIDS which has limited the number of wives one has to marry.

Permissiveness where many people feel that they are free to do whatever they want.

Rural urban migration which discourages some people from staying with their family members.

Political instability as people are ever on the run to take care of their families.

CHRISTIAN TEACHING ON FAMILY

Activity 3:19

Read the following verses from the Bible and find out the bible teaching on family.

BIBLE TEXT	TEACHING ON FAMILY
Genesis 1:28	Have many children so that your descendants
	can fill the earth.
Genesis 2:18-24	Man shall live his father's home and marry
Malachi 2:13-16	Man should be faithful to his wife
	Man should fulfil his promises
Luke 8:10-17	Let the children come to me for the kingdom
	of God belongs to them

THE BIBLE TEACHING ABOUT FAMILY

THE OLD TESTAMENT TEACHING ABOUT FAMILY

The Old Testament teaches that family life was initiated by God when he created Adam and Eve in the book of Genesis.

It also teaches that family is the basic unit of society where members live together as a clan.

It teaches that children are a blessing from God in a family

It teaches that barrenness is a curse in a family. That is why people tried all means to get children

It teaches that a family is a centre of education where the children are supposed to be given morals and social instructions.

It teaches that in a family parents are supposed to look after children by providing all the necessities.

It teaches that parents are supposed to raise their children in a religious life (elkanah raised his child Samuel in a religious way)

It teaches that in a family there should be respect for each other I order to promote a permanent relationship in a home.

It teaches that in a family there should be natural love and respect as the basis for family relationships.

THE NEW TESTAMENT TEACHING ON FAMILY

In the New Testament, the Bible teaches that in a family: husbands and wives should love each other to promote harmony in a family

The New Testament teaches that women should be submissive to their husbands because through this the wives can win the hearts and love of their husbands.

The New Testament teaches that children are supposed to love and respect their parents

The New Testament teaches that parents should raise children with good proper moral conduct and Christian instruction.

The New Testament encourages faithfulness among family members especially those who are told to respect their marriage by avoiding adultery.

The New Testament teaches that there should be a good relationship among family members and parents should be concerned about the life and discipline of children.

The New Testament teaches that the father is the head of the family just like Jesus is the head of the Christian church

It teaches that a good family is where there is equality of all family members.

It teaches that in a family all family members should fulfil all their responsibilities and obligations by what is expected of them.

THE NATUE OF FAMILY IN TRADITONAL AFRICAN SETTING

Before the coming of Christianity and later on modernity, Africans had a certain kind of family setting.

In ATS, the main type of family was the extended family (polygamous family).

THE CHARACTERISTICS OF FAMILY LIFE IN AFRICAN TRADITIONAL SOCIETY

African traditional families were extended.

The family was social in nature

It involved rituals such as naming, initiation and sacrifices.

It involve informal education which was done by elders

The husband was the head of the family

Polygamy was practiced and was socially accepted.

There was widow inheritance by a brother, father or relative of the deceased.

Traditional culture, norms and taboos were strictly followed

Everyone had to get married and form a family

Families had to assist each other especially during crisis

Discipline was highly promoted and punishments were administered to wrong doers.

POLYGAMY IN AFRICAN TRADITIONAL SETTING

Polygamy is a situation where the man has more than one wife.

Advantages of polygamy in ATS

Many wives were a sign of wealth and prestige for the man

It promoted sexual satisfaction on the side of the man

Many wives were a source of labour

It was a solution against barrenness

It promoted culture of traditional African

The man would be assured of the services from all the wives.

Polygamy gave a chance for every woman to get married.

Disadvantages of polygamy

Such families were expensive to maintain

Many wives sexually starved as they would take long to see the husband

It led to increase of diseases e.g. gonorrhoea

There were misunderstandings and disputes in choosing a successor.

Jealousy and witchcraft were common which affected the relationship of the family

Children lacked guidance from the father and ended up with immoral behaviour

It resulted into undermining the dignity of women to sex objects

Polygamous families exposed family members to poverty due to many demands

Sometimes divorce was common if women failed to agree to conflicts

Decisions were hard to make in such families

<u>A COMPARISOIN BETWEEN AFRICAN TRADITIONSL FSMILY AND MODERN FAMILY LIFE</u>

Similarities

In both unity is encouraged in marriage

In both there is respect in family

In both children are important in the family

Both promote team work in the family

Both encourage love in the family

Both encourage fulfilment of each other's family

In both, hard work is encouraged in the family

In both, acts of kindness such as sharing are encouraged

Differences

Christianity encourages monogamy while African traditional families encourage polygamy

Christianity encourages people to identify their partners while in ATR parents identified partners for their children

The widow in Christianity are free to marry or remain unmarried while in ATR there is widow inheritance in the family.

WORK

MAN'S DOMINATION OVER THE WORLD

WORK

In the previous chapter, you learnt about marriage and family where emphasis was put on family roles and marriage

In this chapter, you will study about work and the different kinds of work that man can do in order to earn a living.

What is work?

Work is any productive activity that man does in order to earn a living. Work refers to any activity done individually or by a group of individuals and this can be physical or mental for the wellbeing of the society

Different kinds of work done in society today

Today work is both physical and mental

Physical work is the same as manual work.it involves the use of our energy to perform a particular task.

Examples of physical work include:

- -Pottery
- -Digging
- -Hunting

- -Cattle rearing
- -Brick making
- -Loading trucks
- -Slashing
- -Cutting trees
- -Carpentry
- -Lumbering

Mental work refers to the type of work done by people in society using brain and skills.

Examples of mental work include

- -Accounting
- -teaching
- -Graphical design
- -Acting
- -Engineering
- -Architecture
- -Journalism
- -Medicine

Administration

Music composing

Sometimes in society, one needs to apply both physical and mental work where one has to use his or her strength, brain and skills in order to do something productive.

On. Mention five types of work that require both physical and mental work

Engineering

Carpentry

Building g

Architecture

Welding

THE PURPOSE/IMPORTANCE OF WOK TODAY

People in Uganda today work because of various reasons which are social, economic and religious as discussed in the following.

Work provides people with income which helps them to sustain their lives

Work helps people to get basic needs of life such as food, shelter, medical care and these are important for survival of mankind

Work promotes unity and cooperation among the people because it brings people together hence promoting unity and friendship

Through work people are able to discover their hidden talents and one can use his or her talent to make her or his life better.

Work helps people to be recognised in society especially where one becomes known in the society because of the work he does.

Work reduces boredom in society and this is important in reducing the rate of crime in society since the individual is occupied all the time

Work promotes development in the society especially where different individuals invest money in their communities by promoting infrastructural development.

Work enables some individuals to acquire skills this is based on the training that individuals go through as they learn different types of skills such as online banking.

Work fulfils God's command on earth because God created man and gave him a command of work to make the work a better place to live in

Work promotes people's culture through particularly doing different activities that promote the way of life of people

Work improves on people's standards of living because people are able to acquire good facilities in life such as houses, medical care, and better food hence living a better life.

Exercise

- 1. Identify the type of work people in your society involve in and how they benefit
- 2. Brainstorm the type of work you have done before and give reasons why you got involved in that work

Carpentry-They earn a living after selling furniture

- -they get better standards of living
- -they improve on their creativity and innovation skills

NEW TYPES OF JOBS IN MY COMMUNITY

The following are the new types of jobs that people in my community do

- -Saloons for both male and female
- -Chapatti sellers -porters -Tailoring
- -Restaurants -Engineers Babysitting/maids/shamber boys

-Boda boda riding -Public speakers -Massage parlours

-Cobblers -Sex workers -Bakers

-Charcoal selling -Strippers -Juice making -Roadside vendors -Taxi operators -Brick laying

From the above jobs, identify only five and explain the skills that are required for someone to be successful in such jobs.

- 1. Mobile money business: It requires one to have the skills of counting money, detecting fake notes from real notes to avoid making losses
- 2. Bodaboda riders: It requires a skill of having self-discipline, proper training and self-control inured to avoid overspending.
- 3. Charcoal making and selling: It requires a skill of knowing how to make charcoal, having customer care in order to have a lot of customers.
- 4. Restaurants: It requires a skill of cooking delicious food, customer care, cleanliness and proper training in order to attract many customers to your restaurants.
- 5. Brick laying: it requires a skill of mixing soil in order to make bricks, accuracy and being careful to avoid damaging of bricks
- 6. Online business: It requires a skill of computer knowledge and design so as to attract customers through beautiful designs
- 7: Unisex salons: It requires a skill of trimming hair for men and making different hair braids like pencil and customer care for women in order to attract customers.

THE NATURE OF JOBS IN THE MODERN SOCIETY

In the modern society, people have been successful by doing a number of activities (work) to earn a living. However, it should be noted that in the modern world, new jobs have been created and this has created a new trend in work.

The new trends in work directly produce tangible results. Unlike in the past, today's work provides a variety of new job opportunities which are mental and physical in nature.

The nature of work in the modern world is mainly divided into following;

- i) Professional jobs
- ii) Non-professional jobs
- iii) Talent based jobs

- iv) Online jobs
- v) Middle men jobs

UNDERSTANDING PROFESSIONAL JOBS/WORK

A professional job is a career that requires an individual to go through training and education

These jobs require an individual to gather experience by going through different levels of education.

Examples of professional jobs

- -Doctors
- -Lawyers
- -Teaching
- -Engineers
- -Pilots
- -Architect
- -Authors

Assuming you want to become one of the professionals mentioned above, discuss eight requirements to do such kind of work.

1. Civil engineer

The following are the requirements needed;

Education

Qualifications

Hard work

Patience

Friends (social capital)

Creativity

Determination

God to bless our work

2. Doctor

The following are the requirements needed;

Education

Qualification

Hard work

Patience

God to bless your work Friends determination

Non-professional jobs

Non-professional jobs are jobs/careers that an individual can start with little training, education or without formal training.

Examples of non-professional work

Prostitution

Pottery

Chapatti making

Hairdressing

Tailoring

Carpentry

Brick making

Charcoal making

Lumbering

Bodaboda riding

Cobblers

TALENT BASED JOBS

This refers to work where an individual applies the natural inborn abilities to do a given piece of work. It is work based on skills or someone's special unique qualities compared to others.

Examples of talent based jobs include;

Singing swimmer
Dancing Footballer
Comedians beatboxing
Artists Chess
Kickboxing Athletics

Identify a person in your society or country and show his or her talent has benefited the community.

Joshua Cheptegei (athlete)

How he has benefited the community
Built a foundation for talent discovery
Made Uganda famous
inspiration
Employment
Infrastructure development
Government

Alien Skin (musician)

Benefits

Entertainment
Role model to many children
Source of income
Government gets taxes from his music
Fame.

ONLINE BASED WORK

An online job is a job where one can work from home, any remote location, or another place instead of reporting to work on daily basis.

Online jobs are becoming commonly today and more readily available as technology and internet connection continue to improve.

1. Examples of online jobs

Online marketing
Online retail services
Mobile money agents
Forex trading
Application
Content creators

2. Why would you prefer to work online?

Online jobs are flexible where by you can do more than one job a day online jobs are easy to operate
Online jobs are convenient
Online jobs reduce transport costs

3. Mention (4) dangers associated with working online

Fraud
Computer viruses which affect computer
Power shortage
Higher expenses in buying data
Cyber bullying
Slow network.

MIDDLE MEN WORK

A middle man is an individual that facilitates a transaction and in return he is supposed to get a commission or a payment for what he has done.

A middleman is like a go between/broker who is there to assist in the process of purchasing a product. Sometimes a middleman may buy a product at a lower price and sell it expensively at a higher price.

CAREERS

The word career is always used by the people to refer to a profession, occupation or a vacation.

A career is an occupation that is undertaken for a specific period of time by an individual

Someone's career involves a number of choices that someone would wish to take for a life time such as being a nun, priesthood, brothers, lawyers, doctors and teachers etc.

Factors considered when choosing a career

Level of education talent

marital status

salary/payment

health status

distance from work and home

Religion for example a Muslim cannot work in a pork joint

Gender

Period of training

Age

Risks associated with a career for example joining the army is too risky

Qn.Identify the careers of some of your family members

Entrepreneur Farmer Doctor Lawyer

Engineer Veterinary doctor

Accountant

Qn. Show how these careers are useful to the community where they live.

Treating the sick people
Giving jobs to the unemployed people
fighting for the rights of the poor
-Lawyer

Treating animals -Veterinary doctor

Promoting business

-Accountant
Building houses
-Engineer
Producing food
-Farmer
Taking care of the elderly and sick
Transporting goods
-Driver

Providing building materials -Hardware attendant

THE VALUE OF COMMUNITY PARTICIPATION IN WORK

You might have observed people in your community gathering together to clean a well, participating in general village cleanliness, clearing bushes around houses. This is what we call community participation.

Community participation basically involves citizens/individuals joining hands together to participate in a certain activity or decision that benefits all community members.

IMPORTANCE OF COMMUNITY PARTICIPATION

Community participation promotes unity in the society as people work together to achieve a common goal.

It enables community members to mobilise resources and take responsibility for their community

It promotes development through working together to achieve a common goal.

It encourages socialisation as people work together to solve the challenges in their communities.

It creates local networks and people can know how to help each other when faced with problem.

It encourages the community to work towards achieving a certain goal.

VOLUNTARY WORK IN SOCIETY

Voluntary work is the type of work done by people willingly without expecting any payment or reward.

Voluntary work is common in society and many people do it without force. This strengthens the relationship that exists among the people in society.

Examples of voluntary work include

Cleaning the society
House work
Burning rubbish dumped by roadside
Helping the elderly
Helping orphans

Reading the passage and performing tasks that follow

Teacher Gume is a patron for girl guides at Butemi secondary school. He held a seminar to the Girl Guides on how they could help the people in the society. He invited his colleagues; Daniel, Keith, Lucy and Katy to share their experiences on voluntary work.

Daniel Seth said," it is wonderful thing when a person volunteers his/her capabilities to help others. That is why God gives us these abilities. While it may not always appears so helping others is a good thing."

Keith Fob said, "My voluntary work is far different from what you think. I pick up trash around my neighbours hood to make it cleaner .I help people on wheelchairs by pushing them to cross roads. The things I do put a smile on peoples faces as well as mine."

Lucy Ann said, "I believe in making a difference in people's lives. Since the lockdown for COVID-19 in March 2020, I have been delivering food to the elderly in my community.it costs me nothing but time and a light energy to make a difference in their lives. I am always tired but my heart is full."

Katy Wall said, "volunteering is unconditional giving, it brings a sense of compassion to the volunteers that they are helping others selflessly for a good cause it gives them a sense of wellbeing and self-value it is a way to help other and it improves the community it results in personal growth and it is a way to gain work experience and learning more about certain jobs.

After the seminar, the girl guides formed groups A, B, C and D and decided to do the following voluntary projects

Group A: Growing flowers in the school backyard and organising a nature camp to sensitize people about environmental protection.

Group B: Volunteering as teen counsellors and donating used children's books to a school library.

Group C: Sensitizing people about COVID-19 as well as donating masks to the poor and the neglected

Tasks

- 1. Discuss how you understand voluntary work
- 2. Identify the voluntary activities mentioned in the passage
- 3. Explain voluntary activities in your community.
- 4. Brainstorm voluntary activities you can do for your school and community.
- 1. Voluntary work is the type of work done by people willingly without expecting any payment or any reward.
- 2. Picking up trash around the neighbourhood

Helping people on wheel chairs to cross roads

Delivering food to the elderly

Helping others selflessly for a good cause

Growing flowers in the school backyard

Organising a nature camp to sensitize people about environment protection.

Donating children's books to a school library

Volunteering as teen counsellors

Donating masks to poor and neglected people

Sensitizing people about COVID-19

3.Cleaning the village well

Helping the needy elderly

Giving charity to the poor people

Helping orphans by providing shelter

Cleaning the church surroundings

Organising roads and clearing bushes

Giving food to the poor people

Educating the poor children

School

4. Uprooting weeds around the school compound

Cleaning the school compound

Donating used text books to the school library

Planting flowers around the school compound to make it attractive

Community

Cleaning roads by sweeping

Cleaning the village wells

Helping the elderly to cross roads

Giving charity to the poor inform of money

VIRTUES/QALITIES RELATED TO WORK

While at places of work, it is important to do work very well so that we can achieve the targets of our work. During the working process, the workers are supposed to possess some qualities.in this section we shall look at the qualities of a good worker such as;

Dedication

Determination

Responsibility

Hard work

Honesty

Co-operation

Being exemplary

Creativity and innovation

Intelligent

God fearing

Approachable

RESPONSIBILITY

In work, it is important to be responsible and this is through being in charge of all our activities at places of work

A responsible person ensures that all work is done well and completed in time .this is done by showing up for work on time and responsibility means you are reliable to your supervisor, your work mates and clients.

Being responsible at places of work is a foundation for successful people and developing good work ethics among the people.

As Christian, you are called upon to be responsible in whatever you do because being responsible is self-rewarding. Responsiblity can also be applied in everything such as family, society, studies and work for proper relationships.

DEDICATION

Dedication means devoting yourself to something and dedication means being caring and loving to your work.

When you are dedicated to your work, you give it all your best and time and dedication determines the quality of work and level of success.

As a Christian, dedication is an important quality that you will demonstrate at your work, take your work seriously and by this you will be able to realise your potential and live a successful life.

DETERMINATION

Determination is the act of showing that you have decided to do something and you will not allow anything to stop you from achieving what you desire. The value of determination should look at someone's commitment to achieve the set goals regardless of the challenges you may face.

HONESTY

being honesty is always telling the truth by avoiding cheating or stealing Honesty looks at being truthful in work regardless of the situation that is taking place/prevailing.

You have realised that many workers think that it is sometimes better to tell a small lie if it is not going to hurt anyone. Workers are always encouraged to be happy and honest because telling lies can affect the operation of the business and once you tell lies to others sometimes you feel guilty and stressed.

Examples of acts of honesty
Charity
Keeping vows/promises

Openness

Telling the truth

Obedience

Respect

Confessing

Acts of Dishonesty

Stealing

Dodging prayers

Alcoholism in school

Disappointing others

Fornication

Murder

Telling lies

Exercise

Change, I had already left the school store as soon as I noticed I went back and gave him the money. The shop attendant was shocked .I also felt so good knowing that I did such a good thing

Task

- a) what is the importance of honesty according to the above story.
- b) Identify the acts of honesty in the above scenario/story
- a) Honesty brings joy to people

Honesty promotes friendship among people

Honesty enables one to avoid theft

Honesty promotes trust among people.

b) Returning excess money to the cashier

Telling the truth of being given excess money

COOPERATION

Cooperation is the act of working together with other people as a team with the aim of accomplishing a certain task.

Cooperation looks at the ability to work effectively and respectively with others to fulfil goals. From the above definition we can conclude that cooperation is working together to achieve a common goal.

As a Christian, you should cooperate with other people during work even as you study or live with. This will help you to achieve your own personal goals.

Exercise

"without cooperation, work cannot be effectively done."

Task

With reference to the above statement, as a CRE student what are the advantages of cooperation according to you

Cooperation saves time
Cooperation promotes team work
Cooperation promotes unity
it promotes sharing of ideas
It promotes creativity
cooperation build's people's confidence among members in the team
cooperation promotes respect for one another in the group
cooperation promotes a sense of being responsible in the group
it promotes friendship and mutual understanding
cooperation helps individuals to achieve their goals.

RELATIONSHIP BETWEEN WORK AND HAPPINESS

There is financial security whereby this is the primary source of income for most individuals. Having a stable income can reduce stress related to financial concern.

There is personal growth and development which allows continuous learning opportunities at work and this can enhance happiness.

There is achievement and self-esteem which leads to increased happiness with one's professional life

There are social connections which serves as a social environment where individuals interact with colleagues, build relationships and form friendships.

There is work-life balance which is crucial for overall happiness. When individuals have time for leisure activities, hobbies and self-care.

There is career-progression which contributes to higher levels of job satisfaction and happiness

There is work-life integration where individuals find fulfilment by integrating their personal interests

There is sense of purpose which provides individuals with a meaning in life, this can contribute to a greater sense of happiness at work place.

Why is it important to be happy at the workplace?

It attracts more clients

It helps people to work more effectively since they love what they are doing

It creates friendship between one and their workmates.

It indicates a sign of peace at the workplace

It creates cooperation/teamwork and unity

It creates a conducive environment for one to work well

It builds confidence at work

It promotes sharing at the work place

It promotes love among workmates

It gives a good reputation/name at the workplace.

Activity

List down (12) things that make workers happy at the workplace.

Getting enough salary
Being treated with humility
Giving them breaks from work
Free meals
Free accommodation
provision of entertainment e.g. television
Provision of Air conditioners
Getting salary in time
having less heavy work
Having cooperative workmates
Good network systems at the work place

Favour from the bosses

HOW EDUCATION HAS CHANGED PEOPLE'S ATTITUDES TOWARDS WORK

Education has given people knowledge and skills by simplifying work.

Education has increased competition on the job market by enhancing creativity and innovation

Education has provided individuals with adaptability which is needed at workplaces by equipping them with transferrable skills

Education has fostered individuals mind sets by encouraging them to think creatively and take risks.

Education has led to an improved social status by providing individuals with respect from others

Education has offered opportunities for individuals to practice their professional skills through continuous learning

Education has create awareness about labour rights by promoting fair working conditions

Education has empowered individuals to pursue careers that align with their passion and interests

Education has helped individuals to acquire qualifications which has helped to earn higher salaries

Education has contributed to a positive work ethic by ensuring that individuals meet their set goals.

WHAT ARE THE BENEFITS OF USING EDUCATED WORKERS

Educated workers have skills for example problem solving skills which can help to solve problems at work

Educated people require less initial training when introduced at work

Educated workers can effectively collaborate with others

Educated workers deliver high quality work which can meet the organisation's standard

Educated workers demonstrate leadership qualities such as decision making which can motivate others to be at the work place

Educated workers possess a higher level of knowledge and skills in their respective fields.

WHAT ARE THE DISADVANTAGES OF USING UNEDUCATED WORKERS?

Uneducated workers lack necessary skills and knowledge required to perform complex work/tasks.

They are prone to making mistakes due to their lack of knowledge and training.

They may not possess the necessary training to maximise their potential productivity.

They may have difficulty in adopting to changing work environment.

They often lack critical thinking skills needed to contribute to innovation and problem solving skills within an organisation.

They have low motivation skills for example they may feel stagnant in their role without the possibility of promotion.

Write down ways in which you can ensure that workers are happy at a workplace

By paying them in time

By giving them good salaries

By giving them good meals

By giving them day offs

By giving them bonuses

By giving them allowances

By giving them less heavy work

By being humble to the workers.

By giving them promotions

By providing entertainment like televisions to workers

WORK IN AFRICAN TRADITIONAL SOCIETY

Work in Africa Traditional society is characterised by various distinctive features that reflect the cultural, social and economic aspects of the community

Men and women in ATS worked without expecting salaries at all

Men and women in ATS worked together as one in the community

Men and women in ATS specialize in different activities for example men planted, ploughed, watered the crops while women harvested and sowed the harvested crops

In ATS, people who dodged community work were greatly punished.

In ATS, work was divided differently among people

Work in ATS was done hand in hand with leisure for example people fetched water from boreholes while singing songs.

In ATS, everyone was a boss in whatever they did.

DIFFERENCES BETWEEN WORK IN TODAY'S SOCIETY AND WORK IN ATS

Work today	Work in ATS
Men and women can both do the same kind of	Men and women have different kinds of work
work	
People work and receive salaries every month	People worked without expecting salaries
People work together in different areas doing	People worked together as one in a specific
the same work	area
People(both women and men) do outdoor and	Women did indoor work while men did
indoor work	outdoor work in the society
People ask for work leaves to allow them not	People who dodged community work were
to go to work	punished heavily
Work is given to people according to their	Work was divided differently among people
capabilities and efforts	in the society
Work now days is done by both men and	Work was distributed to people according to
women for example building houses	their gender/sex
Work nowadays is done separately and leisure	Work was done hand in hand with leisure
comes later	
Work nowadays is headed by a boss	Work in ATS, everyone was a boss in
	whatever they did
Work now days people rest on specific days	People would rest on any day they felt like
such as public holidays and spend less with	and spend more time with their families
their families	

Types of work in ATS

In ATS, various types of work are carried out by individuals meeting their needs of the community and contributing to its overall wellbeing.

<u>Agricultural work</u> for example digging, harvesting, planting which provided people with food and other resources for the community.

Traditional healing and spirituality, the traditional healers also known as

Fishing.in communities near waterbodies, fishing was their main occupation

<u>Animal rearing</u> for example herdsmen would take care of livestock, such as cattle, goats, sheep, pigs

<u>Trade and commerce</u>; traders engaged in local and regional trade exchanging goods and services for example sheep for a mirror

Pottery: craft men created functional items such as pots, cups, plates, pots of clay

<u>Oral traditions</u>: story tellers are individuals who preserve and transmit oral traditions, history and cultural knowledge through storytelling, singing and dancing.

WHY WAS WORK IMPORTANT IN ATS?

The word ethics refers to the standard of behaviour or guidelines expected of an individual in a society.

Ethics refers to the moral principles that are govern a person's behaviour. When looking at ethics, we deal with what is good and bad in human conduct.

In your classroom, there are many habits that are not good such as making noise, abusing teachers, dosing in class, stealing pens, coupling and yet your parents are always expecting you to perform well.

Just like at school, even at places of work, there is a set of guidelines which people are supposed to follow while doing work and this is what we call work ethics.

Work ethics looks at the standard of behaviour people at a certain place of work are supposed to exhibit foe example being professional, time management, respect, team work.

Work ethics are the right things to be done while at places of work and in groups

IMPORTANCE OF ETHICS AT PLCES OF WORK (THE NEED FOR ETHICS)

Ethics promote peace and friendship at places of work

Ethics promote team work as people work together to accomplish their goal.

Ethics promote honesty and integrity while at places of work.

Ethics help people to give fellow workers respect hence promoting good relationships at places of work

Having ethics promotes a spirit of self-drive among the workers.

Ethics promote discipline and proper moral conduct among workers in their different organisations

Ethics provide a conducive environment for work which helps workers to behave well while working.

Because of ethics and proper moral conduct, it results into easy completion of the tasks assigned to different workers

Ethics promote promotions and personal growth in the organisations such as elevating someone from a lower position to a higher position because of having good morals.

Exercise

1. In groups, discuss the work ethics you expect a worker to have while at a place of work. (9Answers)

- 2. Assuming you had a business, how would you help your workers to have ethics? (8answers)
- 1. Respect for authority where one obeys what he/she has been instructed
 - Honesty where one tells the truth at all times
 - -greeting among each other
 - -Sharing with one another
 - -Patience where one can wait before he/she gets something
 - -trustworthy where one can be entrusted with goods to sell
 - -hard work where one works hard to achieve a certain goal at work
- -Time management where one arrives and does work in time and is fast.
- -Self-drive where one provokes himself to do work without being instructed
- 2. I would help the workers by setting up rules and regulations to be followed while at the work place.

I would help the workers by giving them day offs to refresh their minds and have some rest.

I would help the workers by treating them with humility while at the workplace

I would help the workers by giving them bonuses according to their work so that they can work happily at the work place.

I would help the workers by giving them respect while at work.

I would help the workers by holding meetings and discussing the issues at the work place

I would help the workers by increasing their salaries so that they

I would help the workers by rewarding them according to their work so that others learn from them.

PROFESSIONAL ETHICS

Ethics are moral principles that govern a person's behaviour in a work place while conducting an activity.

Whereas professional ethics are standards set by professional organisation of behaviour and values of people working within a specific people

They ensure to help workers establish good behaviours at their places of work.

Provide a frame work for teachers to make good decisions.

They help teachers to create a self-learning environment for their students to excel.

Help teachers seek for professional opportunities and standards. Help teachers to make a postive impact on the students and the society.

PROFESSIONAL CODE OF CONDUCT FOR TEACHERS Activity1.3

Brainstorm how you would expect teachers to behave.

Teachers should promote cleanliness

Teachers should encourage students to improve and develop their personalities

Teachers should judge fairly to students regardless of their religion, gender and physical appearance.

Teachers should respect physical labour, ideal of democracy and peace.

Teachers should dress decently when they are teaching.

Teachers should manage their private affairs in manner with consistent to their dignity of a profession

Teachers should treat the non-teaching staff as colleagues and equal partner in service delivery teachers should be approachable

Teachers should be aware of social problems of their learners and take part in providing solutions to create a conducive environment for learning.

Activity1.31

Select one profession of your choice and identify its work ethics

DOCTORS

They should be punctual

They should base their practice on respect for fundamental rights in relation to patients and society

They should safe guard the interests and integrity of the patient

They are responsible for providing necessary information to patients about their conditions.

They should not exploit a patient sexually, religiously in any way.

They should employ methods included by sound medical practice on examination and treatment

of patients.

They must show respect for colleagues at the work of place

They should take care of their own health and ask for help if they fail.

AGREEABLE BEHAVIOURS IN SOCIETY

Having skills

Spirit of sharing with others.

Commitment

cooperating with others

Appreciation and tolerance

Being polite

Kindness to others

Being empathetic

DISAGREABLE BEHAVIOURS IN SOCIETY

Indecent dressing

corruption

Smoking

Obscenity

Showing lack of patience with people

Selfishness

Sexual harassment

CHALLENGES FACED BY WORKERS

Sexual harassment

Under employment

Poor accommodation facilities

Segregation

Corruption

Jealousy

Over working

Poor feeding

High tax burden

Mistreatment by fellow workers

SOLUTIONS

the government should reduce on the PAYE tax related to workers

The government should set strict laws against sexual harassment at work places by imposing heavy fines and punishments to enforce the law.

Organisation should be given leisure time.

Refreshment courses should be organised for workers to put emphasis on work ethics

Employers should provide insurance, medical and education for their workers

Sensitising workers about their rights.

OUALITIES OF A GOOD EMPLOYEE

A good employee keeps time.

A good employee should be honest and creative

A good employee should dress smartly

A good employee should be hardworking

a good employee should be royal to the employer

A good employee should be trustworthy

A good employee should be kind to others.

QUALITIESOFAGOOD EMPLOYER

A good employer should be trust worthy

A good employer should be sensitive to people's feelings

a good employer should be reliable

A good employer should keep time

A good employer should be patient

A good employer should be a good listener

A good employer should be exemplary.

DUTIES AND RIGHTS OF EMPLOYERS TODAY

RIGHTS OF EMPLOYERS

A right to hire and fire

A right to loyalty

A right to protection

A right to innovation

A right to expect fair payment

A right to conduct business

A right to promotion

DUTIES OF EMPLOYERS

Paying the employees

Provide good working conditions

Promote welfare of employees

To train workers and improve their performances

A duty to promote good relationship with workers at the workplace

A duty to give retirement package to the workers

RIGHTS AND DUTIES OF EMPLOYEES

RIGHTS

A right to good working conditions

A right to belong to any trade union

A right to be respected

A right to have a work leave

DUTIES

A duty to work hard

A duty to be loyal to the boss

A duty to do the best at the workplace

A duty to accept all the assignments

Qn: what are causes of disagreements between employers and employees?

BIBLICAL TEACHING ON WORK

OLD TESTAAMENT

the bible teaches that;

Work is a blessing from God

The bible encourages hard work

Laziness is highly condemned

Work is gift from God

The bible encourages skills and talents

Work well done is rewarded

Men should be co-workers to God

There is time for everything (Ecclesiastes 3)

People should work for food

People should work to glorify God's name

NEW TESTAMENT

New Testament teaches delegation in work

He who doesn't work shall not eat (thessalonians3:10)

Harmony at places of work

Encourages sharing at workplace

Jesus was a worker so Christians should work

Work is God given

IMPORTANCE OF WORK IN THE BIBLE

Work promotes development in the society.

It promotes harmony among people

It glorifies God's name

It encourages hard work

It encourages team work

It makes people more active and discourages idleness

It helps us to fulfil God's commands

Hard work is rewarded and workers can improve their living standards

Activity; Why was Jesus regarded as a good worker

He promoted team work

He united people

He respected his co-workers (disciples)

He delegated work

He accomplished his task

He was cooperative

He balanced work with leisure

LESSONS CHRISTIANS LEARN FROM JESUS AS A GOOD WORKER

Christians learn to pray to God

Christians learn to be hardworking

Christians learn to respect their fellows at work places

Christians learn to develop talents

Christians learn to be cooperative

They learn to delegate

They learn to accomplish their tasks

Christians learn to glorify God's name

Christians learn to be united at work places

ACTICITY 1.52

Understanding the importance of work in the Bible

In groups, using Good news Bible, look up for the verses in the table 3.66 and do the tasks that follow.

Table: 1.4 showing the importance of work according to the Bible

Bible verse	Why should you work according to the
	Bible?
Ephesians 5:15-17	To fulfil God's plan of working

1 Timothy 5:8	To be able to take care of our relatives and
	family members
Genesis 1:27-28,Gen 2:15.Deuteronomy 5:13	To fulfil God's plans of work for us
Prov 21:25,2 Thessalonians 3:11,Prov 20:13	To keep ourselves busy and avoid laziness in order to have what to eat
2 thess 3:10,Prov 12:14,Prov 28:19	To earn ourselves what to eat in plenty
Acts 20:35	To be able to help the weak and get more happiness
Ephesians 4:28	To earn an honest living for ourselves and be able to help the poor
John 4:34,Mark 6:3	To please God
Colossians 3:23-24	To get the reward God has for you
Eph 5:15-17	To fulfil God's plan of working

Task: In groups

- 1.Discuss the benefits of work as depicted in the verse above
- 2. Present your work to the rest of the class through a discussion
- 3. Write the main points in your notebook.

BENEFITS OF WORK AS DEPICTED IN THE VERSES ABOVE

Work enables people to live like wise people but not ignorant people.

Work enables people to take care of their relatives and family members.

Work enables people to have respect for each other and God.

Work enables people to better their own lives and stop robbery in order to help the poor.

Work enables people to help the weak and have happiness through giving.

Work enables people to have what to eat.

Work prevents people from being lazy and start their own businesses.

Work enables people to be hardworking and avoid laziness.

WEALTH AND DEVELOPMENT

Meaning of Wealth

Wealth is the amount of money, property, valuable items/possessions and business ventures a person or a country owns.

Wealth can also refer to accumulation of valuable resources by an individual or society.

Meaning of development

Development is the process of changing from one level to another.

Development looks at social transformation, growth, progress, change and advancement which can be to an individual or the community at large.

ACCEPTABLE AND UNACCEPTABLE WAYS OF ACQUIRING WEALTH

ACCEPTABLE WAYS OF ACQUIRING WEALTH

In the modern society, people acquire wealth in different ways, acceptable ways of acquiring wealth are those that are morally upright and do not affect others wealth in a proper way. The following are the ways of acquiring wealth in the right way in the modern society.

Through inheritance where one can inherit the property of their parents under the guidance of family members.

Through farming where one can get involved in a number of activities such as animal rearing, commercial agriculture.

Through investments where one can invest in a number of business ventures such as industries, small scale businesses.

Through hard work where an individual can work hard to make his life better.

Through getting involved in different jobs especially professional jobs and receive payments for the work they have done as salary.

Through savings from salary where they can keep part of their money for future use. Through buying shares from various companies which can help an individual to be part of the company and share profits at the end of the year.

Through getting donations/grants from developed countries and international organisations such as IMF, world bank.

Through talent such as great athletes, musicians.

Through selling of property such as land.

UNACCEPTABLE WAYS OF ACQUIRING WEALTH.

These are those ways that are not lawful and are not morally upright.in this way someone will acquire wealth at the expense of others which can negatively affect the society. Such ways include the following.

- -Chid sacrifice
- -Corruption
- -Embezzlement of funds
- -Fraud
- -Human trafficking
- -Theft
- -Gambling
- -Witch craft
- -Prostitution (sexual immorality)

TASK

Alinde lived in Katanga village with his parents. They were a happy and rich family.one day, Alinde's father was bitten by a poisonous snake while patrolling around his house at night. He was rushed to the hospital but he died shortly and later he was buried after 2 days.

Karuhanga who was a family friend to whom Alinde's father had entrusted with most of the documents for the family property such as the land title, will, car cards and many other valuable property disappeared after three years. People in the village soon forgot about Alinde's father but Alinde himself did not forget, he was always sad and many times he cried for his father. After sometime Karuhanga, the family friend came back claiming that Alinde's father had sold him all the property and he had changed all the details on the documents into his names. Karuhanga also claimed that even the land near Alinde's house and all the neighbours belonged to him. The used force, chase them away with the help of security and graders that demolished all the property on that land. After getting that land, he built a big mall and six arcades and right now, he is regarded to be one of the wealthiest people in that community.

Questions

- 1. Identify the ways through which Karuhanga acquired wealth Through theft
- 2. Brain storm on the other unacceptable ways people in your community get wealth

Through corruption

Through witchcraft

Through child sacrifice

3. As a CRE student, discuss the better ways in which people can acquire wealth in society.

Through talent such as singing

Through savings from salary

Through hard work

Through inheritance.

ADVANTAGES OF ACQUIRING WEALTH USING ACCEPTABLE WAYS.

Acquiring wealth in acceptable ways can help someone to enjoy his/her wealth in peace.

One gets God's blessings for the hard work.

One earns respect in society

One is able to get the basic needs of life such as education, food and other necessities

It helps one to get financial in order to do whatever they want in their money.

It shows a good example to the public which encourages people to also learn from you.

It promotes development in the community through investing money to develop one's society.

ABUSE OF WEALTH

In modern society, people misuse their wealth through doing things which are centrally to what is expected of them.in the modern society, you will realize that there are many events in our society which reveal that wealth is dangerous and riches can cause all kinds of negative activities. Such events include the following; some people have used their wealth to sacrifice others in order to please the gods they worship.

Some people have used their wealth to promote bribery and corruption.

Some people have been involved in illegal businesses such as human taffficking, drug dealing, organ trafficking.

Some people have been involved in sponsoring evil activities such as homosexuality, prostitution.

DANGERS ASSOCIATED WITH WEALTH

There are many dangers associated with wealth today such as greed and corruption, pride and arrogancy, exploiting the poor but in this section focus will be put on greed and corruption are closely related.

GREED AND CORRUPTION

Definition of corruption

Corruption is an act of dishonesty or misconduct that specifically involves bribery. Corruption is the use of public power for private gains.

Corruption deals with misappropriating or misuse of public funds or public office for personal or private gains.

GREED

This is the selfish desire for something especially wealth, power or food. Greed makes people to have uncontrolled desire for something even when it's unnecessary.

Greed is usually engineered by selfishness and having a craving heart.

Causes of Corruption

Poverty: This is a state of inadequacy in terms of finances.

Unemployment: This is a state of being without a job

Weak laws: This is the state of undermining human rights

Poor example from the public.

Greed for material wealth: this is the state of being unsatisfied/uncontended of the little someone can possess.

Pride and arrogance.

Decline in morality: This is the state of being morally poor

Delayed payment.

Permissiveness in the society.

Decline in cultural values.

DANGERS OF CORRUPTION

Corruption is a sin before God

It affects the operation of justice

It results into decline of morals

It violates professional ethics

It accelerates/spearheads crimes in the society

It leads to disrespect in the society especially after getting involved in corruption scandals

It portrays a bad image to the public.

SOLUTIONS TO CORRUPTION

Proper payment of workers

Use of government bodies for example Anti-corruption unit

Use of punishments and fines to the victims

Public servants should be sensitized on dangers of corruption.

APPROPRIATE USE OF WEALTH (PROPER USE OF MONEY)

Wealth can be used in the following ways;

Helping the poor/charity

Supporting church activities

Supporting religious leaders to preach the gospel especially street preachers

Fundraising in church activities

Establishing orphanage centres to help the orphans and the needy.

Provision of basic needs to the poor.

UNACCEPTABLE WAYS OF USING WEALTH IN SOCIETY TODAY

Corruption

Gambling

Bribery

Drug abuse

Child sacrifice

Witch craft

Murder

Immorality

CHRISTIAN CONTRIBUTION TO THE DEVELOPMENT OF THE SOCIETY

WAYS HOW CHRISTIANS CONTRIBUTE TO THE DEVELOPMENT OF THE SOCIETY Helping the poor

Financing the gospel

Paying taxes to the government

Funding church activities

Creating employment opportunities for Christians

Infrastructural development for example building roads

Praying for peace in the country

Promoting education in the country through church activities

Promoting good governance and leadership.

How do the following organisation contribute to the development of the society?

ORGANISATION	DEVELOPMENT ACHIEVED
Scripture union	It improves on people's relationship with God
Mothers union	It unites all mother's to be an example to the rest e.g. children and faithfulness among married
Catholic women organisation	It encourages women not to be lazy but hardworking
Bible study	It enables youth to get the Bible knowledge about work
World vision international	It enables Ugandans to fulfil their big visions and be successful and through education, medical
YMCA	It encourages young men to work hard in society and teaches youth practical skills through education
Compassion international	It raises people's compassion of doing work and it leads to success. Provides education to needy

THE VALUE OF GENEROSITY

Generosity looks at kindness. This is the quality of being kind to others and giving them good things freely and abundantly.

Generosity promotes the following;

Happiness

Compassion

Bring joy and freedom among people empowers people and builds self-esteem

Kindness and a spirit of charity among people

Helpless advantaged people to be catered for in the society Helps one get blessings from God through helping the poor.

WEALTH AS A SOURCE OF HAPINESS

How does wealth make people happy?

It can make someone successful

It helps people to invest and become rich

It helps people to acquire property

It can help man to support God's activities

It helps people enjoy leisure especially due to the ability to spend

It helps people to do charity

It helps people acquire their basic needs

It helps and gives people capacity to acquire good things in life

WEALTH AS A SORCE OF SUCCESS

Wealth can help people to be more committed to God and work hard hence success

It helps an individual to achieve personal goals

It can help an individual to achieve society needs hence success

It can help someone to help the less advantaged members of society

Wealth acts as security in the old age especially when one is unable to work

HOW MONEY AND OTHER FORMS OF WEALTH CAN REDUCE HAPINESS

Wealth can make someone miserable

Result in domestic violence

It leads to adultery

It makes someone ignore their children

It can cause separation/divorce when partners fail to agree.

Improper use of wealth can lead to stress

Money can create enmity through pride and arrogance

Having too much money can lead to loneliness hence unhappiness.

EFFECTS OF WEALTH AND DEVELOPMENT ON THE ENVIRONMENT

Developing our surrounding puts a cost on our economy which puts heavy damage on the environment and its surrounding.

One of the greatest challenges facing humanity is environmental degradation; development results into the following; deforestation, desertification, pollution, scarcity of water resources, exploitation of resources, wetland degradation.

Increased temperatures due to wetland clearing and deforestation.

Dumping of wastes in the water hence damage the environment.

THE AFRICAN TRADITIONAL VIEWS ABOUT WEALTH AND DEVELOPMENT

Wealth was counted in terms of material property like cattle and children

Property assets such as land, forests and waterbodies were communally owned

Wealth was taken as important because it benefited the society

Wisdom and age were more valued than wealth

Traditionally wealth was associated with the community

Wealth was seen as a blessing from God

Hard work caused wealth and this explains why laziness was highly discouraged.

Wealth promoted brotherhood by creating love and good feelings for others.

Wealth was a source of respect to the people because it attracted status in society thus made people to develop their communities

WAYS THROUGH WHICH WEALTH WAS ACQUIRED IN AFRICAN TRADITIONASL SOCIETY.

Wealth in ATS was acquired in the following ways;

Hard work among the people

Inheritance from parents

Investing in material wealth like cows, goats and sheep

Through competitions i.e. winning a competition and one get property

Bride wealth especially while giving away one's daughter

Wealth was acquired through friends who would give wealth to others

Barter trade where people involved in exchange of goods for goods

Wealth was acquired through blessings from God who blessed people and got a lot of wealth.

BIBLE TEACHING ON WEALTH (MONEY AND WEALTH) IN THE BIBLE

OLD TESTAMENT AND WEALTH

Old testament shows that God is the source of money and wealth

The Old Testament presents wealth as a blessing from God

Old Testament teaches that God blessed man with a lot of wealth to develop his society.

Old Testament teaches that riches are from God.

Old Testament shows that wealth is got out of hard work.

God's people are promised material blessings and God is the only source of wealth

Wealth gives man independence so that he lives on his own.

The Old Testament warns man about too much wealth because it can lead to evasion of God.

NEW TESTAMENT AND WEALTH

Jesus encouraged the rich young man to sell all his wealth and give to the poor.

Jesus praised the widow who gave back to God with generosity.

Jesus said that the gift of wealth is temporary and he teaches in the parable of the prodigal son

Jesus teaches that the disciples gave up worldly wealth so as to be rewarded with spiritual wealth.

Jesus teaches that no amount of money can be exchanged for God's kingdom.

Read the poem below and answer the questions that follow

Wealth wealth wealth
Our source of happiness
The young and the old, all long for you

They tail from morning to evening All in search of you!

Parents put smiles on the faces of their children Employers put smiles on the faces of their employees Rich husbands make their wives proud who does not desire you?

The poor and the rich wakeup early to seek you Children wake up early to seek you What a wonder you are!
If only the poor could find you!
If only the rich could have enough for you!
If only the children could clasp you!

If only they knew Only God gives real wealth

(Christine K and Lydia Kisakye)

Tasks

- 1. From the poem above, identify how wealth brings happiness
- 2. Discuss other ways that can bring happiness to people
- 3. From the poem, identify the people that desire wealth.
- 4. If you had money, explain how you would use it to bring happiness to the community.

Answers

- 1.Parents are able to put smiles of faces of their children Employers put smiles on faces of their employees. Rich husbands make their wives proud
- 2. Receiving love and care from one another Going for celebrations e.g. wedding ceremonies Earning enough salary and needs Doing leisure activities e.g. dancing, swimming Being successful in your plans/dreams.
- 3. Children
 The poor People
 The rich people

4. I would construct an orphanage to help street children and build a hospital to provide cheap medical services to people.

I would help those in need by giving them food, money etc.

I would join the church charity organisation to provide for the poor

I would form an organisation that engages in looking for jobs for the youths in the community.

5. The understanding of the last stanza is that many people who desire wealth do not get it the right way so the writer was trying to show you should trust God and be patient to get good wealth which is peaceful.

LEISURE

What is leisure?

Leisure refers to the period when someone is free to do whatever he wants without being bound by any activity.

Leisure refers to the time when one is not working or occupied by any activity and one is free to do whatever they want.

Note:

When God created man, he commanded him to work as well, however God commanded man to rest after his work because God also created, rested after he created the universe.#

UNDERSTANDING THE TYPES OF LEISURE IN MODERN SOCIETY TO MAKE RIGHT CHOICES.

The time when you are not engaged in any routine work is what we call leisure time (free time).

There are basically two broad types of leisure in the world

- i) Active leisure
- ii) passive leisure

ACTIVE LEISURE

This refers to all forms of leisure activities in which a person is directly and physically involved in a given leisure activity

It involves an individual getting directly involved using his physical or mental abilities.

PASSIVE LEISURE

This refers to all those forms of leisure in which a person just sits without getting involved in the leisure activity.

Passive leisure activities involve usually using little or no physical ability at all.

Examples of passive leisure activities.

-Sun bathing -Reading the Bible

-Watching -Reading a newspaper

-Listening to music -Bird watching

-Reading a novel -Taking a photographs

-Watching a play -Attending parties

Activity 3.1 Understanding the types of leisure

In groups, study the photographs A-F, in the figure 3.1 and do the tasks that follow

- 1. Identify the leisure activities in figure 3.1
 - A-Traditional dance
 - **B-Playing chess**
 - C-Warming up for a football match
 - D-playing volleyball
- 2. Categorise all these leisure activities in form of;
- a) cultural-Traditional dance
- b) physical-playing volley ball
 - -warming up for a football match
- c) social -playing chess
- d) religious-Traditional dance
- 3. Discuss other leisure activities not mentioned here above
- -playing violin
- -watching a play
- -motor racing
- -knitting
- -crocheting

BENEFITS OF LEISURE ACTIVITIES

It promotes togetherness among students (socialisation)

Leisure activities at Seroma CHS net ball

-Swimming -volleyball

-Playing basketball - hockey

-Playing football -evening walks

- -Watching play
- -Reading novels

Games and sports as leisure activities in schools

These leisure activities involve the use of energy to participate in any sports such as; football, volleyball, netball etc.

Advantages of games and sports in the school environment

They promote student's talents through engagement in games and sports

They are source of income especially when competitions are organized and learners emerge as winners

It is a source of employment to the trainers.

It promotes unity in the school as learners gather in one place to participate in sports activities.

They promote team work due to cooperation among the learners

They help reduce boredom among the learners

They help in identifying other abilities or skills such as leadership and team work which may not be easily identified in class.

They promote popularity of the school especially when the school performs well in sports

DISADVANTAGES OF GAMES AND SPORTS

They can result into injuries for example bone fractures.

They are time consuming which would have been used for academic activities

They can result into conflict especially when one team loses

It can result into school dropouts especially when one focuses on talent

They result into hooliganism and sometimes this can result into enmity.

LEISURE ACTIVITIES IN THE COMMUNITY

Using your experience, identify the leisure activities which are commonly observed in your community where you stay.

Active leisure activities -Dancing cultural dances -Shopping -Playing violin -Attending cultural talks -Reading story books -Attending mass

-Playing hockey -Going for traditional marriages

-Playing games and sports -Visiting relatives

Activity 3.3, Identify different leisure activities in your community (figure 3.3)

Task: In groups

1. Identify the leisure activities in A-D above

A-wrestling C-singing

B-Watching Tv D-roller skating

2. Brainstorm other activities that your society participates in during their free time

Reading newspapers

Caring out trade shows

3. Discuss the social-economic importance of the leisure activities above in the community/society.

a) Wrestling

It promotes unity since people come together to see.

It is a source of income since wrestlers are paid to fight

It kills boredom since it is very entertaining.

It creates friendship since people get to interact

It is a source of prestige to the wrestlers since they win matches.

b) Watching Tv

It is a source of entertainment since there are various interesting shows to watch.

It is a source of information to the viewers

It is a source of employment opportunities through advertisement.

c) Singing

One can earn money through singing at functions

It is a source of skills since one learns how to sing

Promotes one's talent

d) Skating

Promotes one's talent

It is a source of income and employment when one performs

It is a source of employment

In Uganda, many people enjoy leisure and it has been observed that leisure is part of everyday life of Ugandans.

-Smoking cigarettes -Betting
-Taking alcohol -Gossiping
-Drug abuse - Prostitution
-Watching pornography -Motor racing

-Masturbation -Watching nude dancers -Attending night discos -Coupling among students

-Playing with wild animals

Qn: How can one use his/her leisure time to realise their potential?

Living your potential means showing your capability or ability to do something.

It is the process of striving to achieve or succeed in doing something

Leisure activities should aim at helping an individual realise their potential and promote personal development.

While in society, the following are leisure activities that can be carried out to promote our potential

Playing football Playing hockey

Choir practice participating in MDD

Swimming Playing musical instruments

Activity 3.5, Realising my potential using leisure time

Task: In groups

1. Identify the different talents illustrated above in figure 3.4

A-singing c-playing football

B-playing guitar d-dancing

2. Giving examples, brainstorm what could be the dreamers of the children in the illustration above

A-musician (Eddy kenzo) C-Footballer (Messi)

B-guitarist (Mr.Mitara) D-Dancers (ghetto kids)

a) Why do people participate in these activities?

It is fun especially singing

It promotes my peace of mid

It has enabled me to learn new skills e.g. how to play violin

It has encouraged me to be more social e.g. dancing with friends

b) Predict how this will change you in the next 10, 20, 30 and 50 years.

I predict it will teach me social skills i.e. how to interact with people

I predict it will teach me talents that can help me earn a living

I predict it will teach me morals that will make me an important person in society.

c) How can this leisure activity help you to become a better person in life?

This leisure activity can help me by showing me that if you want something you have to work hard and practice if for example learning violin.

The leisure activity can help me learn good morals and how to make right choices i.e. through reading novels/books.

HOW TO BUILD CONSTRUCTIVE RELATIONSHIPS DURING OUR LEISURE TIME

During leisure time, it is important to build good relationships so that individuals in the society can live in harmony.

A constructive relationship is characterised by; harmony, flexibility.

IMPROTANCE OF BUILDING CONSTRUCTIVE RELATIONSHIPS DURING LEISURE TIME

It promotes unity among people

It enhances development of people's talents

It helps to maintain peace and harmony among people in the community

It encourages people to interact with others in the society

There is growth and development in the society.

WAYS HOW LEISURE CAN BE SPENT TO BUILD CONSTRUCTIVE RELATIONSHIPS

Leisure time can be spent to build constructive relationships in the following ways;

It can be spent by going to church with a friend to worship God.

Leisure time can be spent constructively with a friend by watching a movie to kill boredom, promote happiness.

It can spent through reading novels with friends to widen on someone's knowledge.

It can spent through participating in athletics in order to develop one's talent, promote physical fitness

It can be spent constructively through joining Bible study groups in order to know more about God.

It can be spent constructively through joining choir, singing gospel songs in order to glorify God's name

It can be spent through giving charity to those who are in need.

It can be spent through visiting friends in order to strengthen our relationship with friends.

It can be spent through praying and interceding for others in order to promote a good relationship with God.

Understanding the positive way of spending leisure time to build constructive relationships.

Read the story about Joseph and do the task that follows

Jjuuko Joseph a student of Kasungu secondary school was very stubborn and used to live a violent life. He liked smoking and playing football, escaping and no one could defeat him in a fight.

He would always go home Kate since after school, he would go and participate in gambling with his friends who had dropped out of school for so many reasons.

One day a priest visited our school and talked about how one can use his free time at school or at home.

The priest said that the proper use of leisure was when leisure time was spent doing activities that added value to us. Leisure cold be used to reflect on one's decisions and actions as leisure activities revealed who we are.

When Joseph heard this, he decided to use his leisure time to develop his talent.

He was a talented footballer, he joined the school football team and during the Copa Coca-Cola national schools championship in Makukulu, Joseph emerged the best player in the tournament. The news spread on social media about the success of the boy.

After getting the report about the talent of this young boy, the Uganda crane's coach called up for Joseph to be part of the national football team. Joseph is liked and loved by everyone and inspires other people to always use their free time properly.

In groups

- 1. Identify the ways in which Joseph misused his free time at first.
- 2. In light of the story, discuss the various ways people misuse leisure time today.

Through dating at a young age (coupling)

Through watching pornography

Going to night clubs

Taking illegal drugs e.g. cocaine

Gossiping about other people

3. Explain your leisure activities which can help one to construct a good relationship with God and others.

Going to church for choir practice with my friends and this builds my relationship with God.

Giving charity to the needy so as to help them live happily.

Joining Bible study groups so as to know more about God.

- **4.** Identify the leisure activities that do not promote constructive relationship among people
- -Watching TV alone
- -Reading novels alone
- -seducing oneself
- -smoking

UNDERSTANDING THE MODERN TRENDS/PATTERNS OF LEISURE IN MODERN TIMES

In the modern times, leisure has changed a lot because of the new leisure activities that are in society today and yet they were not previously there.

Today's leisure activities are characterised by a number of emerging trends and new leisure activities which were not there in the past.

The following are the new trends in leisure;

Boat cruise

skydiving

Gambling

Motor racing, which were previously not there in traditional Africa.

Today leisure activities are passive while in traditional; Africa leisure activities

There is a lot of immorality today through fighting, sexual immorality while in traditional Africa most leisure activities aimed at building morals

Today most of the leisure activities are commercialised and one cannot enjoy leisure without money while in traditional Africa leisure activities were free.

Today most people go for leisure activities in the evening while in traditional Africa leisure was done at anytime

Permissiveness is the order of the day; some young people get involved in the leisure activities of the old people

Today people are selfish; they enjoy leisure in individually and this has created social classes in the society.

Activity 3.7, discuss the modern trends in leisure (passage, Newspaper article)

1. Identify the new trends in leisure according to the passage.

Playing on dimbing frames in a playground.

Organisation, pasteurisation and supervision of national play days that are made.

2. Describe other new leisure activities in your society that you know.

Skate boarding

Ice skating

Video gaming

Virtual reality gaming.

3. Explain the cause of the changes in the leisure activities today lack of satisfaction in old leisure activities for example playing with marbles.

The need for more creative and active games e.g. video gaming

The need to kill boredom in some old leisure activities e.g. storytelling.

4. Explain the problems associated with the commercialisation of leisure Less people will be able to take part in leisure activities.

IMPORTANCE OF LEISURE IN SOCIETY TODAY

In society, there are various leisure activities that are carried out and may be cultural, economic, social or even spiritual in nature.

Leisure activities have different benefits which may be social and economic, religious and cultural. These include the following;

Leisure helps in refreshing the mind and this helps an individual to recover from work and regain energy.

Leisure helps individuals to develop their talents especially through active leisure activities such as swimming, playing football

Leisure promotes cooperation and socialisation as people come together to enjoy various leisure activities.

Leisure helps people to earn a living through getting involved in various leisure activities such as acting, playing football

Leisure strengthens people's faith in God through participating in religious leisure activities e.g. reading the Bible

Leisure provides employment to people e.g. radio and television presenters

Leisure promotes culture through participating in cultural activities among people in one's leisure time

Leisure promotes education among the people hence discovery of new ideas through reading novels, newspaper

Leisure promotes physical fitness that improves on peoples through exercises.

UNDERSTANDING THE IMPACT OF LEISURE INDUSTRY IN SOCIETY

It provides a variety of leisure activities such as music, athletics, games and sports and board games.

The leisure industry has had both negative and positive impacts on Uganda's economy.

POSITIVE IMPACTS OF LEISURE INDUSTRY

Leisure industry has resulted into infrastructural development through construction of leisure places

It has provided people with a number of leisure activities.

It has provided employment to people which helps them to earn a living.

It has helped people to develop their talents such as musicians, writers

It has made it easier to preach God's word through organising concerts to preach God's word.

It provides revenue to the government through taxes

It encourages unity among the people through socialisation.

It helps people to know what is taking place in other countries through watching TVs and phones.

It reduces boredom through entertainment especially over the weekends

It provides information to people and research through reading novels.

NEGATIVE IMPACT OF LEISURE INDUSTRY

It has promoted sexual immorality through exposing people especially young ones to sexual violence

It has resulted into use of obscene language

Leisure activities are expensive which hinder people from enjoying leisure

It has resulted into stealing especially due to failure to acquire enough funds to enjoy leisure

It has resulted into bad leisure activities such as watching pornography, gambling

It has resulted into addiction of different forms such as drug addiction, porn addictions.

Some people have stopped worshipping God as they prefer not to go to church and spend most of their time in leisure.

UNDERSTANDING THE VALUE OF LEISURE IN THE BIBLE

When God was creating the universe according to the book of Genesis, he reached a point and rested. God rested on the seventh day after creating the world and by doing this, he was showing the importance of leisure in humanity

BIBLE TEACHING ON LEISURE

Old Testament teaching on leisure

The old testament teaches that God rested on the seventh day after the creation of the universe therefore man should rest as a way of copying God's example.

It teaches that God commanded the Israelites to observe the Sabbath day as a day of rest.

It teaches that there is time for everything; time for working and time for leisure.

It teaches that during leisure there should be thanksgiving to appreciate God fir the good things he has done

It teaches that leisure of fellowships in order to seek for blessings from God.

It teaches that leisure is a time of prayer i.e. Israelites used to gather for prayer in their free time.

It teaches that the Israelites celebrated important festivals during prayer in their free time e.g. during Passover, Hanukkah

It teaches that leisure is a time to create friendship in order to live in harmony with one another

It teaches that leisure is a time to create friendship in order to live in harmony with one another.

It teaches that the Israelites made pilgrimages to Jerusalem to promote faith in God

NEW TESTAMENT TEACHING ON LEISURE

In the New testament, Jesus recognised leisure as he took off sometime to rest after work

It teaches that Jesus observed leisure by going for prayers in the synagogue

It teaches that leisure is time for prayer; that is why Jesus taught his disciples how to pray.

It teaches that leisure is time for social gathering. Jesus in the New Testament attended a wedding at Cana where he changed water into wine.

It teaches that leisure is time for fellowship. Jesus enjoyed sharing meals with his disciples after preaching.

It teaches that leisure is a time for glorifying God. Jesus spent his free time preaching the gospel to glorify God's name

It teaches that leisure is a time for visiting friends. Jesus visited Martha and Mary during his free time.

JESUS' PARTICIPATION IN LEISURE ACTIVITIES

In the New Testament, you will discover that there are a number of ways Jesus observed leisure time. And some of these included the following;

Jesus visited his friends i.e. Martha and Mary

Jesus preached the gospel

Jesus attended the synagogues for prayers

Jesus performed miracles that changed people's lives

Jesus associated with all people i.e. when he enjoyed the company of young children

he taught people how to pray by teaching them the Lord's prayer

Jesus shared meals with people

Jesus visited Jerusalem as a holy place for pilgrimage

LEISURE ACTIVITES THAT ARE NOT ACCEPTABLE IN CHRISTIANITY

Drug abuse Human trafficking

Watching pornography kidnapping prostitution Alcoholism Gambling Theft

Activity

- a) How is leisure today similar to leisure activities in the Bible?
- b) Show the differences that exist between leisure today and leisure in the ATS

Leisure promoted development of people's talents through getting involved in different leisure activities such as art and craft making, wrestling etc.

Leisure promoted unity as people gathered to participate in different leisure activities.

Leisure helped people to worship their gods through various leisure activities which promoted respect for gods such as offering sacrifices.

Leisure gave an opportunity to the elders to discuss important issues in the community.

Leisure helped people to earn a living through hunting, weaving baskets, mats which were exchanged for other items

Leisure helped people to get blessings from gods through offering sacrifices.

Leisure promoted courtship among the people.it was through leisure that people got partners.

Leisure gave an opportunity to the young ones to acquire knowledge from various aspects through proverbs, riddles.

Leisure promoted socialisation and cooperation as people worked together during leisure time promoting a spirit of togetherness.

DIFFERENCES BETWEEN LEISURE TODAY AND LEISRE IN ATS

Today, leisure activities are paid for and without money, it is hard for one to enjoy leisure while in ATS leisure was free of charge.

Today, leisure has a specific time when it is carried out (timetable) but in ATS leisure was carried out at any time.

Today, there are new forms of leisure and are mainly foreign while in ATS all leisure were based on culture.

Today, leisure activities are passive while in ATS most leisure activities were active.

Leisure today cuts across different age brackets while in traditional Africa, leisure considered age differences i.e. the young people had their own leisure and the old people had their leisure activities.

Today leisure is individualism while in ATS, they were communal.

Toady leisure is destructive associated with immorality while in ATS, leisure was educative

Today there is a lot of permissiveness during leisure while in ATS leisure activities were strictly monitored.

SMILARITIES BETWEEN LEISURE TODAY AND LEISURE IN ATS (LEISURE PRCATICES IN ATS THAT ARE RELEVANT IN THE MODERN WORLD)

In both leisure is for unity

In both leisure is for talent development

In both there is MDD

In both leisure for community development

In both leisure aims at religious development

In both leisure is a time of education of young ones

In both leisure is for settling disputes

In both leisure creates happiness and joy

In both leisure activities create friendship and togetherness

In both leisure is for entertainment.

Carry out research using the computer lab and identify the importance of various beer parties which were carried out in ATS

During beer parties, elders always discussed important issues, politics and others

Beer parties promoted unity among the community members

Beer parties provided and served as entertainment to those who participated actively

Community members always socialised during beer parties which promoted friendship

Beer parties promoted joy and happiness among the community members as they came together to share drinks

Beer parties enabled the elders to sit down and discuss issues to develop the community and be helpful to the community members.

Beer parties created cooperation among people especially those who took part in the organising of the party.

Activity of integration 3

Today in the society, many people have laptops, pads which they use to install various applications during leisure time such as tiktok, Facebook, snapchat, twitter(X), YouTube etc. Many people had claimed a lot has been discovered as they were suggesting.

Task

- (1) Identify various ways technology can be used to create development and innovativeness to develop Uganda
- (ii) Discuss ways how people have misused social media as they enjoy leisure.